

Indigenous Organizations in Manitoba

A directory of groups and programs organized by or for First Nations, Inuit and Metis people



INDIGENOUS ORGANIZATIONS IN MANITOBA

A Directory of Groups and Programs Organized
by or for First Nations, Inuit and Metis People

Compiled, edited and printed by
Indigenous Inclusion Directorate
Manitoba Education and Training
and
Indigenous Relations
Manitoba Indigenous and Municipal Relations

INTRODUCTION

The directory of Indigenous organizations is designed as a useful reference and resource book to help people locate appropriate organizations and services.

The directory also serves as a means of improving communications among people. The idea for the directory arose from the desire to make information about Indigenous organizations more available to the public. This directory was first published in 1975 and has grown from 16 pages in the first edition to more than 100 pages in the current edition.

The directory reflects the vitality and diversity of Indigenous cultural traditions, organizations, and enterprises.

The editorial committee has made every effort to present accurate and up-to-date listings, with fax numbers, email addresses and websites included whenever possible. If you see any errors or omissions, or if you have updated information on any of the programs and services included in this directory, please call, fax or write to the Indigenous Relations, using the contact information on the next page.

Editor

Nineteenth Edition

TO THE READER:

Please send your suggestions, additions, corrections and requests for a copy to:

Indigenous Relations
200 – 500 Portage Avenue
Winnipeg MB R3C 3X1

Tel: 204-945-2510
Fax: 204-945-3689
Email: IASgeneral@gov.mb.ca

WHICH ORGANIZATIONS WERE INCLUDED?

We included organizations and programs that are:

- organized by Indigenous people (First Nations, Inuit and Metis)
- organized for Indigenous people
- not organized specifically for Indigenous people, but used by many Indigenous people

INFORMATION INCLUDED WITH THE ORGANIZATIONS

In compiling this list the committee has made an attempt to include the following information:

- the name of the organization
- the address, telephone and fax number, email address and website address
- the purpose and functions of the organization
- the geographical area served, or other limits to service provided

PERMISSION TO COPY

Non-profit organizations are hereby granted permission to make as many copies of this directory as they wish. Profit-making organizations are asked to apply for permission to the above address.

Table of Contents

INDIGENOUS ORGANIZATIONS IN MANITOBA	1
INTRODUCTION.....	2
TO THE READER:.....	3
INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS	15
Aboriginal Council of Winnipeg	15
Assembly of First Nations	15
Assembly of Manitoba Chiefs Secretariat.....	15
First Peoples Development, Inc.	16
Manitoba Keewatinowi Okimakanak, Inc. (MKO).....	16
Manitoba Métis Federation, Inc. (Home Office).....	16
Métis Women of Manitoba Inc. (Manitoba Métis Federation)	18
Southern Chiefs' Organization Inc. (SCO)	18
Treaty and Aboriginal Rights Research Centre of Manitoba, Inc. (T.A.R.R.).....	18
TRIBAL COUNCILS.....	19
Dakota-Ojibway Tribal Council.....	19
Interlake Reserves Tribal Council.....	19
Island Lake Tribal Council.....	19
Keewatin Tribal Council	19
Southeast Resource Development Council (SERDC).....	20
Swampy Cree Tribal Council	20
West Region Tribal Council	20
National Centre for Truth and Reconciliation.....	21
BAND COUNCILS.....	21
FIRST NATIONS BANDS.....	21

FEDERAL / PROVINCIAL GOVERNMENT	25
Manitoba Indigenous and Municipal Relations	25
Indigenous Relations.....	25
Northern Association of Community Councils Inc. (NACC).....	25
Manitoba Indigenous and Municipal Relations Communities by Regional Offices:	26
Aboriginal People's Programs	27
Aboriginal Single Window	27
Services Canada	28
Indigenous and Northern Affairs Canada	28
Indigenous Inclusion Directorate	29
FRIENDSHIP CENTRES.....	30
National Association of Friendship Centres.....	30
Manitoba Association of Friendship Centres.....	30
Indian and Métis Friendship Centre of Winnipeg.....	30
Other Manitoba Friendship Centres	30
CHILDREN AND YOUTH	31
Victoria-Albert Day Care	31
Abinotci Mino-Ayawin (Children's Healing).....	31
Aboriginal Head Start Program	31
Ma Mawi Wi Chi Itata Centre	32
Andrews St. Family Centre/ Pritchard Place Drop-In.....	32
Youth Agencies Alliance (YAA)	32
CHILD AND FAMILY SERVICES:	34
Child and Family All Nations Coordinated Response Network (ANCR)	34
Winnipeg Child and Family Services	34

Central.....	34
Eastman	35
Interlake	35
Northern	35
Parkland	35
Westman.....	35
Knowles Centre, Inc.	35
Manitoba Adolescent Treatment Centre (MATC).....	36
Ma Mawi Wi Chi Itata Centre, Inc.....	36
Ndinawemaaganag Endaawaad (Our Relative's House).....	37
Youth Resource Centre	38
New Directions.....	38
Opikihiwawin	38
Project Neecheewam, Inc.	38
Rossbrook House	39
Wahbung Abinoonjiiag.....	39
FIRST NATIONS MANDATED AGENCIES	39
First Nations of Southern Manitoba Child and Family Services Authority	39
First Nations of Southern Manitoba Agencies	40
Dakota-Ojibway Child and Family Services	40
Intertribal Child and Family Services	40
Peguis Child and Family Services	40
Sagkeeng Child and Family Services	41
Southeast Child and Family Services.....	41
West Region Child and Family Services	41

First Nations of Northern Manitoba Child and Family Services Authority	41
First Nations of Northern Manitoba Agencies	42
Awasis Agency of Northern Manitoba	42
Cree Nation Child and Family Caring Agency.....	42
Island Lake First Nations Family Services.....	42
Nisichawayasihk Cree Nation Family and Community Services	43
Metis Child and Family Services Authority	43
SUPPORT SERVICES	44
Behavioural Health Foundation, Inc.	44
Aboriginal Seniors Resource Centre Inc. (ASRC)	45
Circle of Life Thunderbird House	45
Community Financial Counselling Services, Inc. (CFCS)	45
Eyaa-Keen Healing Centre Inc.	46
Ikwe-Widdjiitiwin, Inc. (Women Helping One Another)	46
Ka Ni Kanichihk, Inc.....	46
Manitoba Aboriginal Sport and Recreation Council, Inc.....	47
Manitoba Moon Voices, Inc.	47
Native Women's Association of Canada (NWAC)	47
Native Women's Transition Centre Inc.	47
Neeginan Centre	48
North End Women's Centre, Inc.	48
Resource Assistance for Youth (RaY)	48
Salvation Army	49
Shelters on Reserves.....	51
Southern First Nations Network of Care.....	51

Union Gospel Mission	52
Willow Place Inc.	52
Winnipeg Aboriginal Sport and Recreation Association	52
ADDICTIONS AND RELATED SERVICES.....	54
AA Alcoholics Anonymous - Manitoba.....	54
Addictions Foundation of Manitoba	54
Main Street Project.....	54
Native Addictions Council of Manitoba	55
Pritchard House	55
Union Gospel Mission	55
MEDICAL SERVICES.....	56
Winnipeg Regional Health Authority Indigenous Health.....	56
Amdocs	57
Winnipeg Hospitals:	57
Aboriginal Health and Wellness Centre of Winnipeg, Inc.....	57
WRHA Population & Public Health Centres	58
Hope Centre Health Care, Inc.	59
Klinik Community Health Centre.....	59
Mount Carmel Clinic	61
First Nations Health and Social Secretariat of Manitoba.....	61
Nine Circles Community Health Service.....	61
Inkster Public Health	61
Point Douglas Community Clinic.....	62
Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc.	62
Selkirk Mental Health Centre (SMHC).....	62

The Northern Connection Medical Centre (NCMC)	63
Turtle Island Medical Clinic	63
Women's Health Clinic	63
Youville Centre	64
Medical Services - Referral Unit	64
Manitoba Health Emergency Service	65
Specialized Services for Children and Youth (SSCY)	66
Centre for Aboriginal Health Research (CAHR)	67
Dakota Ojibway Health Services	67
Dial-A-Life Housing, Inc.	67
Faculty of Medicine - J.A. Hildes Northern Medical Unit	68
First Nations and Inuit Health Branch (Health Canada)	68
Nursing Stations and Hospitals	68
Manitoba Health - Aboriginal Health Branch	70
National Aboriginal Diabetes Association (NADA)	71
Winnipeg Regional Health Authority (WRHA)	71
Other Manitoba Regional Health Authorities (RHAs)	72
EDUCATION	74
Indigenous Languages of Manitoba Association, Inc.	74
Centre for Indigenous Environmental Resources (CIER)	74
Children of the Earth School	75
Family Life Centre (Union Gospel Mission)	75
Frontier School Division No. 48	75
Manitoba First Nations Education Resource Centre (MFNERC)	76
Manitoba Hydro Awards, Bursaries and Scholarships for Aboriginal People	77

Manitoba Indigenous Cultural Education Centre	77
Other Cultural Education Centres.....	77
Manitoba Indian Education Association, Inc. (MIEA)	78
Manitoba Student Aid.....	79
Niji Mahkwa (My friend the bear) School (formerly Aberdeen School)	80
Southeast Collegiate	81
UNIVERSITIES AND COLLEGES:.....	82
Assiniboine Community College	82
Brandon University	83
Program for the Education of Native Teachers (PENT).....	83
University College of the North	84
Red River College	85
University of Manitoba	85
Indigenous Achievement	85
Indigenous Student Recruitment.....	85
Extended Education: Access and Aboriginal Focus Programs	85
Faculty of Arts: Department of Native Studies	86
Faculty of Engineering: Engineering Access Program	86
Faculty of Health Sciences: Centre for Aboriginal Health Education.....	87
Faculty of Law: Aboriginal Academic Support Program	87
Faculty of Nursing: Aboriginal Nursing Cohort Initiative.	87
Faculty of Social Work: Inner-City Social Work Program	87
Faculty of Social Work: Northern Social Work Program	88
National Centre for Truth and Reconciliation.....	88
Faculty of Medicine - School of Medical Rehabilitation:	89

Yellowquill College	89
VOCATIONAL TRAINING AND EMPLOYMENT	95
Indigenous Inclusion Directorate Manitoba Education and Training	95
Indigenous Leadership Institute, Inc.	95
The Anokiiwin Group, Inc.	96
Centre for Aboriginal Human Resource Development, Inc. (CAHRD)	96
Civil Service Commission	96
Manitoba Education and Training	96
Peguis First Nation Training & Employment	97
Sagkeeng Employment and Training Services	97
Training Resources for Youth (TRY)	97
Urban Circle Training Centre, Inc.	98
Build Inc.	98
Adult Education Centres Inc.	100
A Stepping Stone	100
Horizons Learning Centre	101
JobWorks Adult Learning Centre	101
HOUSING	102
Rural and Native Housing Program	102
Urban Native Non-profit Housing	102
Dakota Ojibway First Nations Housing Authority	102
Anicinabe Housing Corporation	102
Brandon Friendship Centre Housing	103
Kanata Housing Corporation	103
Keewatin Housing Association	103

Kinew Housing Corporation	103
Payuk Intertribal Co-Op Ltd.	103
Portage Friendship Centre Housing	103
Swan River Friendship Centre Housing.....	103
Winnipeg Rental Network.....	103
COMMUNICATIONS	105
Indigenous Business Directory.....	105
Manitoba Metis Business Directory.....	105
Aboriginal Peoples Television Network (APTN)	105
Aboriginal Youth Network (AYN)	106
Grassroots News	106
CHURCH SPONSORED GROUPS	107
Agape Table	107
Sandy-Saulteaux Spiritual Centre.....	107
First Nations Community Church	107
Indigenous Family Centre, Inc.....	107
St. Kateri Tekakwitha Aboriginal Catholic Parish	108
Mennonite Central Committee (MCC) Manitoba	108
St. Matthews - Maryland - Community Ministry	108
United Church of Canada - All Native Circle Conference	109
Northend-Stella Community Ministry.....	109
Winnipeg Inner City Missions	109
Anishinabe Fellowship	109
Place of Hope	110
Flora House	110

ARTS AND CRAFTS.....	111
Arctic Trading Company.....	111
Canadian Plains Gallery, Inc.	111
Concourse Aboriginal Gallery and Framing	111
Nunavut Gallery	112
Teekca’s Aboriginal Boutique	112
Winnipeg Trading Post.....	112
PROFESSIONAL SERVICES.....	113
First Peoples Economic Growth Fund:.....	113
Aboriginal Chamber of Commerce	113
Louis Riel Capital Corporation (LRCC)	113
Tribal Wi-Chi-Way-Win Capital Corporation (TWCC).....	113
Aboriginal Funeral Chapel.....	113
Aboriginal Printing Services also operating as Shinnecock Native Printers.....	114
Canadian Council for Aboriginal Business (CCAB).....	114
Dakota Ojibway Community Futures Development Corporation.....	114
First Nations Bank Micro Loan Program	114
Ininew Project Management Ltd.	115
ME-DIAN Credit Union	116
The Sunshine Group.....	116
Tribal Councils Investment Group of Manitoba Ltd.....	116
JUSTICE SYSTEM	117
Aboriginal Court Worker Program	117
Court Workers.....	117
Commission for Public Complaints against the RCMP	118

The Law Enforcement Review Agency (LERA)	118
Legal Aid Manitoba	118
Other Legal Aid Offices in Manitoba:.....	119
Manitoba Association for Rights and Liberties (MARL)	119
Manitoba Human Rights Commission	120
Native Clan Organization	120
Onashowewin Justice Circle (Restorative Justice Program)	120
MISSING AND MURDERED INDIGENOUS WOMEN AND MEN	123
Bear Clan Patrol Inc.....	123
Ikwe Safe Ride – Winnipeg.....	123
Ka Ni Kanichihk, Inc.....	123
Neechi Rides.....	123
NOTES.....	124

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Aboriginal Council of Winnipeg

112 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989-6380
Fax: 204- 942-5795
Website: <http://www.abcouncil.org/>

The Aboriginal Council of Winnipeg is a political non-profit organization that addresses the needs of the Aboriginal community in Winnipeg including all aspects of living in an urban environment.

Assembly of First Nations

55 Metcalfe Street
Suite 1600
Ottawa, ON K1P 6L5

Tel: 613-241-6789
Toll free: 1-866-869-6789
Fax: 613-241-5808
Website: <http://www.afn.ca>

The Assembly of First Nations presents the views of various First Nations through their leaders in areas such as Aboriginal and treaty rights, environment, economic development, housing, health, social services, land claims and other issues of common concern which arise from time to time. It also exists to promote the restoration of the nation-to-nation relationship between the 633 First Nations communities in Canada and other nations. The Chiefs of the First Nations have met in assembly at least once annually since 1982 to set national policy and direction through its resolutions. The main spokesperson and leader of the Assembly of First Nations is the National Chief, who is elected every three years by the Chiefs-in-Assembly.

Assembly of Manitoba Chiefs Secretariat

Head Office:

Swan Lake First Nation
Unit 9-4820 Portage Avenue
Headingley, MB R4H 1C8

Tel: 204-956-0610
Fax: 204-956-2109
Toll free: 1-866-331-9561

Website: <http://www.manitobachiefs.com>

Winnipeg Sub-office:

Suite 200 - 275 Portage Avenue
Winnipeg, MB R3B 2B3

Tel: 204-956-0610
Fax: 204-956-2109

The Assembly of Manitoba Chiefs (AMC) was formed in 1988 to act as an advocate on issues that commonly affect all of the First Nations of Manitoba. At the time when AMC began, there were 61 recognized Manitoba First Nations and 64,315 First Nation citizens. Today, there are 64 First Nations, with a total of 136,616 (May 2011) First Nation citizens. This represents 11 per cent of the provincial population.

AMC's primary focus is political, but it also fills in gaps that cannot be bridged by regional services. Two examples are the Eagle's Nest, which helps First Nations youth return to school, and the Patient Advocate Unit, which helps First Nations patients navigate

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Manitoba's health care system. On a national front, AMC works closely with the Assembly of First Nations, which collectively represents the political interests of the 633 First Nations across the country.

First Peoples Development, Inc.

Winnipeg Office:

101 - 1355 Mountain Avenue
Winnipeg, MB R2X 3B6

Website: www.fpdinc.ca

Tel: 204-987-9570

Fax: 204-987-9589

First People Development Inc. was designed to assist First Nations sub-agreement holders at the community level in development and delivering their own programs and services that meet their labour market and employment needs.

Manitoba Keewatinowi Okimakanak, Inc. (MKO)

Thompson Sub-Office:

205-55 Selkirk Avenue
Thompson, MB R8N 0M5

Toll free: 1-800-442 0488

Tel: 204-677-1600

Fax: 204-778-7655

Winnipeg Sub-Office:

275 Portage Avenue
Suite 1600
Winnipeg, MB R3B 2B3

Toll free: 1-800-442 0488

Tel: 204-927-7500

Fax: 204-927-7509

Manitoba Keewatinowi Okimakanak is composed of 26 First Nations whose land base is in Northern Manitoba. MKO is a political and advocacy group for its members in Northern Manitoba. Its objectives are to maintain, strengthen, enhance, lobby for and defend the interests and rights of First Nations peoples in its jurisdiction and to promote, develop and secure a standard and quality of life deemed desirable and acceptable by its member First Nations.

Manitoba Métis Federation, Inc. (Home Office)

300 - 150 Henry Avenue
Winnipeg, MB R3B 0J7

Tel: 204-586-8474

Fax: 204-947-1816

Website: <http://www.mmf.mb.ca>

The Manitoba Métis Federation (MMF) is a non-profit organization whose primary purpose is to represent and serve the needs of the Metis people of Manitoba. "Metis" means an Aboriginal person who self-identifies as Metis, who is distinct from Indian and Inuit, who is accepted as such by the Metis community, and whose name is not registered on any First Nation band list. The objectives of the MMF are as follows:

- to promote the history and culture of the Metis people and otherwise to promote the cultural pride of its membership
- to promote the education of its members respecting their legal, political, social and other rights

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

- to promote the participation of its members in community, municipal, provincial, federal, Aboriginal and other organizations
- generally, to promote the political, social and economic interests of its members

Departments of the M.M.F.:

Tripartite Self-Government Negotiations	Tel: 204-586-8474
Métis Family and Community Institute	Tel: 204-586-8474
Métis Survivor Family Wellness Program	Tel: 204-586-8474
Community Housing Managers of Manitoba	Tel: 204-586-8474
Métis Child & Family Support Services	Tel: 204-586-8474
Human Resource Development & Training	Tel: 204-586-8474
Rural/Urban Youth Initiatives	Tel: 204-586-8474
Provincial Recruitment Initiative	Tel: 204-586-8474
Pemmican Publications, Inc.	Tel: 204-586-8474
Louis Riel Capital Corporation	Tel: 204-589-0772
	Fax: 204-589-0791
Louis Riel Institute (LRI)	Tel: 204-984-9480
	Fax: 204-984-9484

Regional Offices:

MMF Interlake Regional Office P.O. Box 390 St. Laurent, MB R0C 2S0	Tel: 204-646-2706 Fax: 204-646-4171
MMF Northwest Regional Office 40-1st. Avenue NW Dauphin, MB R7N 1G7	Tel: 204-638-9485 Fax: 204-638-3878
MMF Southeast Regional Office P.O. Box 13 Grand Marais, MB R0E 0T0	Tel: 204-754-2721 Fax: 204-754-2697
MMF Southwest Regional Office 656 - 6th Street Brandon, MB R7A 3P1	Tel: 204-725-7520 Fax: 204-728-9085
MMF The Pas Regional Office P.O. Box 2467 The Pas, MB R9A 1M2	Tel: 204-623-5701 Fax: 204-623-2825
MMF Thompson Regional Office 44 Copper Road Thompson, MB R8N 0V6	Tel: 204-677-1430 Fax: 204-677-2240
MMF Winnipeg Regional Office 412 McGregor Street Winnipeg, MB R2W 4X5	Tel: 204-589-4327 Fax: 204-582-2711

Métis Women of Manitoba Inc. (Manitoba Métis Federation)

3rd Floor, 150 Henry Avenue
Winnipeg, MB R3B 0J7

Tel: 204-586-8474 ext. 236
Fax: 204-947-1816

Website: <http://www.mmf.mb.ca/pages/departments/mwm/>

Committee is comprised of eight directors: one Provincial Spokesperson (elected province wide), and seven regional directors (elected regionally). The seven regions are: Thompson, The Pas, Northwest, Interlake, Southwest, Southeast and Winnipeg.

MWM's primary purpose is to improve the social and economic situation of Metis peoples, with a particular focus on Metis women and children. Our organization was also created to provide support to our communities in the form of educational and cultural programs.

Southern Chiefs' Organization Inc. (SCO)

Head Office:

Swan Lake First Nation
Unit 4 - 4820 Portage Avenue
Headingley, MB R4H 1C8

Toll free: 1-866-876-9701

Winnipeg Office:

1572 Dublin Avenue
Winnipeg, MB R3E 0L4

Tel: 204-946-1869
Fax: 204-946-1871

Website: <http://www.scoinc.mb.ca>

The Chiefs of the Southern First Nations of Manitoba established an independent political forum to protect, preserve, promote, and enhance First Nations peoples' inherent rights, languages, customs and traditions through the application and implementation of the spirit and intent of the treaty-making process.

Treaty and Aboriginal Rights Research Centre of Manitoba, Inc. (T.A.R.R.)

Head Office:

Brokenhead Ojibway Nation
P.O. Box 7
Scanterbury, MB R0E 1W0

Tel: 204-766-2494

Winnipeg Office:

945 - 167 Lombard Avenue
Winnipeg, MB R3B 0T4
Email: fran@tarr.mb.ca

Tel: 204-943-6456
Fax: 204-942-3202
Toll free: 1-888-802-8277

The T.A.R.R. Centre provides historical research services to the 63 First Nations of Manitoba. Throughout the years, the focus of research has been on Indian rights such as treaty land entitlement, treaty rights, hunting, fishing, trapping and gathering rights, and on such matters as reserve alienations, surrenders, leases, expropriations, etc., on Indian lands.

Historical materials available include:

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

- Department of Indian Affairs Records (ca. 1862 - 1959)
- Relating to Western Canada: Adams Archibald and Alexander Morris Papers (1872 - 77)
- Church Missionary Society Records (1820 - 1930)
- Historical Records for each First Nation (1870 - present)
- Maps of Indian Reserves (ca. 1000).
- Photographs (ca. 700+)
- Selected Newspaper clippings (1970 - present)
- Historical Files on various research topics (36 cabinet drawers)

TRIBAL COUNCILS

Dakota-Ojibway Tribal Council

230-510 Crescent Road West
Portage la Prairie, MB R1N 3B7
Email: admin@dotc.mb.ca

Tel: 204-239-8650
Fax: 204-875-6037
Website: <http://www.dotc.mb.ca>

Interlake Reserves Tribal Council

Head Office:

General Delivery
Fairford, MB R0C 0X0
Email: info@irtc.ca

Tel: 204-659-4465
Fax: 204-659-2147
Website: www.irtc.ca

Winnipeg Office:

105-1555 St. James Street
Winnipeg, MB R3H 1B5

Tel: 204-956-7413
Fax: 204-942-8840

Island Lake Tribal Council

General Delivery
St. Theresa Point, MB R0B 1J0

Tel: 204-462-2351
Fax: 204-462-2538

Winnipeg Office:

4th floor - 338 Broadway
Winnipeg, MB R3C 0T2
Email: wpgsuboffice@iltc.ca

Tel: 204-982-3300
Fax: 204-943-7029

Keewatin Tribal Council

23 Nickel Road
Thompson, MB R8N 0Y4

Tel: 204-677-2341
Fax: 204-677-0256

Winnipeg Office:

Unit 26 – 30 Fort Street
Winnipeg, MB R3C 4X5

Tel: 204-949-4016
Fax: 204-949-4013
Toll free: 1-800-255 1012

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Southeast Resource Development Council (SERDC)

General Delivery
Scanterbury, MB R0E 1W0

Tel: 204-766-2386
Fax: 204-766-2716

Winnipeg Office:

6th floor - 360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 204-956-7500
Fax: 204-956-7382

Swampy Cree Tribal Council

P.O. Box 150
The Pas, MB R9A 1K3

Tel: 204-623-3423
Fax: 204-623-2882

Winnipeg Office:

Suite 608 - 294 Portage Avenue
Winnipeg, MB R3C 0B9

Tel: 204-989-4800
Fax: 204-947-5928
Toll free: 1-800-442-0459

West Region Tribal Council

Head Office:

Rolling River First Nation
P.O. Box 207
Erickson, MB R0J 0P0

Email: wrtc9450@mts.net

Sub-Office:

Unit C-21 3rd Avenue NE
Dauphin, MB R7N 0Y5

Tel: 204-622-9450
Fax: 204-638-8062

The West Region Tribal Council Inc. (WRTC) is accountable to approximately 9,000 First Nation members under the leadership of eight First Nation councils. The councils have a mandate to facilitate the transfer of local control and responsibility of programs and services to member First Nations. Advisory and technical expertise is provided in all areas of band program management and accountability to ensure effective local control is achieved.

WRTC provides the following advisory services to eight First Nations in Manitoba;

- housing-advisory, technical services and maintenance management
- social development
- fire safety
- education
- governance
- water and wastewater

The West Region Tribal Council Member First Nations are:

- Keeseekoowenin Ojibway First Nation Treaty #2
- Ebb & Flow First Nation Treaty #2
- O-Chi-Chak-Ko-Sipi First Nation Treaty #2
- Pine Creek First Nation Treaty #4
- Rolling River First Nation Treaty #4
- Skownan First Nation Treaty #2
- Gambler First Nation Treaty #4
- Tootinaowazibeeng Treaty Reserve Treaty #4

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

National Centre for Truth and Reconciliation

Chancellor's Hall
177 Dysart Road
Winnipeg, MB R3T 2N2
Email: NCTR@umanitoba.ca

Tel: 204-474-6069
Toll free: 1-855-415-4534
Website: Umanitoba.ca/nctr

BAND COUNCILS

The local government of each First Nation Reserve is an elected band council and a chief, who in most cases is also elected. First Nations in Manitoba constitute of over 130,000 registered people. Of those, about 60 per cent live on reserve. There are 63 First Nations in the province and five First Nations linguistic groups. The languages are Cree, Ojibwe, Dakota, Oji-Cree and Dene. They are listed by common usage names, but other names may be applied in certain areas. As an example, Cree Nation and First Nation is applied to certain bands on the same reserve.

FIRST NATIONS BANDS

There are about 63 reserves in Manitoba.

<u>First Nation</u>	<u>Phone</u>	<u>Fax</u>	<u>Address</u>	<u>Lang.</u>
Barren Lands First Nation	204-323-3200	204-323-2275	Brochet MB, R0B 0B0	Cree
Berens River First Nation	204-382-2161	204-382-2297	Berens River MB, R0B 0A0	Ojibwe
Birdtail Sioux First Nation	204-568-4770	204-568-4687	P.O. Box 22 Beulah, MB R0M 0B0	Dakota
Black River First Nation	204-367-4411	204-367-2000	O'Hanly MB, R0E 1K0	
Bloodvein First Nation	204-395-2148	204-395-2099	Bloodvein MB, R0C 0J0	Ojibwe
Brokenhead Ojibway First Nation	204-766-2494	204-766-2306	P.O. Box 180 Scantbury MB, R0E 1W0	Ojibwe
Buffalo Point First Nation	204-437-2133	204-437-2368	P.O. Box 1037, Buffalo Point MB, R0A 2W0	Ojibwe
Bunibonibee Cree Nation (Oxford House)	204-538-2220	204-538-2374	P.O. Box 235 Oxford House MB, R0B 1C0	Cree
Canupawakpa Dakota First Nation (Oak Lake)	204-854-2959	204-854-2525	Pipestone, MB R0M 1T0	Dakota
Chemawawin Cree Nation	204-329-2161	204-329-2017	Box 009, Easterville MB, R0C 0V0	Cree
Cross Lake Band of Indians (Pimicikamak Cree Nation)	204-676-2218	204-676-2117	P.O. Box 10 Cross Lake, MB. R0B 0J0	Cree
Dakota Plains First Nation	204-252-3636	204-252-3637	P.O. Box 1246, Portage la Prairie, R1N 3J9	Dakota
Dakota Tipi First Nation	204-857-4381	204-857-9855	2020 Dakota Drive, Dakota Tipi MB, R1N 3X6	Dakota
Dauphin River First Nation	204-659-5370	204-772-4188	P.O. Box 58 Gypsumville MB, R0C 1J0	Ojibwe

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Ebb and Flow First Nation	204-448-2134	204-448-2305	Ebb and Flow MB, R0L 0R0	Ojibwe
Fisher River Cree Nation	204-645-2171	204-645-2745	P.O. Box 367, Koostatak MB, R0C 1S0	Cree
Fort Alexander First Nation (Sagkeeng)	204-367-2287	204-367-4315	P.O. Box 3, Fort Alexander MB, R0E 0P0	Ojibwe
Fox Lake Cree Nation	204-486-2463	204-486-2503	P.O. Box 369, Gillam MB, R0B 0L0	Cree
Gamblers First Nation	204-456-2085 204-532-2464	204-456-9315 204-532-2495	P.O. Box 250, Binscarth MB, R0J 0G0	Cree
Garden Hill First Nation	204-456-2085	204-456-9315	P.O. Box 261 Island Lake MB, R0B 0T0	Oji- Cree
God's Lake First Nation	204-335-2130	204-335-2400	God's Lake Narrows MB, R0B 0M0	Cree
Hollow Water First Nation	204-363-7278	204-363-7418	P.O. Box 2561 Wanipigow MB, R0E 2E0	Ojibwe
Keeseekoowenin First Nation	204-625-2004	204-625-2019	P.O. Box 100, Elphinstone MB, R0J 0N0	Ojibwe
Kinonjeoshtegon First Nation (Jackhead)	204-394-2255	204-394-2305	P.O. Box 210, Elphinstone MB, R0J 0N0	Ojibwe
Lake Manitoba First Nation	204-768-3492	204-768-3036	Box 1250, Lake Manitoba, MB, R0C 3K0	Ojibwe
Lake St. Martin First Nation	204-948-1119	204-948-1142	P.O. Box 69 Gypsumville MB R0C 1J0	Ojibwe
Little Grand Rapids First Nation	204-397-2264	204-397-2340	Box 129 or 130 Little Grand Rapids MB, R0B 0V0	Ojibwe
Little Saskatchewan First Nation	204-659-4584	204-659-2071	Box 98, Gypsumville, Manitoba R0C 1J0	Ojibwe
Long Plain First Nation	204-252-2731	204-252-2012	P.O. Box 430, Portage la Prairie MB, R1N 3B7	Ojibwe
Manto Sipi Cree Nation (God's River)	204-366-2011	204-366-2282	P.O. Box 97, God's River MB, R0B 0N0	Cree
Marcel Colomb First Nation (Black Sturgeon)	204-356-2439	204-356-2330	Box 1150, Lynn Lake MB, R0B 0W0	
Mathias Colomb Cree Nation (Pukatawagan)	204-553-2089	204-553-2419	P.O. Box 135 Pukatawagan MB, R0B 1G0	Cree
Misipawistik First Nation (Grand Rapids)	204-639-2485	204-639-2503	P.O. Box 500, Grand Rapids MB R0C 1E0	Cree
Mosakahiken Cree Nation (Moose Lake)	204-678-2113	204-678-2292	Moose Lake MB, R0B 0Y0	Cree
Nisichawayasihk Cree Nation (Nelson House)	204-484-2332	204-484-2392	Gen. Del. Nelson House MB, R0B 1A0	Cree
Northlands Dene First Nation (Lac Brochet)	204-337-2270	204-337-2055	Lac Brochet MB, R0B 2E0	Dene

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Norway House Cree Nation	204-359-6786	204-359-4186	P.O. Box 250, Norway House MB, R0B 1B0	Cree
O-Chi-Chak-Ko-Sipi First Nation (Crane River)	204-732-2490	204-732-2596	Gen. Del., Crane River MB, R0L 0M0	Ojibwe
O-Pipon-Na-Piwin Cree Nation (South Indian Lake)	204-374-2271	204-374-2350	Box 13, South Indian Lake MB, R0B 1N0	Cree
Opaskwayak Cree Nation (The Pas)	204-623-7100	204-623-5263	P.O. Box 10880, Opaskwayak MB, R0B 2J0	Cree
Pauingassi First Nation	204-397-2371	204-397-2145	Box 60, Pauingassi MB, R0B 2G0	Ojibwe
Peguis First Nation	204-645-2359	204-645-2360	Peguis, MB R0C 3J0	Cree & Ojibwe
Pinaymootang First Nation (Fairford)	204-659-5705	204-659-2068	Fairford MB, R0C 0X0	Ojibwe
Pine Creek First Nation	204-524-2478	204-524-2801	Box 70, Camperville MB R0L 0J0	Ojibwe
Poplar River First Nation	204-244-2267	204-244-2690	Negginan MB, R0B 0Z0	Ojibwe
Red Sucker Lake First Nation	204-469-5041	204-469-5966	Red Sucker Lake MB, R0B 1H0	Oji-Cree
Rolling River First Nation	204-636-2211	204-636-7823	P.O. Box 145, Erickson MB, R0J 0P0	Ojibwe
Roseau River Anishinabe First Nation	204-427-2312	204-427-2584	P.O. Box 30, Ginew MB, R0A 2R0	Ojibwe
Sandy Bay First Nation	204-843-2462	204-843-2706	P.O. Box 109, Marius, MB, R0H 0T0	Ojibwe
Sapotaweyak Cree Nation (Shoal River)	204-587-2012	204-587-2072	Pelican Rapids MB, R0L 1L0	Cree
Sayisi Dene First Nation (Tadoule Lake)	204-684-2022	204-684-2090	Tadoule Lake MB, R0B 2C0	Dene
Shamattawa First Nation	204-565-2340	204-565-2810	Shamattawa MB, R0B 1K0	Cree
Sioux Valley Dakota Nation	204-855-2671	204-855-2436	PO Box 38 Griswold MB R0M 0S0	Dakota
Skownan First Nation (Waterhen)	204-628-3373	204-628-3289	P.O. Box 106, Skownan MB, R0L 1Y0	Ojibwe
St. Theresa Point First Nation	204-462-2106	204-462-2646	St. Theresa Point MB, R0B 1J0	Oji-Cree
Swan Lake First Nation	204-836-2101	204-836-2255	P.O. Box 368, Swan Lake MB, R0G 2S0	Ojibwe
Tataskweyak Cree Nation (Split Lake)	204-342-2045	204-342-2270	Split Lake MB, R0B 1P0	Cree
Tootinaowazibeeng Treaty Reserve (Valley River)	204-546-3334	204-546-3090	Gen. Del., Shortdale MB, R0L 1W0	Ojibwe

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

War Lake First Nation	204-288-4315	204-288-4371	Gen. Del., Ilford MB, R0B 0S0 Cree
Wasagamack First Nation	204-457-2337	204-457-2255	P.O. Box 1 Wasagamack MB, Oji- R0B 1Z0 Cree
Waywayseecappo First Nation	204-859-2879	204-859-2403	P.O. Box 9, Waywayseecappo Ojibwe MB, R0J 1S0
Wuskwi Sipihk First Nation (Indian Birch)	204-236-4201	204-236-4786	P.O. Box 220 Birch River MB, Cree R0L 0E0
York Factory First Nation	204-341-2180	204-341-2322	York Landing MB, R0B 2B0 Cree

FEDERAL / PROVINCIAL GOVERNMENT

Manitoba Indigenous and Municipal Relations

Minister's Office
301 - 450 Broadway

Winnipeg, MB R3C 0V8

Website: <http://www.gov.mb.ca/imr/>

Tel: 204-945-3788

Fax: 204-945-1383

Email: MINIM@leg.gov.mb.ca

Indigenous Relations

(Manitoba Indigenous and Municipal Relations)

200 - 500 Portage Avenue

Winnipeg, MB R3C 3X1

Tel: 204-945-2510

Fax: 204-945-3689

The Indigenous Relations' priority is to bring a focus to Indigenous quality of life issues. Indigenous Relations endeavours to provide a global perspective, across government, of progress toward achieving quality of life for Indigenous Manitobans. Indigenous Relations promotes innovative policy and program development through identification of needs of Indigenous people, through the provision of accurate, relevant, timely information and through the development of partnerships with the Indigenous community, other government departments, other levels of government and the private sector. Indigenous Relations undertakes the coordination negotiation, analysis and implementation of initiatives, arrangements and agreements which impact on northern Manitoba, its communities, residents, land base and related programs.

Northern Association of Community Councils Inc. (NACC)

Unit 2 – 565 Roseberry Street

Winnipeg, MB R3H 0T3

Email: nacc@mymts.net

Website: <http://naccmanitoba.com/>

Tel: 204-947-2227

Fax: 204-947-9446

Toll free: 1-888-947-6222

Mission Statement:

The purpose of NACC is to be a meaningful and effective lobby group and improve the quality of life in Northern Association communities. It does this by having positive, proactive meetings with ministers and cabinet on issues affecting our communities and by informing and involving community councils and residents of their progress. NACC believes that all communities are unique and that their needs and interests should be recognized.

FEDERAL / PROVINCIAL GOVERNMENT

Manitoba Indigenous and Municipal Relations Communities by Regional Offices:

Northern Region:

Manitoba Indigenous and Municipal Relations
Local Government Development
Box 27 -- 59 Elizabeth Drive
Thompson, MB R8N 1X4

Tel: 204-677-6786

- Brochet
- Nelson House
- Cross Lake
- Norway House
- Gods Lake
- Narrows
- Pikwitonei
- Granville Lake
- South Indian Lake
- Herb Lake Landing
- Thicket Portage
- Ilford
- Wabowden

Manitoba Indigenous and Municipal Relations
Local Government Development
Box 2550 - 3rd & Ross Avenue
The Pas, MB R9A 1M4

Tel: 204-627-8176

- Easterville
- Sherridon
- Cormorant
- Moose Lake
- Dawson Bay
- Pelican Rapids

North Central Region:

Manitoba Indigenous and Municipal Relations
Local Government Development
27 - 2nd Avenue S.W. (Box 15)
Dauphin, MB R7N 3E5

Tel: 204-622-2110

- Baden
- Mallard
- Barrows
- Meadow Portage
- Camperville
- National Mills
- Crane River
- Powell
- Dallas/Red Rose
- Red Deer Lake
- Dauphin River
- Rock Ridge
- Duck Bay
- Salt Point
- Fisher Bay
- Spence Lake
- Harwill
- Waterhen
- Homebrook

Manitoba Indigenous and Municipal Relations
Local Government Development
Bay 8 - 1680 Ellice Avenue
Winnipeg, MB R3H 0Z2

Tel: 204-945-2163

- Aghaming
- Manigotagan
- Island Lake
- Princess Harbour
- Little Grand Rapids
- Red Sucker Lake
- Berens River
- Matheson Island
- Bissett
- Pine Dock
- Loon Straits
- Seymourville

Aboriginal People's Programs

Department of Canadian Heritage
Aboriginal Peoples' Program
15 Eddy Street, 8th Floor
Gatineau, Québec K1A 0M5

Tel: 819-994-3835
Toll free: 1-866-811-0055

Email: PCH.autochtone-aboriginal.PCH@canada.ca

The objectives of the Aboriginal Peoples' Program (APP) are to:

- promote, revitalize and preserve Indigenous languages and cultures;
- strengthen Indigenous cultural identity; and,
- increase Indigenous participation in Canadian society.

The APP offers two funding components to eligible Indigenous organizations:

Aboriginal Languages Initiative

The Aboriginal Languages Initiative (ALI) supports the preservation and revitalization of Indigenous languages through community-based projects and activities. Expected results of the ALI program include:

- giving Indigenous people access to community-based projects and activities that support the preservation and revitalization of Indigenous languages and cultures
- helping Indigenous communities in their efforts to enhance languages and cultures;
- preserving and enhancing Indigenous languages and cultures as living cultures.

Northern Aboriginal Broadcasting

The Northern Aboriginal Broadcasting (NAB) component supports the production and distribution of Indigenous audio and video content. The objectives of the NAB are:

- to support the production of culturally-relevant Indigenous programming
- to facilitate establishment and maintenance of production facilities
- to ensure availability of a significant amount of radio and television programming
- to contribute to the protection and enhancement of Indigenous languages and cultures
- to provide venues to articulate issues of relevance to Indigenous audiences and communities

Aboriginal Single Window

100 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Office hours: Monday - Friday 8:30 a.m. - 4:30 p.m.

Tel: 204-984-1415
Fax: 204-984-1424

The Aboriginal Single Window is a joint undertaking of the Government of Canada, the Province of Manitoba and the City of Winnipeg. It enables staff in various government departments, currently working with Aboriginal issues, to co-locate in a single office. The

FEDERAL / PROVINCIAL GOVERNMENT

intention of this cooperative plan is to:

- provide a one-stop-shop to organizations that need access to government-funded Aboriginal programs
- make information about these programs easier to obtain
- foster co-operation and information-sharing between various government agencies and Aboriginal organizations

Services available include:

- pick up and drop off point for:
 - Social Insurance Number and Employment Insurance applications
 - information on: Old Age Security Benefits, Canada Pension Plan, Retirement Pension, Child Tax Benefit and Manitoba Housing
- consultation with available departments by appointment
- information on various programs
- free Internet access
- free use of telephones for client job searches

Services Canada

Toll free: 1-800-622-6232

Winnipeg Centres:

Winnipeg Centre – Portage Place Mall, Floor Ground, Unit 122, 393 Portage Avenue

Passport Office – 433 Main Street, Suite 400

St. Boniface – 170 Goulet Street

St. Vital – 1001 St. Mary's Road

North-East – Rivergrove Shopping Centre, 2599 Main Street

South-West - 3393 Portage Avenue, Suite 140

Manitoba Centres:

Morris – 220 Main Street North -

Selkirk – 51 Main Street

Steinbach - 321 Main Street

St. Pierre-Jolys - 427 Sabourin Street

Tel: 204-785-6200 204-785-6222

Tel: 204-326-1371 204-326-1275

Regional Call Centre for Employment Insurance and Social Insurance numbers (Manitoba including Winnipeg):

Tel: 1-800-206-7218

Indigenous and Northern Affairs Canada

Terrasses de la Chaudière

10 Wellington, North Tower

Ottawa, ON K1A 0H4

Toll free: 1-800-567-9604

Email: InfoPubs@aadnc-aandc.gc.ca

Tel: 613-992-1067

Fax: 1-866-817-3977

Website: <http://www.ainc-inac.gc.ca>

FEDERAL / PROVINCIAL GOVERNMENT

Manitoba Region Office:

Room 200, 365 Hargrave Street

Winnipeg, MB R3B 3A3

Website: <http://www.ainc-inac.gc.ca/mb>

Tel: 204-983-5910

Fax: 204-983-7820

Status Cards and Registration: In-person services for registration and Secure Certificate of Indian Status are now available at a temporary location in Winnipeg, by appointment only. For application forms or to get more information about registering for Indian Status or applying for a Secure Certificate of Indian Status, or if you require a temporary proof of a registration document, please call 1-800-567-9604 or visit the INAC Indian Status page.

Estates: For applications or for more information on estates, please call 1-800-567-9604 or visit the INAC website.

Indigenous Inclusion Directorate

(Manitoba Education and Training)

510 Selkirk Avenue

Winnipeg, MB R2W 2M7

Toll free: 1-800-282-8069 ext 7886

Website: <http://www.edu.gov.mb.ca/abedu/index.html>

Tel: 204-945-7886

Fax: 204-948-2010

The Indigenous Inclusion Directorate provides leadership and coordination for departmental initiatives in Indigenous education and training. This includes:

- ensuring an integrated approach to Indigenous education and training
- promoting the removal of systemic barriers for Indigenous student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Indigenous education and training

FRIENDSHIP CENTRES

FRIENDSHIP CENTRES

National Association of Friendship Centres

275 Maclaren Street
Ottawa, ON K2P 0L9
Email: nafcgen@nafc.ca

Tel: 613-563-4844
Fax: 613-594-3428
Website: <http://nafc.ca>

Manitoba Association of Friendship Centres

102-150 Henry Avenue
Winnipeg, MB R3B 0J7
Email: info@friendshipcentres.ca
Website: <http://www.friendshipcentres.ca/>

Tel: 204-942-6299
Fax: 204-942-6308

Indian and Métis Friendship Centre of Winnipeg

45 Robinson Street
Winnipeg, MB R2W 5H5

Tel: 204-586-8441
Fax: 204-582-8261

Other Manitoba Friendship Centres

Brandon Friendship Centre Inc.
836 Loren Avenue **Tel:** 204-727-1407
Brandon, MB R7A 0T8 **Fax:** 204-726-0902

Selkirk Friendship Centre
425 Eveline Street **Tel:** 204-482-7525
Selkirk, MB R1A 2J5 **Fax:** 204-785-8124

Dauphin Friendship Centre, Inc.
210-1st Avenue NE **Tel:** 204-638-5707
Dauphin, MB R7N 1A7 **Fax:** 204-638-4799

Elbert Chartrand Friendship Centre
1413 Main Street **Tel:** 204-734-9301
Swan River, MB R0L 1Z0
Fax: 204-734-3090

Flin Flon Aboriginal Friendship Centre
57 Church Street **Tel:** 204-687-3900
Flin Flon, MB R8A 1M7 **Fax:** 204-687-5328

The Pas Friendship Centre, Inc.
81 Edwards Street **Tel:** 204-623-6459
P.O. Box 2638 **Fax:** 204-623-4268
The Pas, MB R9A 1M3

Lynn Lake Friendship Centre, Inc.
625 Gordon Street **Tel:** 204-356-2407
Lynn Lake, MB R0B 0W0
Fax: 204-356-8223

Ma-Mow-We-Tak Friendship Centre, Inc.
4 Nelson Road **Tel:** 204-677-0996
Thompson, MB R8N 0B4
Fax: 204-677-3195

Portage la Prairie Friendship Centre, Inc.
20 - Third Street N.E. **Tel:** 204-239-6333
Portage la Prairie MB R1N 1N4
Fax: 204-239-6534

(Thompson)
4 Nelson Road **Tel:** 204-677-0996
Thompson, MB R8N 0B4
Fax: 204-677-0970

Riverton & District Friendship Centre
53 Laura Avenue **Tel:** 204-378-2927
P.O. Box 359 **Fax:** 204-378-5707
Riverton, MB R0C 2R0

The Friendship Centres provide a focus for activities and services of interest and/or aid to Aboriginal people.

CHILDREN AND YOUTH

CHILDREN AND YOUTH

Victoria-Albert Day Care

483 Bannatyne Avenue
Winnipeg, MB R3A 0G2

Tel: 204-957-5995
Fax: 204-942-8621

110 Ellen Street
Winnipeg, MB R3A 1A1

Tel: 204-943-8576
Fax: 204-942-8621

Victoria Albert Day Care, Inc. is a pre-school and school age day care for children in nursery to grade 6, funded by the Manitoba government. V.A.D.C. operates before school, during lunch and after school. During in-services and school holidays, it is open from 7 a.m. to 5:30 p.m. Parents send bag lunches for their children, which are supplemented with soup and milk. An after-school snack is also served at 3:30 p.m. Space and equipment are provided for a large variety of activities, as well as field trips, swimming, skating, videos and other activities suggested by the children.

Abinotci Mino-Ayawin (Children's Healing)

Rm. 215 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-925-3700
Fax: 204-925-3709

The primary focus for the Abinotci Mino-Ayawin Program is the health care needs of young Aboriginal children age 0-6 and their families living in the inner city. The program is based on the traditional Aboriginal principles known as the Seven Sacred Teachings: sharing, caring, kindness, humility, trust, honesty and love. All exist within the Medicine Wheel or the Circle of Life.

Abinotci provides family and one-to-one support towards achieving a healthy, balanced environment through services such as sharing circles, native parenting programs, access to Elders and traditional healing, advocacy, and other community referrals. To contact Abinotci Mino-Ayawin, phone 204-925-3700 and ask to speak to a senior counsellor.

Aboriginal Head Start Program

Aboriginal Health and Wellness Centre of Winnipeg, Inc.
215 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-925-3700
Fax: 204-925-3709

The Aboriginal Head Start Program is designed to promote healthy development of Aboriginal children living in both urban and rural settings. It is controlled by local parents and caregivers. Its goals are:

- to foster the spiritual, emotional, intellectual and physical growth of each child
- to support the role of parents and guardians as the primary teachers and caregivers of their children
- to recognize and support the role of the extended family
- to ensure that the broader Aboriginal community participates in the planning,

CHILDREN AND YOUTH

development and evaluation of the program

- to ensure that the program is coordinated with other community programs and services.

Children selected to participate in this program will be living in or around the core area, 3-5 years of age, and of Aboriginal ancestry. Children who are not enrolled in a formal day care setting will be given priority.

Times of operation are:

- 3-4 year-olds: Mon. - Thurs. morning 8:30 - 11 a.m.
- 4-5-year-olds: Tue. - Thurs. afternoons 1 - 3:30 p.m.

The children are picked up and returned home in a school bus. The children will receive a nutritious snack during their group time. **Note:** There is no charge for this program.

Other Head Start Locations (times of operation vary):

Ma Mawi Wi Chi Itata Centre

Broadway Community Centre
185 Young Street
Winnipeg, MB R3C 1Y8

Andrews St. Family Centre/ Pritchard Place Drop-In

220 Andrews Street
Winnipeg, MB R2W 4T1

Tel: 204-589-1721
Fax: 204-589-7354

This drop-in centre is open Monday through Friday, 3:30 to 9:30 p.m. and Saturday and Sunday 10 a.m. to 5 p.m. All youth ages six to 17 are welcome. The centre offers structured and unstructured programs, including Native arts and crafts. There are special events such as swimming, floor hockey, dances, pool tournaments, movie nights and other planned outside activities. It also houses an Aboriginal Head Start Program.

Youth Agencies Alliance (YAA)

300-61 Juno Street
Winnipeg, MB R3A 1T1

Tel: 204-982-4946
Fax: 204-982-4950

Website: <http://www.youthagenciesalliance.com/>

Values:

Collaboration

YAA will build on our member's experience, knowledge and resources to increase capacity for collective action in order to speak with one voice on issues related to youth.

Relationships

YAA members commit to trusting each other's expertise and having open and ongoing communication with the goal to collaborate to better serve youth. YAA values that all decisions will be made by building consensus, therefore providing an equal voice to all members.

CHILDREN AND YOUTH

Best Practices

YAA supports training, research, sharing and learning to help stay well-informed of issues and trends related to youth. We value continuous learning by collaborating and partnering with a range of stakeholders (the public, funders, policy makers, community leaders, and community agencies) so that together we can have youth issues on the public agenda.

Programs

YAA values the development and implementation of a wide range of safe, constructive, inclusive and meaningful programs. Through participating in programming, youth will have the opportunity to develop important life skills and develop a sense of belonging to their community.

CHILD AND FAMILY SERVICES

CHILD AND FAMILY SERVICES:

Child and Family All Nations Coordinated Response Network (ANCR)

835 Portage Avenue
Winnipeg, MB R3G 0N6

Tel: 204-944-4200
Fax: 204-944-4050
Toll free: 1-888-944-2627

ANCR is generally the first point of contact with the Child and Family Services system. ANCR seeks to bridge the gap and provide support and services to families and children to ensure the safety of children. ANCR is accessible round-the-clock to handle emergency and non-emergency calls.

Winnipeg Child and Family Services

404 - 1 Wesley Avenue
Winnipeg, MB R3C 4C6

Tel: 204-944-4438
Fax: 204-944-4395

Website: <http://www.gov.mb.ca/fs/org/csd/wcfs.html>

Winnipeg Child and Family Services provides comprehensive child protection and family support services in Winnipeg, in accordance with The Child and Family Services Act and The Adoption Act.

Winnipeg Child and Family Services:

- partners with community to provide supportive and preventive services to families
- provides protection services to children at risk of abuse and neglect
- develops and provides basic and specialized placement services to meet needs of children in care
- provides preservation and reunification services to families
- provides adoptive and post-adoptive services to children and families when reunification is no longer an option

INTAKE SERVICES

835 Portage Avenue
Winnipeg, MB R3G 0N6

Tel: 204-944-4200
Toll free: 1-888-834-9767
After Hours emergency: 204-944-4050

Services are offered at 18 locations in six areas: Central, Eastman, Interlake, Northern, Parkland, and Westman

Website: <http://www.gov.mb.ca/fs/locations/ruralnorthern.html>

Central

Morden 290 North Railway R6M 1S7
Portage la Prairie 25-3rd Street R1N 1N1

Tel: 204-822-2861
Tel: 204-857-8751
Toll free: 1-888-339-3576
Tel: 204-331-5040

Winkler 204 Main Street R6W 2P9

CHILD AND FAMILY SERVICES

Eastman

Beausejour 20 - 1st Street S R0E 0C0

Tel: 204-268-6228

Toll free: 1-866-576-8546

Pine Falls 26 Pine Street R0E 1M0

Tel: 204-367-6120

Ste. Anne Unit A 30 Dawson Road R5H 1B5

Tel: 204-422-7020

St Pierre 427 rue Sabourin R0A 1V0

Tel: 204-433-3340

Steinbach 242-323 Main Street. R5G 1Z2

Tel: 204-346-6390

Toll free: 1-866-682-9782

Interlake

Selkirk 101 - 446 Main Street R1A 1V7

Tel: 204-785-5106

Gimli 120 - 6th Avenue R0C 1B0

Tel: 204-642-6051

Stonewall 589 - 3rd Street R0C 2Z0

Tel: 204-467-4420

Northern

Churchill 162 La Verendrye Avenue R0B 0E0

Tel: 204-675-8380

Thompson 59 Elizabeth Drive R8N 1X4

Tel: 204-677-6570

Toll free: 1-866-677-6713

Flin Flon 102-143 Main Street R8A 1K2

Tel: 204-687-1700

The Pas 79-3rd Street West R9A 1M4

Tel: 204-627-8311

Parkland

Dauphin RM 309-27 Avenue SW R7N 3E5

Tel: 204-622-2035

Toll free: 1-888-335-3494

Swan River 201 - 4th Avenue S R0L 1Z0

Tel: 204-734-3491

Toll free: 1-888-269-6498

Westman

Brandon 340 - 9th Street R7A 6C2

Tel: 204-726-6173

Knowles Centre, Inc.

2065 Henderson Highway

Tel: 204-339-1951

Winnipeg, MB R2G 1P7

Fax: 204-334-4173

Email: info@knowlescentere.org

Knowles Centre Inc. is a community-based, non-profit social services agency for children, adolescents and young adults facing difficult times in their lives. It offers a range of therapeutic and skills-based programs that help young people to address past struggles, to develop healthier relationships and ways of life, and to reach their full potential in the future. Programs include group care treatment, treatment foster care, independent living, day treatment and sexual abuse treatment programs, plus a range of support services. Each program has its own admission procedures.

Knowles Centre – Group Care Treatment Program:

Knowles Centre provides group care treatment for youth ages 12-17 years of age facing challenges in their lives that cannot be adequately addressed in their home, foster home or regular group home placement. The program has two on-site and two community-based

CHILD AND FAMILY SERVICES

treatment units, each offering space for up to six youth. Youth are cared for by experienced youth care workers, and they regularly meet with a clinical therapist. Additional treatment services are arranged as required.

Knowles Centre clients attend River East Transcona School Division's John G. Stewart School, located on Knowles Centre's grounds. Clients have access to organized recreation, culinary arts training and the Biimautaziinwin program, which focuses on traditional, cultural and spiritual well-being. Knowles Centre is a registered, non-profit, charitable organization and is governed by an elected board of directors. Knowles Centre is accredited by the Council on Accreditation. Clients are referred by a CFS worker through the Provincial Placement Desk or directly from a federal agency.

Manitoba Adolescent Treatment Centre (MATC)

120 Tecumseh Street
Winnipeg, MB R3E 2A9
CENTRALIZED INTAKE:
Website: www.matc.ca

Tel: 204-477-6391
Fax: 204-783-8948
Tel: 204-958-9660

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. MATC strives to be sensitive, responsive and innovative in meeting the changing needs of children, adolescents, families and communities.

Anyone can make a referral to MATC through the Centralized Intake office. This includes any young person, parents, family members or professionals who work with the young person. If you are not sure whether MATC is the best place for you or someone you know, you are welcome to phone and discuss this with us. The intake worker will ask for other information over the phone to help you determine which service best meets your needs.

Centralized Intake and MATC do not offer emergency services. Any young person at immediate risk of self-harming or harming others should be directed to:
MOBILE CRISIS TEAM: 204-949-4777 or EMERGENCY 911

Ma Mawi Wi Chi Itata Centre, Inc.

Administration Site
350 – 200 Alpine Way
Winnipeg, MB R4H 0B7
Email: info@mamawi.com

Tel: 204-925-0300
Fax: 204-946-5042
Toll free: 1-888-962-6294

Community Meeting Space

445 King Street Winnipeg, MB R2W 4V5

Community Care Sites:

363 McGregor Street
Winnipeg, MB R2W 4X4

Tel: 204-925-0330

CHILD AND FAMILY SERVICES

318 Anderson Avenue
Winnipeg, MB R2W 1E5

Tel: 204-925-0349

443 Spence Street
Winnipeg, MB R3B 2R8

Tel: 204-925-0348

The Ma Mawi Wi Chi Itata Centre (Ma Mawi) was given birth in the fall of 1984 by committed community members who sought an Aboriginal solution to supporting and rebuilding families. Since that time, the organization has grown to provide a variety of supports and programming to accomplish these results.

All of Ma Mawi's programs and services are aimed at empowering individuals and families to better care for themselves and each other. With the guidance of our community, we continually seek to provide services that are relevant and meet the needs of the families we serve.

Types of services Ma Mawi offers:

- Youth Services:
Sons and Daughters of the Rising Sun, Four Directions Pow Wow Club, Aboriginal Scouts, Traditional Teachings and Ceremonies, Solvent Abuse Prevention, Positive Adolescent Sexuality Support, Young Fathers Program, Home-Based Crisis Intervention and Strong Directions - Youth Leadership Development
- Community Care Centres:
Referrals, Short Term Emergency Services, Community Drop In, Home Maker Services, Parenting Groups, Volunteer Program, Youth Anger Management, Healthy Relationships for Men, Women and Youth Groups, Journey to Healthy Lifestyles, Literacy
- Children in Care:
Widening the Circle Neighbourhood Based Care, Ozosunon Nest Program, Circle of Care Short-Term Residential Care, Honouring the Spirit of Our Little Sisters Community-Based Safe House for Adolescent Females
- Child Development:
Licensed Early Years (12 weeks to 2 years of age) Day Care
- Community Training & Learning:
Team Building Workshop, Leadership Training, Capacity Building Workshop, PATH planning tool (planning alternative tomorrows with hope), Mediation, Aboriginal Culture, Women's, Men's and Couples Retreats, Spirit of Peace

Ndinawemaaganag Endaawaad (Our Relative's House)

Tel: 204-586-2588

Fax: 204-589-4086

Ndinawe offers a safe, nurturing home for male and female youth ages 11-17. If you have no place to go or you are at risk of experiencing serious physical, emotional or spiritual harm, or if you are vulnerable to sexual exploitation, call us at 204-586-2588. Open seven days a week.

CHILD AND FAMILY SERVICES

Youth Resource Centre

472 Selkirk Avenue
Winnipeg MB R2W 2M7

Tel: 204-589-5545
Fax: 204-589-4086

Operated by Ndinawemaaganag Endaawaad, the Youth Resource Centre offers community based resource programming to youth ages 11-25.

- **Main Services:**
Culture Club, Drum group, Art Club, Cooking Club, Tutoring Club, Employment Services, Food Distribution, Clothing Exchange, Sports programming, Volunteer Opportunities, Parent Support Program, Youth Drop In.
- **Secondary Services:**
Help support youth who are living independently or with family to find safe long term housing, and provide training necessary to promote youth independence and sustainability in the community.
- **Skill development:**
Resume writing, food preparation, parenting, tutoring, etc.

Referral process: self referral, family referral and other services providers.

New Directions for Children, Adult and Families

500-717 Portage Avenue
Winnipeg, MB R3G 0M8

Tel: 204-786-7051
Fax: 204-774-6468

Opikihiwawin

(New Directions)
500 - 717 Portage Avenue
Winnipeg, MB R3B 2E4

Tel: 204-786-7051
Fax: 204-774-6468

Opikihiwawin's aim is to provide support, education and nurturing resources to cross-cultural families that have adopted or are giving care to Aboriginal children, primarily within a 60 mile radius of Winnipeg. The co-ordinator is available for one-to-one counselling with parents and children, and will give leadership in the field of appropriate cultural and recreational activities for Aboriginal children, whether adopted or in foster care. Parent support groups meet in the Winnipeg area. Opikihiwawin is sponsored by New Directions. For more information, contact the program manager.

Project Neecheewam, Inc.

605 Wall Street
Winnipeg, MB R3G 2T5

Tel: 204-775-9240
Fax: 204-774-4970

Project Neecheewam, Inc. is a professionally staffed community based organization designed to meet unique and individual needs of youth requiring care through crisis intervention and residential care. Project Neecheewam, Inc. currently operates four residential facilities in Winnipeg for youth who have experienced severe family, personal and societal difficulties. These are:

CHILD AND FAMILY SERVICES

- Greenwood Place "Anderson House" (male)
- St. Matthews Home "Oshinik-Ikwe Okanin" (female)
- Crisis Stabilization Unit (male)
- Golden Eagle (co-ed Interim short term residency)

Rossbrook House

658 Ross Avenue (at Sherbrook)
Winnipeg, MB R3M 0M1
Email: mail@rossbrookhouse.ca

Tel: 204-949-4090
Fax: 204-949-4095
Website: www.rossbrookhouse.ca

The original and main purpose of this drop-in centre for children and youth ages 4-24 is to offer constructive diversion and keep young people off the streets. It offers recreational, cultural and employment programs. The majority of staff are local Aboriginal youth. Three educational programs are operated in conjunction with Winnipeg School Division No. 1:

- 'Wi Wabigooni', Elementary, affiliated with Victoria Albert School
- 'Eagles' Circles', Junior High, affiliated with Hugh John MacDonald School
- 'Rising Sun' affiliated with Gordon Bell High School

Rossbrook House is open from 8 a.m. to midnight Monday to Thursday and Sunday; 24 hours Friday, and Saturday (and Sunday, if Monday is a holiday). During Christmas, spring and summer school breaks, the house is open 24 hours.

Wahbung Abinoonjiiag

225 Dufferin Avenue
Winnipeg, MB R2W 5N7
Email: admin@wahbung.org and women@wahbung.org

Tel: 204-925-4610
Fax: 204-582-9508

Wahbung Abinoonjiiag is a non-profit program that provides services to children 0-6 years of age and their families, who have experienced various forms of victimization. The program provides support, education, and culturally appropriate programming to children and parents who have been exposed or witness to family violence. The organization believes that, in order for our community to heal from family violence, all members of a family should have access to services that will assist in the family's healing journey.

FIRST NATIONS MANDATED AGENCIES

Mission Statement:

To have a jointly coordinated child and family services system that recognizes the distinct rights and authorities of First Nations and Metis peoples and the general population to control and deliver their own child and family services province-wide. Those services will be community-based and reflect and incorporate the cultures of First Nations, Metis and the general population respectively.

First Nations of Southern Manitoba Child and Family Services Authority

100 – 696 Portage Avenue
Winnipeg, MB R3G 0M6

Tel: 204-783-9190
Fax: 204-783-7996

Website: <http://www.aji-cwi.mb.ca/eng/firstnationssouthcfs.html>
Toll free: 1-800-665-5762

CHILD AND FAMILY SERVICES

First Nations of Southern Manitoba Agencies

Anishinaabe Child and Family Services

General Delivery

Fairford, MB R0C 0X0

Website: www.anishcfs.org

Tel: 204-659-4546

Fax: 204-659-5877

Anishinaabe West serves band members of Lake St. Martin, Dauphin River, Fairford, Lake Manitoba and Little Saskatchewan.

Winnipeg Office:

56 – 1313 Border Street R3C 1K4

Tel: 204-942-0788

Fax: 204-957-1734

Dakota-Ojibway Child and Family Services

702 Douglas Street

Brandon, MB R7A 7B2

Toll free: 1-800-263 6237

Tel: 204-729-3650

Fax: 204-728-1806

Dakota-Ojibway Child and Family Services provides services to eight reserves: Dakota Plains, Long Plain, Roseau River, Sioux Valley, Swan Lake, and Birdtail Sioux.

Winnipeg Office:

1150 Fife Street R2X 2Z6

Tel: 204-988-9230

Fax: 204-947-5179

Intertribal Child and Family Services

Box 358

Koostatak, MB R0C 1S0

Toll free: 1-866-573-4467

Tel: 204-645-2744

Fax: 204-645-3065

Serves the reserves of Fisher River, Dakota Tipi and Kinonjeoshtegon (formally Jackhead)

Winnipeg Office:

Unit 19 - 399 Berry Street R3J 1N9

Tel: 204-949-0855

Fax: 204-949-1180

Toll free: 1-866-573-4460

Peguis Child and Family Services

P.O. Box 610

Peguis First Nation

Peguis, MB R0C 3J0

Tel: 204-645-2049

Fax: 204-645-2558

Toll free: 1-877-777-2049

Peguis Child and Family Services serves the Peguis First Nation.

Winnipeg Office:

6 - 350 Keewatin Street R2X 2R9

Tel: 204-632-5404

Fax: 204-632-7226

CHILD AND FAMILY SERVICES

Sagkeeng Child and Family Services

P.O. Box 700
Pine Falls, MB R0E 1M0

Tel: 204-367-2215
Fax: 204-367-8510

Serves Sagkeeng First Nation.

Winnipeg Office:

1948 Main Street R2V 2B4

Tel: 204-949-1649
Fax: 204-949-1669

Southeast Child and Family Services

4th Floor, 360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 204-947-0011
Fax: 204-947- 0009

Southeast Child and Family Services serves nine reserves: Poplar River, Berens River, Bloodvein, Pauingassi, Little Grand Rapids, Hollow Water, Little Black River, and Brokenhead.

Winnipeg Office:

2nd Floor – 1410 Mountain Avenue
Winnipeg, MB R2X 3C4

Tel: 204-594-0494
Fax: 204-594-0499

West Region Child and Family Services

Box 280,
Erickson, MB R0J 0P0

Tel: 204-636-6100
Fax: 204-636-6158

Services are available to Ebb and Flow, Rolling River, Keeseekoowewin, Valley River, Pine Creek, Crane River, Waywayseecappo, Gamblers Reserves, Brandon and Skownan.

Winnipeg Office:

255 Sherbrook Street R3C 2B8

Tel: 204-985-4050
Fax: 204-985-7079

First Nations of Northern Manitoba Child and Family Services Authority

Head Office:

PO Box 10460
Opaskwayak, MB R0B 2J0

Tel: 204-623-4472
Fax: 204-623-4517

Website: www.northernauthority.ca

Winnipeg Office:

2nd floor – 383 Provencher Blvd
Winnipeg, MB R2H 0G8

Tel: 204-942-1842
Fax: 204-942-1858

The First Nations of Northern Manitoba Child and Family Services Authority is committed to the well-being of First Nations children, families and communities and to respecting First Nation people's traditions and cultures. Supporting and empowering First Nation child and family services agencies in northern Manitoba to enhance and enrich family life.

CHILD AND FAMILY SERVICES

First Nations of Northern Manitoba Agencies

Awasis Agency of Northern Manitoba

100-701 Thompson Drive
Thompson, MB R8N 2A2

Tel: 204-677-1500
Toll free: 1-800-667- 4734
Fax: 204-778-8428

Awasis serves communities in Northern Manitoba, including: War Lake, God's Lake, Split Lake, Northlands, Barren Lands, Oxford House, York Landing, Fox Lake, God's River and Shamattawa.

Winnipeg Office:

201 - 274 Smith Street R3C 1K1

Tel: 204-987-9480
Fax: 204-987-9489

Cree Nation Child and Family Caring Agency

P.O. Box 10130
Opaskwayak, MB R0B 2J0
Email: concerns@creenation.ca

Tel: 204-623-7456
Fax: 204-623-3847

Cree Nation serves seven communities in Northern Manitoba: Chemawawin, Mathias Colomb, Misipawistik, Wuskwi Sipihk, Marcel Colomb, Mosakahiken and Sapotaweyak.

Winnipeg Office:

Unit 14 – 1313 Boarder Street R3H 0X4

Tel: 204-954-3100
Toll free 1-866-665-1763
Fax: 204-954-3090

Island Lake First Nations Family Services

General Delivery
Garden Hill, MB R0B 0T0

Tel: 204-456 2015
Toll free: 1-888-242-0605
Fax: 204-456-2641

Island Lake serves: Garden Hill, St. Theresa Point, Red Sucker Lake and Wasagamack.

Winnipeg Office:

103-1821 Wellington Avenue R3H 0G4

Tel: 204-987-9444
Fax: 204-943-4604

Kinosao Sipi Minisowin Agency

P.O. Box 640
Norway House, MB R0B 1B0

Tel: 204-359-4551
Fax: 204-359-6013

Kinosao serves Norway House.

Winnipeg Office:

585 Century Street R3H 0W1

Tel: 204-772-8957
Fax: 204-774-6632

CHILD AND FAMILY SERVICES

Nisichawayasihk Cree Nation Family and Community Services

P.O. Box 451

Nelson House, MB R0B 1A0

Tel: 204- 484-2341

Fax: 204-484-2351

Nisichawayasihk Cree Nation serves Nelson House.

Winnipeg Office:

1450 Wellington Avenue R3E 0K5

Tel: (204) 784-8160

Toll free: 1-855-609-6592

Metis Child and Family Services Authority

Metis Child, Family & Community Services

204 – 150 Henry Avenue

Winnipeg, MB R3B 0J7

Tel: 204-949-0220

Fax: 204-984-9487

Toll free: 1-855-779-1277

SUPPORT SERVICES

SUPPORT SERVICES

Behavioural Health Foundation, Inc.

35 De la Digue, Box 250
St. Norbert, MB R3V 1L6

Email: info@bhf.ca

Tel: 204-269-3430

Fax: 204-269-8049

The Behavioural Health Foundation Inc. Is accredited by the Commission of Rehabilitation Facilities (CARF). It provides long-term residential programming for men, women and family units that are experiencing a variety of problems that almost always including addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

Men's, Women's and Family Addiction Treatment Services: These services include:

- group, family and individual counselling
- addictions counselling
- Parent Effectiveness Training courses
- 24-space child daycare
- advocacy on behalf of residents
- cultural programming on an on-going basis provided by the co-ordinator of Aboriginal services
- court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- interviews and assessments at provincial correctional institutions, Corrections (Federal)
- community residential centre for parolees
- employment training
- job placement
- education classrooms for Kindergarten to Grade 12

Kirkos House Youth Services: Kirkos House is a provincially-licensed treatment facility that houses up to 16 adolescent females. Kirkos House is also accredited by CARF. The facility provides:

- group, family and individual counselling
- addictions counselling
- education classes to Grade 12
- assertiveness training and conflict resolution sessions
- access to structured work activities
- outreach and gradual movement to the community and/or an Extended Treatment Program.

Other Support Services such as on-site child care services are available to allow parents maximum program involvement. A physician is under contract for weekly visits or as required, and the facility employs a full-time clinical therapist.

SUPPORT SERVICES

Aboriginal Seniors Resource Centre Inc. (ASRC)

45 Robinson Street
Winnipeg, MB R2W 5H5
Email: admin@asrcwpg.ca

Tel: 204-586-4595
Fax: 204-586-3283
Website: <http://asrcwpg.ca/>

The ASRC is an autonomous non-profit corporation established to provide a holistic approach to promote the respect and well-being of Aboriginal seniors in Winnipeg. ASRC works to increase access to information, resources and supports that directly improve the health and well-being of Aboriginal seniors in Winnipeg. This is accomplished through:

- providing opportunities for active involvement within the community as a means of achieving physical, emotional, mental and spiritual balance
- outreach support and referrals to other Aboriginal organizations
- providing opportunities for Aboriginal seniors to pass on traditional values and historical knowledge to younger generations

Circle of Life Thunderbird House

715 Main Street
Winnipeg, MB R3B 3N7
Email: info@thunderbirdhouse.com
Website: <http://www.thunderbirdhouse.com>

Tel: 204-940-4240
Fax: 204-940-4243

Circle of Life Thunderbird House, located at the corner of Main Street and Higgins Avenue, is a spiritual and community gathering place that highlights Indigenous cultural values, traditions and history. Designed by internationally renowned architect Douglas Cardinal, the facility reflects the influence and wisdom of the Aboriginal community. More than just a landmark building, The Circle of Life Thunderbird House is a place where community can share their culture and sense of spirituality with the rest of Winnipeg. It is a unique concept which recognizes the urban community's impact on the area—a delicate balance of economic, social and cultural concerns. It is a place for exploring the ways of Indigenous community's past and present, and where we can truly claim ownership and pride.

Being a space primarily meant to host ceremonies, Circle of Life Thunderbird House tries its best to accommodate all ceremonial requests from the community. They also rent space for organizational meetings, community events and programming.

Community Financial Counselling Services, Inc. (CFCS)

516 – 294 Portage Avenue
Winnipeg, MB R3C 0B9

Tel: 204-989-1900
Fax: 204-989-1908
Toll free: 1-888-573-2383

CFCS is a not-for-profit United Way Member Agency, and an accredited member of Credit Counselling Canada. CFCS offers credit and financial counselling that includes debt solutions and options, budgeting and spending plans, detailed assessments of your financial situation and consumer education/information.

SUPPORT SERVICES

Eyaa-Keen Healing Centre Inc.

547 Notre Dame Avenue
Winnipeg, MB R3B 1S2
Toll free: 1-877-423-4648
Website: www.eyaa-keen.org

Tel: 204-783-2976
Fax: 204-284-7292
Email: contact@eyaa-keen.org

The goal of Eyaa-Keen Healing Centre Inc. is to help people recognize and overcome their inner obstacles and give them the healing tools they need to lead productive, healthy lives. Individuals can choose to work with an Indigenous Behavioural Health Specialist, an Elder or a Traditional Healer to work through a series of sessions which take an Indigenous Traditional based therapeutic approach and gradually progress through active healing, learning and developing life-affirming practices.

Ikwe-Widdjiitiwin, Inc. (Women Helping One Another)

P.O. Box 1056
Winnipeg, MB R3C 2X4
Toll free Crisis Line: 1-800-362-3344
TDD Line: 1-800-561-6178

Tel: 204-987-2780
Fax: 204-987-2822
Provincial Crisis Line: 1-877-977-0007

Ikwe-Widdjiitiwin provides emergency shelter for women and children who are victims of violence. Shelter counsellors are on duty twenty-four hours per day seven days per week to provide services, understanding and information on local services available. If service is required, please phone the shelter for the address. Services are available in most First Nations languages.

Ka Ni Kanichihk, Inc.

455 McDermot Avenue
Winnipeg, MB R3A 0B5
Email: admin@kanikanichihk.ca

Tel: 204-953-5820
Fax: 204-953-5824
Website: www.kanikanichihk.ca

Ka Ni Kanichihk Inc. (Cree for those who lead) is a registered, non-profit, community-based Aboriginal human services organization formed in 2001. Ka Ni Kanichihk's mission is to provide a comprehensive range of culturally-appropriate programs and services to meet the unique needs of Winnipeg's rapidly expanding Aboriginal community. The organization is committed to developing Aboriginal leadership, responding to issues that are both transformative and rooted in the restoration and reclamation of a positive and powerful cultural identity.

Since its inception, it has focused on issues of concern to women in the Aboriginal community. For example, one of its programs - Iskewak Leadership Development - provides women who have been directly and/or inter-generationally affected by residential schools with a range of culturally-based and woman-centred educational and healing services.

SUPPORT SERVICES

Manitoba Aboriginal Sport and Recreation Council, Inc.

105 - 145 Pacific Avenue
Winnipeg, MB R3C 4M2

Email: Melvin.magpantay@sportmanitoba.ca

Tel: 204-925-5737

Fax: 204-925-5716

Website: www.masrc.com

The council's vision is to empower Manitoba's Aboriginal community to grow physically, spiritually and culturally through sport and recreation. Its Mission is to strengthen Aboriginal participation in positive healthy lifestyles.

Manitoba Moon Voices, Inc.

2-715 Main Street
Winnipeg, MB R3B 3N7

Tel: 204-942-1828

Fax: 204-615-5300

Toll free: 1-855-893-0166

Email: admin@manitobamoonvoicesinc.ca

Manitoba Moon Voices is a non-profit organization supporting leadership and advancement by and for Aboriginal women in Manitoba. The organization focuses on building stronger connections among Indigenous women and their communities, organizations and allies across Manitoba to support women's collaborative voice and empower each other. Manitoba Moon Voices shares and promotes knowledge and resources through positive actions and self-determination, while incorporating ancestral practices with Indigenous women everywhere.

Native Women's Association of Canada (NWAC)

Head Office:

155 International Road Unit #2
Akwasasne, ON K6H 5R7

Toll free: 1-800-461-4043

Satellite Office:

1 Nicholas Street, 9th Floor
Ottawa, ON K1N 7B7

Email: reception@nwac.ca

Tel: 613-722-3033

Fax: 613-722-7687

Toll free: 1-800-461-4043

The Native Women's Association of Canada (NWAC) is a national Aboriginal organization. NWAC was founded with the collective goal to enhance, promote and foster the social, economic, cultural and political well-being of Aboriginal women in urban, rural, Metis and First Nation communities in Canada. NWAC is structured to represent the views of various native women, organizations and leaders in areas such as the Indian Act, the constitution, health, family violence, AIDS, Aboriginal rights, child welfare and justice issues.

Native Women's Transition Centre Inc.

105 Aikins Street
Winnipeg, MB R2W 4E6

Email: rswnwt1@nwtc.cc

Tel: 204-989-8240

Fax: 204-586-1101

Intake: 204-998-8244 or 204-989-8251

A safe home for Aboriginal women (and their children) who are in the process of changing their current life situation. The centre is a place where there is support and access to

SUPPORT SERVICES

resources to enable growth and develop skills in becoming more self-determining persons. The centre offers a first or second stage program, which is a one year residency.

Neeginan Centre

103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: events@abcentre.org

Tel: 204-989-6395
Fax: 204-989-7137

Neeginan Centre is a non-profit corporation formed to own and manage the historic former Canadian Pacific Railway station in Winnipeg. It is a service centre where Aboriginal people can come for a variety of essential services. Its goal is to provide social, educational and entrepreneurial growth for the Aboriginal people of Winnipeg.

North End Women's Centre, Inc.

394 Selkirk Avenue
Winnipeg, MB R2W 2M2
Email: info@newcentre.org

Tel: 204-589-7347
Fax: 204-586-9476

The centre is open on a drop-in basis for women to socialize, use the phone or have a coffee. Programs include the "Up Shoppe" (for Women, Children and Men), which offers clothing articles at a very low price (free of charge to women in need on the basis of a referral). Up Shoppe is open Monday to Thursday 9 a.m. to 4:30 p.m. and Friday 9 a.m. – 4 p.m.

The North End Women's Centre offers various counselling programs during the year, including:

- individual counselling
- healthy anger
- parenting program group
- grief and loss group
- healthy relationships group

There are also information sessions and numerous workshops available throughout the year, including addictions recovery and housing support programs.

The centre's hours are:

- Mon. - Thurs. 8:30 a.m. - 4:30 p.m.
- Fri. 8:30 a.m. - 4 p.m.

Resource Assistance for Youth (RaY)

Resource Centre:
125 Sherbrook Street
Winnipeg, MB R3C 2B5
Email: info@rayinc.ca
Website: www.rayinc.ca

Tel: 204-783-6617
Fax: 204-775-4988
Outreach: 204-391-2209

SUPPORT SERVICES

RaY's Drop-in operates six days a week, and on Monday and Wednesday evenings. Drop-in is easily accessible for all youth and provides them with a safe, comfortable, supportive place to access all of RaY's services, make appointments, and receive one-on-one supports or simply a reprieve from the street.

A hot, nutritious meal is prepared and served by kitchen training program participants at 1 p.m. each day.

Location: 125 Sherbrook Street

Monday – Friday hours: 1 – 3 p.m.

Monday and Wednesday hours: 5:30 – 8:45 p.m.

Saturday hours: noon – 4 p.m.

RaY' is non-judgemental and non-partisan, employing a harm reduction approach to all interactions with youth in need. Their mission is to provide youth with what they need, on their terms, to better their lives. They provide access to basic needs, housing support, employment and training programs, health and wellness, mental health or addictions support, workshops and street outreach.

Salvation Army

Local Corps

BRANDON

9 Princess Avenue E
Brandon, MB R7A 1R8

Tel: 204-727-6271
Fax: 204-727-1752

DAUPHIN

38 2nd Avenue NE
Dauphin, MB R7N 2V4

Tel: 204-638-3764
Fax: 204-638-3636

FLIN FLON

3 Hemlock Drive
Flin Flon, MB R8A 1N1

Tel: 204-687-7812
Fax: 204-687-5314

PORTAGE LA PRAIRIE

220 Duke Avenue
Portage la Prairie, MB R1N 0S6

Tel: 204-239-7213
Fax: 204-857-4672

THOMPSON

305 Thompson Drive
Thompson, MB R8N 1M9

Tel: 204-677-3658
Fax: 204-677-5283

WINNIPEG

Addictions, Rehabilitation Camp, Shelter Services

Winnipeg Booth Centre
180 Henry Avenue
Winnipeg, MB R3B 0J8

Tel: 204-946-9400
Fax: 204-943-8898
Website: <http://www.wpgboothcentre.ca/>

- Anchorage Rehabilitation Program

SUPPORT SERVICES

- Men's/Women's Residential Services
- Winnipeg Haven Residential Facility

Community Camp, Family Services

Winnipeg Community & Family Services
324 Logan Avenue
Winnipeg, MB R3A 0L5

Tel: 204-946-9490

Corrections and Justice Services

Winnipeg Correctional & Justice Services
2nd Floor – 324 Logan Avenue
Winnipeg, MB R3A 0L5

Tel: 204-949-2100

Fax: 204-949-2110

Community Venture Program

Head Office:

1350 Church Avenue
Winnipeg, MB R2X 1G4

Tel: 204-942-1161

Fax: 204-946-5347

Email: office@communityventure.mb.ca

Website: <http://www.communityventure.mb.ca/>

The Community Venture Program is an adult developmental day program serving individuals with special needs and abilities, enhancing their quality of life by providing spiritual, educational, social, vocational and recreational activities.

Multicultural Family Centre

51 Morrow Avenue
Winnipeg, MB R2M 1A5

Tel: 204-946-9152

Fax: 204-946-9154

Neighbours Helping Neighbours

2nd Floor – 324 Logan Avenue
Winnipeg, MB R3A 0L5

Tel: 204-949-2106

Fax: 204-949-2110

Computer assisted Literacy

Tel: 204-946-9117

This program seeks to improve literacy skills in all areas for adults in the community and in Salvation Army programs, using classroom and computer assisted teaching.

Moms 'N Tots

Tel: 204-946-9152

Moms 'N Tots is a weekly getaway for mom and child offering support and friendship. Informational/assistance is offered in parenting, health, vocational and personal issues.

Work Readiness and Placement (WKRP)

Tel: 204-946-9141

WKRP is a thirteen-week program designed to improve the employability of social services recipients.

SUPPORT SERVICES

Mental Health Services Haven

Tel: 204-946-9404

Haven offers 24-hour care to males living with a mental illness. This includes a life skills program, activities and group work.

Residential Services

180 Henry Avenue
Winnipeg, MB R3B 0J8

Tel: 204-946-9400

This program provides separate overnight accommodation for adult men and women 18 years and over with short term stays available. Mothers accompanied by dependent children can be accommodated.

Shelters on Reserves

First Nation Healing Centre
Koostatak, MB R0C 1S0

Tel: 204-645-2750
Fax: 204-645-2546

Mamawihetowin Crisis Centre
Pukatawagan, MB R0B 1G0

Tel: 204-553-2198
Fax: 204-553-2302

Women's Crisis Centre
Shamattawa, MB R0B 1K0

Tel: 204-565-2548
Fax: 204-565-2544

Southern First Nations Network of Care

Swan Lake First Nation
200 – 200 Alpine Way
Headingley, MB R4H 1C8

Tel: 204-783-9190
Fax: 204-783-7996
Toll free: 1-800-665-5762

Email: reception@southernnetwork.org
Website: <http://www.southernnetwork.org>

The Southern First Nations Network of Care designs and manages Southern First Nation Child and Family Services program delivery. It also sets culturally-appropriate standards within provincial policies and funds Southern First Nation CFS agencies.

Southern First Nations CFS agencies include:

- Animikii Ozoson
- Anishinaabe Child and Family Services
- Dakota Ojibway Child and Family Services
- Intertribal Child and Family Services
- Peguis Child and Family Services
- Sagkeeng Child and Family Services
- Sandy Bay Child and Family Services
- Southeast Child and Family Services
- West Region Child and Family Services

SUPPORT SERVICES

The Repatriation Program helps those who have been affected by the 60's scoop adoptions to find and locate birth family and community.

Union Gospel Mission

Family Life Centre

240 Pritchard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-7790
Fax: 1-888-867-6914

Faith Learning Centre (Adult Ed)

220 Pritchard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-1416
Fax: 1-888-449-6820

The Family Life Centre and Faith Learning Centre offer:

- after school programs and camps for children
- women's fellowship meetings
- sponsorship of children to Faith Academy (Kindergarten to – Grade12)
- fully accredited adult education, art, computers and literacy programs
- clothing for women and children

Willow Place Inc.

P.O. Box 1786
Winnipeg, MB R3T 2Z9

Tel: 204-615-0313 ext. 0
Fax: 204-615-1077

24-hour Crisis Line: 204-615-0311 or 1-877-977-0007

Willow Place is a family violence agency supporting transformation, healing and healthy relationships. It was incorporated in April 2015, maintaining Manitoba's long standing tradition of providing services for women and their children who have experienced family violence.

They provide:

- 24-hour crisis line
- emergency shelter in Winnipeg for women and their children leaving family violence situations
- one to one and group counselling
- follow-up services
- advocacy and links to community supports
- outreach and prevention services

Winnipeg Aboriginal Sport and Recreation Association

100 Sinclair Street

Tel: 204-589-2772

SUPPORT SERVICES

Winnipeg, MB R2X 1X1

Fax: 204-586-2772

E-Mail: wasac@wasac.ca

WASRA provides recreation and leadership opportunities for Indigenous youth across the Province of Manitoba.

ADDICTIONS AND RELATED SERVICES

ADDICTIONS AND RELATED SERVICES

AA Alcoholics Anonymous - Manitoba

Central Office

1856 Portage Avenue
Winnipeg, MB R3J 0G9

Tel: 204-942-0126

Fax: 204-957-5024

Email: AACBO@mts.net

Self-help groups for persons suffering from alcoholism.

Addictions Foundation of Manitoba

Head Office

1031 Portage Avenue
Winnipeg, MB R3G 0R8

Website: <http://www.afm.mb.ca>

Tel: 204-944-6200

Fax: 204-786-7768

Toll free: 1-866-638-2561

AFM is a Crown agency that is committed to being a foundation of excellence in providing addictions services and supporting healthy behaviors. AFM employs over 400 staff and provides a wide range of addictions services to Manitobans through 28 locations across the province.

At least one in five Canadians experience problems with alcohol, drugs or gambling during their lifetime. Many more are affected by someone they care about experiencing these struggles. People of all ages and backgrounds experience these issues – and make positive changes with the help of AFM.

Main Street Project

75 Martha Street
Winnipeg, MB R3B 1A4

Tel: 204-982-8260

Fax: 204-982-8266

The Main Street Project (MSP) assists individuals who are in need as a result of poverty, addiction, mental or physical illness, injury, abuse or homelessness. Services include:

- crisis intervention and referral
- emergency shelter
- detoxification programs
- street patrols
- community outreach
- the Mainstay residence (a short-term transitional housing program)

MSP works toward helping individuals break the cycles of addiction and poverty and offers support for those willing to take steps toward a healthier, more independent lifestyle.

ADDICTIONS AND RELATED SERVICES

Native Addictions Council of Manitoba

160 Salter Street
Winnipeg, MB R2W 4K1
Email: info@nacm.ca

Tel: 204-586-8395
Fax: 204-589-3921

The Native Addictions Council works with other agencies and offers the following services:

- assistance, counselling and referral for First People regarding alcohol abuse
- prevention and education on addictions
- an out-patient centre and group counselling;
- management of Pritchard House, an in-patient 20 bed facility for the treatment of addictions (see the following detailed description).

Pritchard House

160 Salter Street
Winnipeg, MB R2W 4K1

Tel: 204-586-8395
Fax: 204-589-3921

Pritchard House operates in the same premises as the Native Addictions Council of Manitoba. This twenty-bed facility offers a rehabilitation program for Aboriginal people and has an all-Aboriginal staff.

Union Gospel Mission

320 Princess Street
P.O. Box 1073
Winnipeg, MB R3C 2X4

Tel: 204-943-9904
Fax: 204-942-7425

The Union Gospel Mission offers a Bible-based addictions recovery program for men. This is a long-term resident program with a Christian perspective that provides help for alcohol and chemical dependency.

MEDICAL SERVICES

MEDICAL SERVICES

Winnipeg Regional Health Authority Indigenous Health

Patient services: 1-877-940-8880

General information: 204-940-8881

Email: indigenoushealth@wrha.mb.ca

Website: <http://www.wrha.mb.ca/indigenoushealth/>

GH215 Health Sciences
Centre
820 Sherbrook Street
Winnipeg, MB R3A 1R9

D2001 St. Boniface
Hospital
409 Tache Avenue
Winnipeg, MB R2H 2A6

3A52 Seven Oaks
General Hospital
2300 McPhillips Street
Winnipeg, MB R2V 3M3

WRHA Indigenous Health builds capacity within the Winnipeg health region to support the holistic needs of First Nations, Metis, and Inuit people.

WRHA Indigenous Health works with Regional programs and facilities in helping identify, develop and implement culturally safe environments, practices and services. WRHA Indigenous Health also provides a range of services for staff, community members, patients and patients' families through its Patient Services, Workforce Development and Cultural Initiatives programs.

- **Indigenous Language Interpretation**
Interpreter Resource Workers provide Indigenous language interpretation in Cree, Ojibway, and Oji-Cree languages to support with full or partial language barrier patients. Interpreters have training in medical terminology and function as members of the health-care team. Services are available Monday to Friday 8:30 a.m. to 11 p.m.
- **Resource Coordination**
Interpreter Resource Workers also support Indigenous patients by helping them navigate the health-care system and connect with additional support services and organizations. This work begins with an assessment that identifies gaps in care, transportation and discharge needs. Services are available Monday to Friday 8:30 a.m. to 11 p.m.
- **Patient Advocacy**
Regional Indigenous Patient Advocates work on behalf of patients both in hospital and in the community to support their needs and rights. The advocate also partners with Assembly of Manitoba Chiefs Patient Advocacy Unit to make sure individuals who live outside of Winnipeg have support.
- **Discharge Planning**
Regional Discharge Planning Coordinators work as part of your health-care team to plan patient discharges. This is to make sure that everyone involved (community, government, health facilities, etc.) have a plan for you or your family member as they leave hospital. This may involve planning health care in the home community, transportation, housing and medical equipment.

MEDICAL SERVICES

- **Spiritual & Cultural Care**
Spiritual/Cultural Care Providers can perform ceremonies and provide support for patients and their families. Many hospitals host smudges and other ceremonies.
- **Traditional Wellness Clinic** is open to everyone and offers support using a traditional healing approach. The clinic is located at Health Sciences Centre and is open two days each month. Appointments can be made by calling 1-877-940-8880.

Amdocs

77 Main Street

Tel: 204-934-1421

Winnipeg, MB R3C 2R1

Website: <http://www.amdocshealth.com/>

Amdocs is a part of The Northwest Company that provides physician services to select First Nations Communities.

Winnipeg Hospitals:

Concordia Hospital

1095 Concordia Avenue

Winnipeg, MB R2K 3S8

Tel: 204-667-1560

Riverview Health Centre

1 Morley Avenue

Winnipeg, MB R3L 2P4

Tel: 204-452-3411

Grace General Hospital

300 Booth Drive

Winnipeg, MB R3J 3M7

Tel: 204-837-0111

Seven Oaks General Hospital

2300 Mc Phillips Street

Winnipeg, MB R2V 3M3

Tel: 204-632-3203

Health Sciences Centre General Hospital

820 Sherbrook Street

Winnipeg, MB R3A 1R9

Tel: 204-774-6511

St Boniface General Hospital

409 Tache Avenue

Winnipeg, MB R2H 2A6

Tel: 204-233-8563

Misericordia Health Centre

99 Cornish Avenue

Winnipeg, MB R3C 1A2

Tel: 204-774-6581

Victoria General Hospital

2340 Pembina Hwy

Winnipeg, MB R3T 2E8

Tel: 204-269-3570

Some Community Based Clinics in Winnipeg:

Aboriginal Health and Wellness Centre of Winnipeg, Inc.

Room 215 - 181 Higgins Avenue

Winnipeg, MB R3B 3G1

Email: reception@ahwc.ca

Tel: 204-925-3700

Fax: 204-925-3709

The Aboriginal Health and Wellness Centre of Winnipeg, Inc. is a community based and culturally based centre that provides holistic services to the Aboriginal community of Winnipeg. The AH&WC's philosophy is rooted in traditional Aboriginal culture. A healthy

MEDICAL SERVICES

person is one who achieves and maintains balance among four elements: body, mind, spirit and emotions. The Aboriginal Health and Wellness Centre offers healing services and resources from both traditional and Western practices. The Aboriginal Health and Wellness Centre is a primary health care facility funded by WRHA (Winnipeg Regional Health Authority). Its hours of operation are:

- Physicians and Nurses: Monday - Friday 8:30 a.m. - 4:30 p.m.
- Traditional Healer/Elder: varies throughout the month
- Please call 204-925-3700 for more information and appointments

The **Aboriginal Health and Wellness Centre** offers many programs including: Head Start, Fetal Alcohol Syndrome/Effects Education Program, Abinotci Mino-Ayawin (children's healing), a Men's Healing Wellness Program, Women's Healing Program, and an Indian Residential School-Alternative Dispute Resolution Program.

WRHA Population & Public Health Centres

Community Area Teams provide services related to:

- Healthy Parenting and Early Childhood Development
- Healthy Children and Youth
- Nutrition Promotion
- Communicable Disease Prevention and Management
- Immunization
- and others

Downtown Community Office

2-640 Main Street
Winnipeg, MB. R3B 0L8
Tel: 204-940-1626

St. Vital Community Office

6-845 Dakota Street
Winnipeg, MB R2M 5M3
Tel: 204-940-2045

Point Douglas Community Health Centre

601 Aikins Street
Winnipeg, MB R2W 4J5
Tel: 204-940-2025

ACCESS NorWest

2013-785 Keewatin Street
Winnipeg, MB R2X 3B9
Tel: 204-938-5900

ACCESS River East

975 Henderson Highway
Winnipeg, MB R2K 4L7
Tel: 204-938-5000

ACCESS Winnipeg West

280 Booth Drive (beside Grace Hospital)
Winnipeg, MB. R3J 3R7
Tel: 204-940-2040

River Heights Health & Social Services Centre

2nd Floor, 1001 Corydon Avenue
Winnipeg, MB R3M 0B6
Tel: 204-938-5144

ACCESS Transcona

845 Regent Avenue West
Winnipeg, MB R2C 3A9
Tel: 204-938-5555

MEDICAL SERVICES

ACCESS Fort Garry

135 Plaza Drive
Winnipeg, MB R3T 6E8
Tel: 204-940-7091

ACCESS St. Boniface

4-170 Goulet Street
Winnipeg, MB R2H 0R7
Tel: 204-940-2035

Hope Centre Health Care, Inc.

240 Powers Street
Winnipeg, MB R2W 5L1
Email: hopece@mymts.net

Seven Oaks Health & Social Services Centre

Unit 3 - 1050 Leila Avenue
Winnipeg, MB R2P 1W6
Tel: 204-938-5600

Tel: 204-589-8354
Fax: 204-586-4260

Hope Center Health Care Inc. is a charitable organization that began in 1982. Hope Centre Health Care Inc. is designed to be a place for people to find hope for spiritual, emotional, physical and social healing. Counselling and community outreach services include:

- individual, couple, family and group counselling
- crisis counselling
- support and advocacy
- group programs
- information
- special events and workshops
- home visits and referrals
- general medical care (by appointment only)
- sexually transmitted disease testing and treatment
- pregnancy tests, prenatal care and birth control
- pap tests (cervical cancer screening)
- diabetic management and education
- foot care
- emergency food
- shoe closet
- community garden
- public computers and Internet access

The Centre is open Monday, Tuesday, Thursday and Friday from 9 a.m. to 5 p.m. and Wednesdays from 10 a.m. to 5 p.m. Please note they are closed daily from 12 p.m. to 1 p.m. for lunch.

Klinic Community Health Centre

870 Portage Avenue
Winnipeg, MB R3G 0P1
Email: klinic@klinik.mb.ca

Tel: 204-784-4090

Website: <http://www.klinik.mb.ca>

MEDICAL SERVICES

Klinic is a non-profit, community based health and social services centre located in the core area of Winnipeg. It provides medical and community services to the surrounding community, as well as providing specialized crisis, sexual assault, family abuse counselling services and public education and training for the greater Winnipeg community and occasionally for those persons in rural and northern areas of the province.

Klinic promotes health and quality of life for all. It helps people make choices about their own health in a context which is culturally sensitive and supportive of personal and community development. It also seeks to address the special needs of our neighbourhoods and helps communities organize on issues of concern; and it looks to its community for direction.

Specific services include:

- medical appointments, Teen Klinic, information: 204-784-4090
- community services outreach: 204-784-4020
- 24-hour crisis/suicide line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- deaf access line TTY crisis / suicide / sexual assault crisis line: 204-784-4097
- crisis counselling intake: 204-784-4059
- sexual assault counselling appointments: 204-784-4049
- domestic abuse counselling (Evolve) intake line: 204-784-4208
- public education and training: 204-784-4066
- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

Drop-in counselling is available in the following communities:

Central/Downtown

Klinic on Broadway

545 Broadway
Winnipeg, MB R3C 0W3

Tel: 204-784-4204

Mondays & Wednesdays noon – 7 p.m. Fridays & Saturdays noon – 4 p.m.

Transcona/River East/Elmwood

400A – 1615 Regent Avenue West
Winnipeg, MB R2C 5C6

Tel: 204-784-4067

Email: dropin@klinic.mb.ca

MEDICAL SERVICES

Mount Carmel Clinic

886 Main Street
Winnipeg, MB R2W 5L4

Tel: 204-582-2311
Fax: 204-582-1341

People are at the heart of Mount Carmel Clinic - Canada's first community health centre designed to meet the needs of both individuals and families. The Clinic offers a broad range of medical, nursing, diagnostic, pharmaceutical, dental, social and outreach services, cross-cultural counselling, teen clinic and community education services. All services are offered using a respectful, non-judgmental and collaborative approach to working together for a healthy community. A children's day hospital and Anne Ross Day Nursery offer childcare, special needs programming and family support.

The Clinic is open:

- Monday to Friday 8:45 a.m. to 5 p.m.
- Tuesday and Thursday evenings to 8 p.m.
- Saturday open from noon to 4 p.m. for Teen Clinic only
- Anne Ross Day Nursery 7:30 a.m. to 5:30 p.m.

First Nations Health and Social Secretariat of Manitoba

Head Office:

472 Madison Street
Winnipeg, MB R3J 1J1

Tel: 204-942-9400
Fax: 204-946-9768

Sub-Office:

Suite 1700 – 275 Portage Avenue
Winnipeg, MB R3B 2B3

Tel: 204-946-9735
Fax: 204-946-9768

To continue the advancement of eHealth and Information & Communication Technology (ICT) services that support health care delivery in order to have better health outcomes for Manitoba First Nations (MFNs), as per the MFNs eHealth Long Term Strategy (eHLTS).

Nine Circles Community Health Service

705 Broadway
Winnipeg, MB R3G 0X2
Toll free: 1-888-305-8647

Tel: 204-940-6001
Fax: 204-940-6003
STI line: 204-945-2437

Nine Circles offers a peer outreach program aimed at HIV-hepatitis C prevention, and services for Aboriginal people with HIV. Staff includes an Elder who conducts Healing Circles.

Inkster Public Health

103 - 61 Tyndall Avenue
Winnipeg, MB R2X 2T4

Tel: 204-940-2020

MEDICAL SERVICES

Point Douglas Community Clinic

872 Main Street
Winnipeg, MB R2W 3P1

Tel: 204-942-3506

Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc.

Box 84
Fort Alexander, MB R0E 0P0

Tel: 204-367-2172

Fax: 204-367-2324

Website: <http://www.sagkeengfamilytreatment.ca/>

Toll free: 1-866-329-0736

Selkirk Mental Health Centre (SMHC)

Aboriginal Services and Spiritual Health Care Program

PO Box 9600
825 Manitoba Avenue
Selkirk, MB R1A 2B5
Email: smhc@gov.mb.ca

Toll free: 1-800-881-3073

Tel: 204-482-3810

Fax: 204-785-8936

Website: www.gov.mb.ca/health/smhc

SMHC is a 252-bed facility that provides specialized in-patient mental health and acquired brain injury treatment and rehabilitation services to residents of Manitoba whose challenging needs cannot be met elsewhere in the provincial health care system. SMHC also provides mental health services to people from the Territory of Nunavut without locally available in-patient mental health facilities. Services are provided through five specialized patient programs:

- acute
- geriatric
- rehabilitation
- forensic
- acquired brain injury

SMHC's Aboriginal Services and Spiritual Health Care Program provides Aboriginal (First Nation, Metis or Inuit) patients with access to culturally appropriate programs and services to support them in meaningful ways during their stay and to lessen the feelings of isolation from their home communities. The program also aims to reduce stigma and myths by educating patients and staff about the Aboriginal culture and the impact of residential schools. Services include:

- providing individualized supports and social interactions with patients
- assisting in cultural recreational/vocational and educational activities and programs
- assisting individuals and groups understand the traditional culture, social and spiritual relevance of activities and events
- translation services in some languages
- spiritual guidance provided by Elders, to support and assist patients in their well-being and recovery journey

MEDICAL SERVICES

- cultural teachings
- awareness training for patients and staff
- sweat lodge ceremonies
- smudging
- other traditional, spiritual ceremonies as requested

The Northern Connection Medical Centre (NMC)

425 Elgin Avenue
Winnipeg, MB R3A 1P2

Tel: 204-940-8777

NMC provides primary care and other medical services for northern and remote residents who are temporarily in Winnipeg, while at the same time helping train medical residents to become family physicians who will work in northern and remote locations.

Turtle Island Medical Clinic

870 Main Street
Winnipeg, MB R2W 3P1

Tel: 204-586-8816

Women's Health Clinic

419 Graham Avenue, Unit A
Winnipeg, MB R3C 0M3
TTY: 204-956-0385

Tel: 204-947-1517

Fax: 204-943-3844

Email: ressec@womenshealthclinic.org

Website: <http://www.womenshealthclinic.org>

Started in 1981, Women's Health Clinic is a feminist, community based health centre offering a range of services to women from teens to elders. Our holistic approach emphasizes prevention, education and action. We encourage women to learn all they can about what contributes to their health and well-being, so they can make informed choices.

Women's Health Clinic offers:

- health and wellness services, which are women-centred, non-judgmental and fully confidential
- advocacy and research on issues of concern to women's health
- health education to community and professional groups
- resources and information
- training and experience for volunteers and students

The clinic helps bring together agencies and individuals for education and action on issues such as birthing and midwifery, new reproductive and genetic technologies and health reform. The clinic serves as the Manitoba base for the newly formed Canadian Women's Health Network and is a partner in the Prairie Women's Health Centre of Excellence.

MEDICAL SERVICES

Women's Health Clinic Hours of Operation:

- Monday, Tuesday, Wednesday & Saturday 9 a.m. - 8 p.m.
- Thursday 9 a.m. - 9 p.m.
- Friday 9 a.m. - 4:30 p.m.
- Teen Clinic Thursday 3 p.m. - 8 p.m.

Youville Centre

33 Marion Street
Winnipeg, MB R2H 0S8

Tel: 204-233-0262
Fax: 204-233-1520

6 - 845 Dakota Street
Winnipeg, MB R2M 5M3

Tel: 204-255-4840
Fax: 204-255-4903

Youville Centre in St. Vital is a community based accessible health resource centre. There is a diverse mix of services, some available in both official languages, ranging from health care and wellness education, to counselling and support. The staff of qualified, dedicated health care professionals includes:

- community health nurses
- clinical nurse specialists
- a nurse practitioner
- diabetes educators
- dietitians
- mental health counsellors
- a part-time physician (for Teen Clinic only)

The Youville Centre's Diabetes Education Resource Team assists clients with diabetes and their families with the necessary education and support to help them be more responsible in the overall management of diabetes.

Arrangements for Medical Service:

Medical Services - Referral Unit

300 - 391 York Avenue
Winnipeg, MB R3C 4W1

Tel: 204-983-4199
Fax: 204-983-6018

This service provides transportation, escorts, accommodation, medical appointments for reserve patients. The service is in daily contact with reserve nursing stations and also offers a 24-hour answering service. This service is for treaty Indians on reserves outside of Winnipeg.

MEDICAL SERVICES

Services to Other Regions

220 - 189 Evanson Street
Winnipeg, MB R3G 0N9
After hours: **Tel:** 204-945-8911

Tel: 204-945-5535
Tel: 204-945-6599
Fax: 204-940-2636

Services include transportation, escorts, accommodation and appointments for clients outside of Winnipeg who are receiving Employment and Income Assistance.

Manitoba Health Emergency Service

Unit 7 - 1680 Ellice Avenue
Winnipeg, MB R3H 0Z2
Email: emergserv@gov.mb.ca

Tel: 204-945-5300
Fax: 204-948-2531

Northern Patients' Transportation Program

This program provides transportation for patients and escorts from regions north of the 53rd parallel. Those regions include:

Regional Transportation Officer **Tel:** 1-800-290-1098
c/o Thompson General Hospital Thompson, MB R8N 0C0

Serving: Brochet, Cross Lake, Garden Hill, Gillam, God's Lake, God's River, Granville Lake, Ilford, Island Lake, Lac Brochet, Leaf Rapids, Lynn Lake, Nelson House, Oxford House, Piwitonei, Red Sucker Lake, Shamattawa, South Indian Lake, Split Lake, St. Theresa Point, Tadoule Lake, Thicket Portage, Thompson, Wabowden, Wasagamack and York Landing

Northeast Region

Regional Transportation Officer **Tel:** 204-367-4441
c/o Pine Falls Health Complex Box 2000 Pine Falls, MB R0E 1M0

Serving: Beren's River, Big Black River, Bissett, Bloodvein, Little Grand Rapids, Long Body Creek, Loon Straits, Manigotogan, Pauingassi, Pine Falls, Poplar River, Princess Harbour and Wanipigow

Norman Region

This region has two offices:

Churchill

Regional Transportation Officer
c/o Churchill Health Care
Churchill, MB R0B 0E0
Tel: 204-675-8881

The Pas

Regional Transportation Officer
c/o The Pas Health Complex
P.O. Box 240
The Pas, MB R9A 0A5
Tel: 204-623-6431

Serving: Cormorant, Easterville, Grand Rapids, Moose Lake, Pukatawagan, The Pas and Wanless

MEDICAL SERVICES

Flin Flon Region

Regional Transportation Officer c/o Flin Flon General Hospital
Box 340 **Tel:** 204-687-9638
Flin Flon, MB R8A 1N2

Serving: Cranberry Portage, Sherridon, Snow Lake and Flin Flon

Patient Information Services - Winnipeg Hospitals

St. Boniface Hospital	Tel: 204-237-2193
Health Sciences Centre	
Children's Hospital (24-hour service)	Tel: 204-787-2595
Adult Hospitals (24-hour service)	Tel: 204-787-3661
Seven Oaks Hospital	Tel: 204-632-3224
Grace Hospital	Tel: 204-837-0111
Victoria Hospital	Tel: 204-269-3570
Misericordia Hospital	Tel: 204-788-8364

Hospital pastoral care services - Winnipeg hospitals

St. Boniface Hospital	Tel: 204-237-2356
Health Sciences Centre	Tel: 204-787-3884
Seven Oaks Hospital	Tel: 204-632-3596
Grace Hospital	Tel: 204-837-0105
Victoria Hospital	Tel: 204-477-3216
Misericordia Hospital	Tel: 204-788-8283

Specialized Medical Services

Detoxification Centre, 75 Martha Street Winnipeg, MB R3B 1A4	Tel: 204-982-8240
--	--------------------------

Specialized Services for Children and Youth (SSCY)

1155 Notre Dame Avenue Winnipeg, MB R3E 3G1	Tel: 204-452-4311 Fax: 204-258-6799
Website: http://sscy.ca/	

The SSCY is an alliance of families, community agencies, regional health authorities, and government that provides specialized community based services for children and youth with disabilities and special needs to support them in reaching their full potential. SSCY services are delivered in a coordinated, integrated, family centred manner by bringing stakeholders together to provide expertise in service delivery, research, education and technology serving the Province of Manitoba and surrounding areas. Some programs offered through SSCY include:

- augmented communication
- audiology
- child development clinic
- Manitoba FASD Centre
- specialty medical clinics

MEDICAL SERVICES

- physiotherapy
- occupational therapy
- prosthetics and orthotics
- respite
- speech language pathology services
- family resource centre

Other Medical Services:

Centre for Aboriginal Health Research (CAHR)

Suite 715, 7th floor
Buhler Research Centre
715 McDermot Avenue
Winnipeg, MB R3E 3P4

Tel: 204-789-3250

Fax: 204-975-7783

Email: cahr@mb.umanitoba.ca

Website: http://www.umanitoba.ca/centres/centre_aboriginal_health_research/

The CAHR is a joint initiative of the Assembly of Manitoba Chiefs, the Faculty of Medicine at the University of Manitoba, and the Foundations for Health. The CAHR was established through a generous contribution from the Assembly of Manitoba Chiefs to the fundraising campaign of the Foundations for Health for the construction of the Buhler Centre for Health Research. Development of the CAHR was also facilitated by a research infrastructure grant awarded to the University of Manitoba by the Canadian Foundation for Innovation and the Manitoba Innovation Fund. Operating funds have been awarded by the Canadian Institutes for Health Research and the Social Science and Humanities Research Council.

The CAHR will initiate, coordinate and support research activities designed to assist First Nations and Aboriginal communities and organizations in their efforts to promote healing, wellness and improved health services in their communities. The research program will integrate scientific and traditional Aboriginal approaches to produce new knowledge about health care in First Nations and Aboriginal communities.

Dakota Ojibway Health Services

4820 Portage Avenue
Winnipeg, MB R4H 1C8

Tel: 204-988-5391

Fax: 204-947-5179

This service provides technical and advisory services to the eight member nations in the Dakota Ojibway Tribal Council.

Dial-A-Life Housing, Inc.

100-130 Watson Street
Winnipeg, MB R2P 1Y4

Tel: 204-694-9170

Fax: 204-632-5963

This housing program provides suitable and affordable housing for medically displaced persons and their families of Aboriginal ancestry. It will be home to Aboriginal patients who have reached end stage renal disease and have to relocate to Winnipeg for dialysis. Dial-A-Life provides a good home environment for those having to leave the reserve and adjust to city living.

MEDICAL SERVICES

Faculty of Medicine - J.A. Hildes Northern Medical Unit

University of Manitoba

T162 - 770 Bannatyne Avenue

Winnipeg, MB R3E 0W3

Email: jah_nmu@umanitoba.ca

Tel: 204-789-3711

Fax: 204-774-8919

The J. A. Hildes Northern Medical Unit was established as a University of Manitoba outreach program to First Nations and Inuit communities. Founded on a triad of clinical service, education and research, it is in its fourth decade of commitment to enhancing the health and well-being of Canadian Aboriginal peoples. Additionally, as a member unit of the Department of Community Health Sciences, it enriches the Faculty of Medicine in its advocacy role for and with Indigenous peoples throughout Manitoba and Nunavut.

First Nations and Inuit Health Branch (Health Canada)

300 - 391 York Avenue

Winnipeg, MB R3C 4W1

Tel: 204-983-4199

Fax: 204-983-6018

North Zone Office:

Suite 202 - 83, Churchill Drive

Thompson, MB R8N 0L6

Tel: 204-677-6980

Fax: 204-677-7007

About First Nations and Inuit Health Branch:

First Nations and Inuit Health Branch supports the delivery of public health and health promotion services on-reserve and in Inuit communities. It also provides drug, dental and ancillary health services to First Nations and Inuit people, regardless of residence. The Branch also provides primary care services on-reserve in remote and isolated areas, where there are no provincial services readily available.

Nursing Stations and Hospitals

Hospitals (Health Canada):

Norway House Indian Hospital

Norway House, MB R0B 1B0

Tel: 204-359-6731

Fax: 204-359-6599

Percy E. Moore Hospital

Box 190

Hodgson, MB R0C 1N0

Tel: 204-372-8444

Fax: 204-372-6991

Manitoba Health - Provincial Nursing Station Unit

2nd Floor - 300 Carlton Street

Winnipeg, MB R3B 3M9

Tel: 204-788-6685 / 204-788-6664

Fax: 204-948-2366

The Provincial Nursing Station Unit manages the operation of nursing stations at Easterville / Chemawawin Cree Nation, Grand Rapids / Grand Rapids First Nation, and Moose Lake /

MEDICAL SERVICES

Mosakahiken Cree Nation. These stations provide emergency, primary and public health nursing services to the communities they serve. The unit also participates in planning the transfer of the nursing stations to local community health authorities.

Grand Rapids First Nation

Box 53
Grand Rapids, MB R0C 1E0

Tel: 204-639-2215
Fax: 204-639-2448

Chemawawin Cree Nation

Box 122
Easterville, MB R0C 0V0

Tel: 204-329-2212
Fax: 204-329-2337

Mosakahiken Cree Nation

General Delivery
Moose Lake, MB R0B 0X0

Tel: 204-678-2252
Fax: 204-678-2343

Nursing Stations and Health Centres (Health Canada) :

Adam Hardisty
P.O. Box 2567
Wanipigow, MB R0E 2E0
Tel: 204-363-7364
Fax: 204-363-7201

Brokenhead Health Centre
Scanterbury, MB
R0E 1W0
Tel: 204-766-2740
Fax: 204-766-2634

Fort Alexander Health
P.O. Box 70
Pine Falls, MB R0E 1M0
Tel: 204-367-2209
Fax: 204-367-4587

Berens River Nursing
Station
Berens River, MB
R0B 0A0
Tel: 204-382-2265
Fax: 204-382-2005

Cross Lake Nursing
Station
Cross Lake, MB R0B 0J0
Tel: 204-676-2011
Fax: 204-676-3179

Gambler Health Office
Box 250
Binscarth, MB R0J 0G0
Tel: 204-532-2192
Fax: 204-532-2359

Birdtail Sioux Health Office
P.O. Box 131
Beulah, MB R0H 0B0
Tel: 204-568-4545
Fax: 204-568-4615

Ebb & Flow Health Centre
Ebb & Flow, MB R0L 0R0
Tel: 204-448-2665
Fax: 204-448-2404

Garden Hill Nursing
Station
Island Lake, MB R0B 0T0
Tel: 204-456-2343
Fax: 204-456-2866

Bloodvein Nursing Station
Bloodvein, MB R0C 0J0
Tel: 204-395-2161
Fax: 204-395-2087

Fairford Health Centre
General Delivery
Fairford, MB R0C 0X0
Tel: 204-659-5786
Fax: 204-659-5841

God's Lake Narrows
Nursing Station
God's Lake Narrows, MB
R0B 0M0
Tel: 204-335-2557
Fax: 204-335-2043

Brochet Nursing Station
Brochet, MB R0B 0B0
Tel: 204-323-2120
Fax: 204-323-2650

Fisher River Health Centre
Box 362
Koostatak, MB R0C 1S0
Tel: 204-645-2689
Fax: 204-645-2461

God's River Nursing
Station
God's River, MB R0B 0N0
Tel: 204-366-2355
Fax: 204-366-2474

MEDICAL SERVICES

Jackhead Health Centre
P.O. Box 359
Hodgson, MB R0C 1N0
Tel: 204-394-2370
Fax: 204-394-2194

Lac Brochet Nursing
Station
Lac Brochet, MB R0B 2E0
Tel: 204-337-2161
Fax: 204-337-2143

Lake St. Martin Health
Centre
P.O. Box 69
Gypsumville, MB R0C 1J0
Tel: 204-659-2090
Fax: 204-659-5486

Little Grand Rapids
Nursing Station
Little Grand Rapids, MB
R0B 0V0
Tel: 204-397-2115
Fax: 204-397-2016

Lake Manitoba Health
Centre
Vogar, MB R0C 3C0
Tel: 204-768-2304
Fax: 204-768-2791

Little Saskatchewan
Health Office
St. Martin, MB R0C 2T0
Tel: 204-659-5278
Fax: 204-659-5782

Long Plain Health Centre
P.O. Box 580
Portage La Prairie, MB
R1N 3B9
Tel: 204-252-2369
Fax: 204-252-2898

Little Black River Health
Office
O'Hanley, MB R0E 1K0
Tel: 204-367-8089
Fax: 204-367-4188

Oak Lake Sioux Health
Office
P.O. Box 11
Pipestone, MB R0M 1T0
Tel: 204-854-2990
Fax: 204-854-2221

Pauingassi Nursing
Station
P.O. Box 32
Pauingassi, MB R0B 2G0
Tel: 204-397-2395
Fax: 204-397-2104

Nelson House Nursing
Station
Nelson House, MB
R0B 1A0
Tel: 204-484-2031
Fax: 204-484-2284

Pine Creek Health Centre
P.O. Box 70
Camperville, MB R0L 0J0
Tel: 204-524-3000
Fax: 204-524-2836

Dauphin River Health
Office
Box 129
Gypsumville, MB R0C 1J0
Tel: 204-659-5370
Fax: 204-659-2109

Red Sucker Lake Nursing
Station
Red Sucker Lake, MB
R0B 1H0
Tel: 204-469-5351
Fax: 204-469-5769

Peguis Health Centre
P.O. Box 690
Peguis, MB R0C 3J0
Tel: 204-645-2169
Fax: 204-645-2874

Roseau River Health
Centre
P.O. Box 90
Ginew, MB R0A 2R0
Tel: 204-427-2384
Fax: 204-427-2484

Rolling River Cultural
Education Program
Box 145, Erickson, MB
R0J 0P0
Tel: 204-636-2211
Fax: 204-636 7823

Manitoba Health - Aboriginal Health Branch

2nd floor - 300 Carlton Street
Winnipeg, MB R3B 3M9

The mandate of the Aboriginal Health Branch is to develop partnerships within the Aboriginal community to improve the health status of Aboriginal peoples. These partnerships are based on a scientific evidence framework to ensure health outcomes and

MEDICAL SERVICES

to reduce the cost of health care delivery. The work of the Aboriginal Health Branch will focus on a variety of areas such as respiratory rates in children, the epidemic of diabetes in Aboriginal people, midwifery initiatives, and health and wellness within communities. It is anticipated that initial pilot projects in these areas will be community and culturally based in response to the health needs of Aboriginal people.

National Aboriginal Diabetes Association (NADA)

103-90 Garry Street
Winnipeg, MB R3C 4H1
Email: diabetes@nada.ca

Tel: 204-927-1224
Fax: 204-927-1222
Website: <http://www.nada.ca>

The Mission of the National Aboriginal Diabetes Association is to address diabetes amongst Aboriginal Peoples by creating networks and opportunities for individuals, families and communities within their beliefs, traditions, and values. NADA is unique. It is the only non-government office with official non-profit status working in Aboriginal diabetes. Its goals are to:

- support individuals, families and communities to access resources for diabetes prevention, education and research.
- create working relationships with organizations committed to the prevention and management of diabetes.
- promote community wellness as a strategy to prevent diabetes.
- manage and operate in effective and efficient ways.

Regional Health Authorities in Manitoba

Manitoba's health care system is a broad network of services and programs. Overseeing this system is Manitoba Health, Seniors and Active Living, a department of the provincial government. For the most part, the actual services are delivered through the 11 regional agencies set up by the province to meet the local needs of Manitobans. In this model, the regional health authorities are responsible within the context of broad provincial policy direction, for assessing and prioritizing needs and health goals, and developing and managing an integrated approach to their own health care system.

Winnipeg Regional Health Authority (WRHA)

Corporate Office

1800 - 155 Carlton Street
Winnipeg MB R3C 4Y1
Website: <http://www.wrha.mb.ca>

Tel: 204-926-7000
Fax: 204-926-7007

Community Health Care

General Information

Tel: 204-940-2273

Public Health Nursing Services:

Provide services that are focused on health promotion, illness and injury prevention and

MEDICAL SERVICES

health protection. Each public health nurse (PHN) provides services in a community area. Public health nurses work in partnership with individuals, families, groups, other agencies, schools, daycares and group homes. A PHN can assist the client in addressing health issues such as: pregnancy, infant care and feeding, child development, safety, parenting, birth control, family violence, substance abuse, immunization, communicable disease prevention and follow-up, sexually transmitted infections, and crisis intervention. PHNs facilitate many group initiatives such as well-baby clinics, prenatal groups, community kitchens, kids cooking club, and participate in and contribute to neighbourhood events. PHNs are located in a number of geographically based offices including:

Aikins Street Community Health Centre
601 Aikins Street
Winnipeg, MB R2W 4J5
Tel: 204-940-2025

River Heights-River Avenue Health Centre
385 River Avenue
Winnipeg, MB R3L 0C4
Tel: 204-940-2000

Inkster Public Health
103 - 61 Tyndall Avenue
Winnipeg, MB R2X 2T4
Tel: 204-940-2020

WRHA Community Services Downtown
102 - 490 Hargrave Street
Winnipeg, MB R3A 0X7
Tel: 204-940-2274

Health Action Centre
425 Elgin Avenue
Winnipeg, MB R3A 1P2
Tel: 204-940-1626
STI Information Line: 204-940-2210

Oral and Dental Health Services (for adults and children):
Machray School
320 Mountain Avenue
Winnipeg, MB R2W 1K1
Tel: 204-940-2090

John M. King School
525 Agnes Avenue
Winnipeg, MB R3G 1N7
Tel: 204-940-2094

Other Manitoba Regional Health Authorities (RHAs)

Assiniboine Regional Health Authority
192-1st Avenue West
Box 579
Souris, MB R0K 2C0

Toll free: 1-888-682-2253
Tel: 204-483-5000
Fax: 204-483-5005
Website: www.assiniboine-rha.ca

Brandon Regional Health Authority
150A - 7th Street
Brandon, MB R7A 7M2

Tel: 204-571-8400
Fax: 204-726-8505
Website: www.brandonrha.mb.ca

Burntwood Regional Health Authority
867 Thompson Drive South
Thompson, MB R8N 1Z4

Tel: 204-677-5355
Fax: 204-677-5366
Website: www.brha.mb.ca

Churchill RHA Inc.
Churchill Health Centre
Churchill, MB R0B 0E0

Tel: 204-675-8318
Fax: 204-675-2243
Website: www.churchillrha.mb.ca

MEDICAL SERVICES

Interlake Regional Health Authority

589 3rd Avenue South
Stonewall, MB R0C 2Z0

Website: www.irha.mb.ca

Toll free: 1-888-488-2299

Tel: 204-467-4742

Fax: 204-467-4750

NOR-MAN Regional Health Authority

P.O. Box 130
84 Church Street
Flin Flon, MB R8A 1M7

Tel: 204-687-1300

Fax: 204-687-6405

Website: www.norman-rha.mb.ca

North Eastman Health Authority

Box 339
24 Aberdeen Avenue
Pinawa, MB R0E 1L0

Toll free: 1-877-753-2012

Tel: 204-753-3101

Fax: 204-753-2015

Website: www.neha.mb.ca

Opaskwayak Health Authority

Box 10280
Opaskwayak, MB R0B 2J0

Email: oha@opaskwayak.ca

Tel: 204-627-7025

Fax: 204-623-5496

Website: <http://opaskwayak.ca/oha.php>

Parkland Regional Health Authority

Room 112
27-2nd Avenue South West
Dauphin, MB R7N 3E5

Toll free: 1-800-259-7541

Tel: 204-622-6223

Fax: 204-622-6232

Website: www.prha.mb.ca

Regional Health Authority - Central Manitoba Inc.

Box 243
Southport, MB R0H 1N0

Website: www.rha-central.mb.ca

Toll free: 1-800-742-6509

Tel: 204-428-2000

Fax: 204-428-2020

South Eastman Health/Santé Sud-Est Inc.

Box 470
La Broquerie, MB R0A 0W0

Website: www.sehealth.mb.ca

Tel: 204-424-5880

Fax: 204-424-5888

EDUCATION

EDUCATION

Indigenous Languages of Manitoba Association, Inc.

119 Sutherland Avenue
Winnipeg, MB R2W 3C9

Tel: 204-989-6392
Fax: 204-989-6396

Email: ilm@indigenouslanguagesofmb.com

Website: <http://www.indigenouslanguagesofmb.com/>

Indigenous Languages of Manitoba Inc.(ILM) formerly known as Aboriginal Languages of Manitoba Inc. was incorporated in 1985 to promote the retention of Manitoba's Aboriginal languages.

The Native Education Concerns Group, which was formed in 1978, addressed the issue of the need for Aboriginal language preservation. The Association was established in response to this issue and plan to:

- develop, promote and implement a standardized writing system for each of the seven languages
- establish and nurture an advisory group of Aboriginal language experts to meet the objectives of ILM
- provide for the development of Aboriginal language educational programs in the Province of Manitoba
- establish and maintain an Aboriginal language educational centre for people learning Aboriginal languages
- do everything incidental or conducive to the attainment of the above objectives

Centre for Indigenous Environmental Resources (CIER)

3rd floor - 245 McDermot Avenue
Winnipeg, MB R3B 0S6

Tel: 204-956-0660
Fax: 204-956-1895

Email: earth@cier.ca

Website: <http://www.cier.ca>

The Centre for Indigenous Environmental Resources (CIER) is a national, non-political, First Nations organization. CIER mandates is to design and implement environmental capacity building measures through education, research, communications and consulting and by combining both Indigenous and western science perspectives. Environmental capacity building for First Nations is achieved through delivery of a University of Manitoba accredited two-year environmental studies curriculum to First Nations students. CIER also develops and delivers environmental training programs, which combine Indigenous knowledge and western science perspectives to First Nations, government and the private sector. Environmental consulting services are provided through Winds and Voices Environmental Services Inc. (WAVES). WAVES provides services in the following areas: environmental assessment, social impact assessment, environmental site assessment, environmental problem solution, program review and evaluation.

EDUCATION

Children of the Earth School

100 Salter Street
Winnipeg, MB R2W 5M1
Email: cote@wsd1.org

Tel: 204-589-6383
Fax: 204-589-4822

The Children of the Earth High School program believes in the dignity, value, and worth of each individual. We recognize that students have attitudes, desires, and abilities that differ widely and that changing times present new challenges and demands. Hence, the school believes that the basic purpose of education is to provide a pathway through which each individual may realize self-respect, self-fulfillment, and his/her relevance in a dynamic society. The school also believes in quality education that is culturally based, flexible, and centered on the needs of the students.

The Winnipeg School Division, Children of the Earth High School staff, students, parents, and community collaborate and consult as a team. The group is committed to providing culturally based quality education in an environment that will afford students the opportunity to develop the necessary skills, attitudes, and social behaviours that will help them meet life's challenges. the challenges of life.

Family Life Centre (Union Gospel Mission)

Box 1073
240 Prichard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-7790
Fax: 204-586-7813

Family Life Centre's Upgrading Program offers classes to students wishing to advance their English, Intake Math, Computer Use Basics and Piano. When the students have finished the upgrading program, they can enter our Mature Student High School Diploma Program. Students who are ready for high school can start taking courses at the senior 1, 2, 3, and 4 levels. To graduate from high school as a mature student, the student must complete four Grade 12 courses including, one English, one math and four other courses at any senior level. To register with the Faith Life Centre, students are required to undergo an assessment. The results of the assessment will be used to determine at what grade level the student will be placed.

Frontier School Division No. 48

30 Speers Road
Winnipeg, MB R2J 1L9
Email: frontier@frontiersd.mb.ca

Tel: 204-775-9741
Fax: 204-775-9940
Website: <http://www.frontiersd.mb.ca>

Mission Statement:

Our Children

The Division's efforts are for **every child**, using the broadest definition of the word children.

Our Success

This describes our Division operating at its peak. When the collective energy of every component of our system is harnessed, success is achieved.

EDUCATION

Our Future

This is the focus of our planning. This is what lies ahead. This is what inspires us. If we are thoughtful and thorough enough with the first two components of the mission statement, then we can realize together a successful future for our children.

Our Visions, our Beliefs

- students are healthy and successful
- parents provide support, guidance and direction
- families build a strong foundation for students
- staff are participating members of the community
- high standards of teaching result in academic excellence
- appropriate educational programming is provided for all students
- school programs reflect the needs and aspirations of the community
- language and culture are celebrated in the community building the school's identity
- schools are safe places where individuals are respected, cared for and valued
- Frontier School Division is an innovative and dynamic leader in education

These are 10 strong and positive statements about students, parents and families, staff and programs, safe schools, and the Division as a leader. The statements add clarity to our purpose, focus, approach, and identity. They support the phrase – Our Children, Our Success, Our Future – and further define our mission. The statements encompass what the Board believes must be the guiding principles, goals and universal values that will help us all move in the direction of our mission. They are our “North Star”. These statements must be revisited often and can be the lens through which we view all that we do. When we look at all that we are and all that we do, then we can truly believe that our mission is Our Children, Our Success, Our Future.

Manitoba First Nations Education Resource Centre (MFNERC)

2-1100 Waverley Street
Winnipeg, MB R3T 0P4
Toll free: 1-877-247-7020

Tel: 204-594-1290
Fax: 204-942-2490
Website: <http://www.mfnerc.com>

Other Office:

Manitoba First Nations Resource Centre
202-79 Selkirk Avenue
Thompson, MB R8N 0M7

Tel: 204-677-0930
Fax: 204-677-0938
Toll free: 1-877-506-1568

The purpose of MFNERC is to provide education specialist service delivery to First Nation schools.

EDUCATION

The focus of the services is to provide assistance towards the implementation of the province's *New Directions* curriculum that is relevant to First Nation students' needs, provide the direction and leadership for long-term education reform that will lead to the development of a First Nations Curriculum, and provide training, guidance, and support to First Nations staff and educational leadership to facilitate capacity building.

Manitoba Hydro Awards, Bursaries and Scholarships for Aboriginal People

P.O. Box 815 Station Main
Winnipeg, MB R3C 2P4

Tel: 204-474-4560

Fax: 204-474-4820

Website: http://www.hydro.mb.ca/in_the_community/awards_bursaries_scholars.shtml

Aboriginal students undertaking full-time studies (60% course load) in a field that is relevant to Manitoba Hydro's operations may qualify for awards, bursaries, scholarships and priority consideration for summer or full-time employment opportunities.

Manitoba Indigenous Cultural Education Centre

119 Sutherland Avenue
Winnipeg MB R2W 3C9

Tel: (204) 942 0228

Fax: (204) 947 6564

Email: info@micec.com

The Manitoba Indigenous Cultural Education Centre (MICEC) is a provincial, non-profit, charitable and educational organization that works to promote awareness and understanding of Indigenous culture for all Manitobans. MICEC's programs and services include the People's Library, the Heritage Collection and the Community Connection Program. The People's Library has more 10,000 books and videos available for lending. The Heritage Collection includes nearly 600 artifacts, artwork and paintings that have been collected since 1975 and are displayed throughout the Centre. The Community Connection Program works with the community to deliver presentations, workshops and activities that educate about indigenous culture.

Other Cultural Education Centres

Brokenhead Ojibway Nation
Scanterbury, MB R0E 1W0

Tel: 204-766-2494

Fax: 204-766-2306

Cross Lake Cultural
Education Program, Box 10
Cross Lake, MB R0B 0J0

Tel: 204-676-2917

Fax: 204-676-3155

Dakota Ojibway Tribal Council C.E.C
300 - 340 Assiniboine Avenue
Winnipeg, MB R3C 0Y1

Tel: 204-988-5383

Fax: 204-947-5179

Ebb & Flow Band
General Delivery
Ebb & Flow, MB R0L 0R0

Tel: 204-448-2134

Fax: 204-448-2305

Interlake Reserves Tribal Council
Pineimuta Place, General Delivery
Fairford, MB R0C 0X0

Tel: 204-659-4465

Fax: 204-659-2147

EDUCATION

Keeseekoowenin First Nation
Box 100
Elphinstone, MB R0J 0N0

Tel: 204-625-2004
Fax: 204-625-2019

Norway House First Nation
Education Centre, Box 25
Norway House, MB R0B 1B0

Tel: 204-359-6296
Fax: 204-359-6262

O-Chi-Chak-Ko-Sipi First Nation
Crane River, MB R0L 0M0

Tel: 204-732-2490
Fax: 204-732-2596

Peguis Band Office
Peguis, MB R0C 1N0

Tel: 204-645-2359
Fax: 204-645-2360

Pine Creek First Nation
Box 70, Camperville, MB R0L 0J0

Tel: 204-524-2478
Fax: 204- 524-2832

Sagkeeng Heritage
Box 749, Pine Falls, MB R0E 1M0

Tel: 204-367-2129
Fax: 204-367-4287

Waterhen First Nation
Box 106, Skownan, MB, R0L 1Y0

Tel: 204-628-3373
Fax: 204-628-3289

Manitoba Indian Education Association, Inc. (MIEA)

Head Office:

Lake Manitoba First Nation
P.O Box 1250
Lake Manitoba First Nation, MB R0C 3K0

Tel: 204-768-3492
Fax: 204-768-2123

Winnipeg Office:

Unit 300 – 286 Smith St
Winnipeg, MB R3C 1K4

Tel: 204-947-0421
Fax: 204-942-3067

Website: <http://www.miea.ca>

Background:

Manitoba Indian Education Association, Inc. (MIEA) is a non-profit organization mandated by the Assembly of Manitoba Chiefs in 1978 and incorporated in 1981. Our Board of Directors is from Manitoba First Nations Education Authorities associated with MIEA services.

Support Programs:

- academic counselling
- social counselling
- financial counselling
- tutorial services
- orientation
- recreation
- computer Lab with internet access
- community Relations & Referrals

Post Secondary:

- university studies
- community college
- vocational studies

Secondary:

- junior high school
- senior high school

EDUCATION

- university/college preparation (UCEP)
- adult education programs
- referrals to alternative education programs

Application Process

To discuss their eligibility for assistance, individuals may contact their Band Education Authority or Tribal Council or speak to a counsellor at the Manitoba Indian Education Association Inc. (MIEA)

Assistance

The assistance from the Band Education Authority and/or Tribal Council may include:

- tuition
- books & supplies
- a living allowance based on the number of student's dependents

Manitoba Student Aid

Manitoba Education and Training
401 - 1181 Portage Avenue
Winnipeg, MB R3G 0T3

Toll free: 1-800-204-1685
Tel: 204-945 6321
Fax: 204-948-3421

Indigenous Students

If you are of Canadian Indigenous ancestry, you may be eligible for the following awards, as well as all other federal and provincial student loans, bursaries, and study grants.

Prince of Wales/Princess Anne Awards

Non-repayable assistance of \$250 per year is available to Canadian Indigenous students studying in Canada. To be eligible, you must have at least a \$1 need as determined on the Canada Student Loan/Manitoba Student Loan assessment.

Fly Higher! Business Council of Manitoba Aboriginal Education Awards

Aboriginal Education Awards of up to \$3,000 for university and \$1,500 for college students are available to students of Indigenous ancestry who are planning to, or are already attending a post-secondary school.

Recipients of the awards may be considered for summer and/or part-time employment with one of the Business Council's member companies.

These awards were introduced in 2001 to assist Indigenous students attending post-secondary schools with costs such as tuition, books and supplies for the academic year. The Business Council of Manitoba initiated a partnership arrangement with the Governments of Canada and Manitoba to provide education awards to eligible Indigenous students. Funding for the awards is based on matching contributions from each of the partners. Due to the success of the program, the three partners have doubled their portion of funding from \$75,000 to \$150,000 per partner. In the first year of the new agreement, 120 Indigenous students will share a total of \$312,000 in awards.

EDUCATION

To be eligible for these awards, you must:

- be a Canadian citizen
- be a permanent resident of Manitoba for at least 12 months
- be enrolled in a post-secondary public school
- maintain full-time status (at least a 60% course load)
- be in need of financial assistance

Even if you are receiving funds from other sources you may still apply for this award.

To apply you must:

- complete an application form
- attach a brief essay in your own handwriting
- attach a copy of your most recent transcript or academic history
- submit all information to the financial services office at your post-secondary school

You do not need to enclose proof of acceptance at the university or college but will need to produce it before the award is released.

Applications are screened based on the combined criteria of personal achievements, academic standing, and financial need.

Indigenous students don't have to be enrolled in a post-secondary school to apply for these awards. They can be in the planning stage as well (potential high school graduate students planning to attend a post-secondary school upon graduation can apply as long as they are applying for the current fall session).

For further information, contact the school directly:

Assiniboine Community College	Tel: 204-725-8700 (ext. 6964)
Brandon University	Tel: 204-727-9737
University of Manitoba	Tel: 204-474-9531
University of Winnipeg	Tel: 204-786-9458
Red River College	Tel: 204-632-2437
University College of the North	Tel: 1-866-627-8500
Université de Saint-Boniface	Tel: 204-235-4408
Manitoba Institute of Trades and Technology	Tel: 204-989-6519

Niji Mahkwa (My friend the bear) School (formerly Aberdeen School)

450 Flora Avenue	Tel: 204-589-6742
Winnipeg, MB R2W 2R8	Fax: 204-582-7049

Our Vision

Niji Mahkwa School and Community upholds the belief that all children have an inherent right to the highest quality of holistic education. The integration of traditional and cultural teachings in a supportive learning environment will provide students with strengths and skills to meet the challenges of life.

EDUCATION

Goals and Objectives:

- provide the academic programming reflected in the Educational Standards and Outcomes as directed by the Province of Manitoba
- develop and maintain a safe environment that will nurture in students self-worth, self-discipline, increased awareness of inner resources and a stronger identity
- promote, develop and empower family, extended family, spiritual guides, teachers and community members as equal partners with rights and responsibilities, who will then become pro-active participants in the education of our children
- nurture respect for spiritual guides and teachers
- ensure the preservation, appreciation, and utilization of traditional languages by offering Cree and Ojibwe language instruction as compulsory subjects (other languages may be offered in the future)
- promote a balanced lifestyle by incorporating cultural teachings to meet the students' spiritual, emotional, physical and mental needs

These teachings will be based on the Seven Teachings as adopted by Niji Mahkwa parents, community, staff and students:

1. Knowledge/Wisdom
2. Love/Peace
3. Honesty/Bravery
4. Honour/Respect
5. Courage/Integrity
6. Humility/Interdependence
7. Truth/Balance

Southeast Collegiate

1301 Lee Boulevard
Winnipeg, MB R3T 5W8
Email: secinfo@secollege.ca

Tel: 204-261-3551
Fax: 204-269-7880

The mission of Southeast Collegiate is to provide sound academic standards and a holistic balance of quality education that includes traditional, cultural and academic teachings.

Manitoba Education and Training requires that students complete **30 credits** to achieve a high school diploma, from the time they begin S1 (Grade 9) to S4 (Grade 12). They are required to have 17 compulsory credits and 13 optional credits.

All senior high school courses are assigned a certain value (credit). A student who completes a course requiring approximately 110 hours (one semester) earns one credit, while a course requiring approximately 55 hours (a half-semester) is worth a half-credit.

EDUCATION

Credits fall into two categories: Compulsory course - a course in the subject areas listed for Grade 9 to Grade 12 that state that each student must earn a credit towards their graduation requirements (e.g. English language arts, mathematics, social studies, physical education, science etc.)

Optional Courses (also known as elective courses) are courses that students may choose based on their interests, abilities, values and career goals (e.g. arts, languages, music, industrial arts, information and communication technology etc.). Courses are either full-credit or a half-credit value. Students and parents are encouraged to discuss credit requirements with their school counsellors and teachers. Students should ensure that they meet the entrance requirements of the post-secondary education (college or university), training or work situation they intend to pursue.

UNIVERSITIES AND COLLEGES:

Assiniboine Community College

Main Campus:
1430 Victoria Avenue East
Brandon, MB R7A 2A9

Tel: 204-726 6600
Toll free: 1-800-862-6307
Fax: 204-726 6753

Other Campuses:

Parkland Campus

Box 4000 - 520 Whitmore Avenue East
Dauphin, Manitoba R7N 2V5

Tel: 204-622 2023
Fax: 204-638 3941

Adult Collegiate

725 Rosser Avenue,
Brandon, MB R7A 0K8

Tel: 204 725 8735
Fax: 204 725 8740

Email: adultcollegiate@assiniboine.net

North Hill Campus - Len Evans Centre for Trades and Technology

1035 1st Street North,
Brandon, MB R7A 2Y1

Tel: 204-725-8715
Fax: 204-725-8740

Email: trades@assiniboine.net

Russell Training Centre

Major Pratt School Phone
P.O. Box 218 - 404 Russell Street East
Russell, MB R0J 1W0

Tel: 204-773-5180
Fax: 1-800-773-2134

Email: russellconstudies@assiniboine.net

Rural Rotating Sites

Tel: 204-725-8730

Various Sites

Toll free: 1-800-862-6307 ex 6228

Assiniboine Community College is a progressive post-secondary institution that provides students with knowledge, skills and credentials that are highly valued in the workforce. Students can choose from over 30 certificate and diploma programs in the areas of business and tourism, agriculture, trades, health care and information technologies. Most programs are one-to two-years in length. Numerous off-campus and evening programs are available.

EDUCATION

Aboriginal Community Development - Economic Stream

The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If your interests lie in economic development and you enjoy marketing and have business-related skills, the economic specialization may appeal to you.

Aboriginal Community Development - Social Stream

The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If you would like to help people overcome the effects of abuse or addictions, you may be interested in the social specialization of this program.

Graduates from the above courses find employment in women's shelters, government agencies, band office administrations, tribal councils, other social and human services organizations, and economic development. Jobs are also found with chambers of commerce, tourism, recreation groups, and in project management in the public and private sectors.

Elders' Program

The Elders' Program is designed to provide students with access to community Elders, leaders and role models. Elders make regularly scheduled visits to the campus and are also available to meet individually with students. Through cultural events and activities, students will have an opportunity to interact with Elders and benefit from their traditional knowledge and guidance.

BRANDON UNIVERSITY

Department of Native Studies
Brandon University
Brandon, MB R7A 6A9

Tel: 204-727-9734
Fax: 204-726-4573

Website: www.brandonu.ca

In 1975, Brandon University was the first university in western Canada (and only the second in Canada) to establish a Native Studies Department.

The goals of the department include:

1. scholarly recognition of Native cultures and Native peoples of North America, bringing to bear the full academic resources of study and research representing all disciplines
2. communication of the results of this research and expected new perspectives to students and others through university instruction and scholarly communication
3. dissemination of the teaching and research resources to the university off-campus for the benefit of Native peoples, especially in northern and remote areas

The Department of Native Studies offers both general courses in Native Studies and comprehensive programs of study in six areas, each identified as integral streams for students completing 3- or 4-year degrees. Comprehensive streams include Native Languages, Native Humanities (including Literature), Native Fine Arts, Native Policy and Administration, Native Human Services and Native Research.

Program for the Education of Native Teachers (PENT)

EDUCATION

Brandon University
Faculty of Education
Brandon, MB R7A 6A9

Tel: 204-727- 7371
Fax: 204-727-0942

PENT is a community based teacher education program of the Faculty of Education of Brandon University. Students combine paraprofessional work in their community schools from September to April with courses at Brandon University from April to July. The new program of studies is the Brandon University After Degree B.A./B.Ed. program in either the early or middle years area. Student teaching is carried out during the school year in conjunction with paraprofessional work.

While studying on campus, students have access to a modern library and computer facilities. Studying with students from across Manitoba provides opportunities to interact professionally and socially with people from many other communities. Most classes are taught by regular faculty at Brandon University.

A shortage of middle year teachers with adequate academic preparation in math and science has led to the introduction of a new more specialized teacher education program. The new program had its first intake of students in the spring of 2002. Since this is a more specialized program, subsequent intakes will depend upon the demand.

University College of the North

The Pas Campus:

University College of the North
Box 3000
436 - 7th Street East
The Pas, MB R9A 1M7

Tel: 204-627-8595
Fax: 204-623-6091
Toll free: 1-866-627-8500

The University College of the North is an institution devoted to community and northern development and reflects the Aboriginal reality and cultural diversity of northern Manitoba.

Thompson Campus:

University College of the North
55 UCN Drive
Thompson, MB R8N 0A5

Tel: 204-677-6450
Toll free: 1-866-677-6450

Regional Centres:

Cross Lake (Pimicikamak) Regional Centre	Tel: 204-676-2677 Fax: 204-676-3981
Churchill Regional Centre	Tel: 204-675-2975 Fax: 204-675-2971
Flin Flon Regional Centre	Tel: 204-687-1560 Fax: 204-687-8558
Split Lake (Tataskweyak) Regional Centre	Tel: 204-342-2621 Fax: 204-342-2997
Swan River Regional Centre	Tel: 204-734-4419 Fax: 204-784-3293

EDUCATION

Red River College

2055 Notre Dame Avenue
Winnipeg, MB R3H 0J9

Website: www.rrc.mb.ca

Tel: 204-632-3960

Toll free: 1-888-515-7722

Red River College offers over 200 full-and part-time degree, diploma, post-diploma, and certificate options. Most of our programs take two years or less to complete, allowing you to get a head start on your career. Our students don't sit in lecture theatres all day. From skilled trades and research labs to the frontlines of industry, our practicum-based programming gives you the chance to learn through experience.

At RRC, you'll learn using the same equipment and technology found in industry, giving you a competitive edge before you enter the workforce. Our programs offer experiential learning through industry placements, apprentices, and even paid work terms!

Whether you're starting to plan your future, changing jobs, or looking to advance your career, our programs offer something for everyone

University of Manitoba

Indigenous Achievement

Indigenous Achievement
114 Sidney Smith Street
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-474-8904/ 474-6747/ 474-8753

Fax: 204-474-9394

Website: umanitoba.ca/indigenous

The Office of Indigenous Achievement is tasked with building and expanding an Indigenous presence and visibility at the University of Manitoba and in the broader Indigenous and non-Indigenous communities that will result in improved access, recruitment, retention and completion for First Nations, Métis, and Inuit learners. Our vision is to make Manitoba a centre for excellence in Indigenous education.

Indigenous Student Recruitment

Indigenous Student Recruitment
424 University Centre
University of Manitoba Winnipeg, MB R3T 2N2
Email: Indigenous.Community@umanitoba.ca

Tel: 204-474-6398 / 474-9983 / 474-7144

Fax: 204-474-7554

Our Indigenous Student Recruitment team provides: admissions presentations, campus tours, attendance at career fairs, and responses to information enquiries.

Extended Education: Access and Aboriginal Focus Programs

Access and Aboriginal Focus Programs
Room 221 – 114 Sidney Smith Street
MB)

Winnipeg, MB R3T 2N2

Website: extended.cc.umanitoba.ca/access/

Tel: 204 474-8000

Toll free: 1-800-432-1960 ext. 8000 (in

Fax: 204-275-6489

EDUCATION

Within the Division of Extended Education, Access and Aboriginal Focus Programs provide a safe, respectful and inclusive environment for students.

Access Programs:

To help overcome social, economic, geographic or academic barriers, Access Programs provide: academic and personal counselling, possible financial support, extensive pre-university orientation, and tutoring and advocacy. Access Programs include: University of Manitoba Access Program (UMAP), Health Careers Access Program (HCAP), and Professional Health Program (PHP).

Aboriginal Focus Programs:

Aboriginal Focus Programs offer a holistic approach to areas of study that blend “Western” concepts with the traditional philosophies and knowledge systems of Indigenous peoples. Certificate and diploma programs offered: First Nations Community Wellness Diploma, Aboriginal Environmental Stewardship Diploma, Aboriginal Child and Family Service Diploma, and Aboriginal Counselling Skills Certificate.

Faculty of Arts: Department of Native Studies

Native Studies
Room 204 Isbister Building
University of Manitoba
Winnipeg, MB R3T 2N2
Email: nsqp@umanitoba.ca

Tel: 204-474-9899
Toll free: 1-800-432-1960 (within MB)
Fax: 204-474-7657
Website: umanitoba.ca/native_studies

For over 40 years, the Department of Native Studies has been an international leader in the field. You can examine the diversity of Indigenous cultures, histories, spiritualities, languages, literature and visual art as well as the history of colonialism, Indigenous governance, politics and economics. The department has many exciting opportunities including: Undergraduate and graduate degrees (Master's and PhD), annual colloquium series featuring prominent speakers on various themes, summer school in Grassy Narrows First Nation, and internationally renowned faculty.

Faculty of Engineering: Engineering Access Program

Engineering Access Program (ENGAP)
E2-442, EITC
University of Manitoba
Winnipeg, Manitoba R3T 5V6

Tel: 204-474-9872
Toll free: 1-800-432-1960 Ext: 9872
Email: engap@umanitoba.ca
Website: umanitoba.ca/engap/

ENGAP, the most successful program of its kind in Canada, provides an opportunity for students of Indigenous ancestry, who may not have had access to the necessary resources, to obtain the prerequisites required to get into, prepare for, and succeed in the Faculty of

EDUCATION

Engineering. Through its warm and supportive community and staff, ENGAP offers students a home away from home as well as: academic upgrading, summer orientation for successful transition, individualized academic, social, personal and financial supports, and scholarships and bursaries for qualifying students.

Faculty of Health Sciences: Centre for Aboriginal Health Education

Centre for Aboriginal Health Education (CAHE)
A101 Chown Building, 753 McDermot Avenue
Winnipeg MB R3E 0T6

Tel: 204-789-3511
Fax: 204-480-1354
Email: cahe@cc.umanitoba.ca

CAHE is a place for First Nations, Métis, and Inuit students enrolled in health professional programs to meet, study, and explore careers and culture. CAHE provides a welcoming environment that assists students to meet their academic potential through a variety of culturally relevant programs, resources and supports. With academic and personal success as the goal, the centre offers: a vibrant cultural program, Kaaweechimoseaywat Mentorship Program, an Elder-in-Residence who leads cultural teachings, events and ceremonies, and professional development and networking opportunities.

Faculty of Law: Aboriginal Academic Support Program

Faculty of Law, University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-474-6448
Fax: 204-474-7580

The Academic Support Program supports students in the Faculty of Law with tutoring, advising and access to a valuable network of peers. Bursaries and scholarships are available. By offering admission categories to both mature and Aboriginal students and the option of half-time studies, Robson Hall promotes diversity.

Faculty of Nursing: Aboriginal Nursing Cohort Initiative.

College of Nursing
89 Curry Place
Winnipeg, MB R3T 2N2

Tel: 204-474-7452
Toll free: 1-800-432-1960 ext 7452
Fax: 204-474-7682

Aboriginal Nursing Cohort Initiative (ANCI) offers a combination of academic and personal supports to prepare for entrance into our Bachelor of Nursing (BN) program. Designed with First Nations, Métis, and Inuit students in mind, ANCI includes access to an Elder-in-Residence, as well as regular meetings with a student advisor/ counsellor and academic coach throughout the year. Smaller class sizes give you the opportunity to connect with your classmates and build personal and professional relationships that will help you feel at home. Our internationally recognized faculty and state-of-the-art facilities will provide you the tools you need to build a strong academic foundation to continue on with your studies.

Faculty of Social Work: Inner-City Social Work Program

EDUCATION

Inner City Special Work Program (ICSWAP)
Winnipeg Education Centre
485 Selkirk Avenue
Winnipeg, MB R2W 2M6

Tel: 204-668-8160
Fax: 204-663-8857
Email: icswp@umanitoba.ca

Website: umanitoba.ca/social_work/programs/inner_city/

If you are at least 21 years of age and have faced barriers to education, consider this highly successful program which supports students to acquire a Bachelor of Social Work degree. Programming takes place in the heart of Winnipeg's North End at William Norrie Centre and offers you: small class sizes, full and part-time studies, hands-on practical experience through field placements, and holistic supports including ACCESS bursaries.

Faculty of Social Work: Northern Social Work Program

Northern Social Work Program
3 Station Road
Thompson, Manitoba R8N 0N3

Tel: 204-677-1450
Toll free: 1-866-237-5509
Fax: 204-677-4110

Email: bonnyca@ccumanitoba.ca

Designed for mature students who are committed to a rewarding career in social work and interested in earning a Bachelor of Social Work degree in Manitoba's beautiful north. Located in Thompson, full-and part-time options offer you placements with local agencies. Each year, 20 to 25 students are accepted into the program.

Libraries: Indigenous Services Librarian

Elizabeth Dafoe Library
25 Chancellors Circle
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-480-1054

U of M Libraries has an excellent collection of books, journals, and government publications to support the study of Canadian Aboriginal peoples from the undergraduate to the PhD level. The Libraries also collect materials about Indigenous people in the United States and around the world. The Indigenous Services Librarian is responsible for addressing the unique library needs of the Indigenous community at the U of M; promoting Indigenous scholarship through collection development; the development of new programs aimed to aid in Indigenous student retention, as well as instruction; collection development and reference work pertaining to the subject areas of Anthropology, Native Studies, and Social Work.

National Centre for Truth and Reconciliation

National Centre for Truth and Reconciliation (NCTR)
Chancellor's Hall, 177 Dysart Road
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204- 474-6069
Toll free: 1-855-415-4534 North America

Email: NCTR@umanitoba.ca

Website: umanitoba.ca/centres/nctr/

EDUCATION

In 2015, the Truth and Reconciliation Commission of Canada (TRC) released its final reports. The release of the final reports marked the end of a six-year journey towards the truth with millions of documents and thousands of interviews with Survivors collected along the way. Everything collected by the TRC is now safely housed at the National Centre for Truth and Reconciliation (NCTR). Survivors, families of survivors, students, educators, researchers and the public now have the opportunity to interact with these materials in meaningful and personal ways, learning from them and using them to teach others. The University of Manitoba is honoured to be the home of the NCTR and is committed to the journey of Reconciliation and to leading a national conversation that engages Indigenous and non-Indigenous communities. The NCTR supports these efforts, helping preserve the memory of the Residential School System and its legacy for all Canadians.

Asper School of Business: Aboriginal Business Education Program (ABEP)

Aboriginal Business Education Partners (ABEP) **Tel:** 204-474-7401
350 Drake Centre, 181 Freedman Crescent **Toll free:** 1-800-432-1960, ext. 7401
Winnipeg, Manitoba R3T 5V4 **Fax:** 204-474-7544
Email: abep@umanitoba.ca **Website:** umanitoba.ca/asper/abep

ABEP is a community of Indigenous students pursuing a Bachelor of Commerce (Hons.) degree at the Asper School of Business. This vibrant support unit offers: free tutors and advisors, exclusive scholarships and bursaries, professional networking, and summer and career positions.

Faculty of Medicine - School of Medical Rehabilitation:

Faculty of Medicine **Tel:** 204-789-3897
Rm. R106 - 771 McDermot Avenue **Fax:** 204-789-3927
Winnipeg, MB R3E 0T6

Programs:

Occupational Therapy:

The admission quota is 50 students; 15 percent of available seats are priority positions for Aboriginal students who meet all entrance requirements.

Physical Therapy:

The admission quota is 50 students. Special consideration is given to self-declared Aboriginal students and students who apply from the ACCESS and SPSP programs; up to 10 percent of available seats are for special consideration applicants.

Yellowquill College

480 Madison Avenue **Tel:** 204-953-2800
Winnipeg, MB R3J 1J1 **Fax:** 204-953-2810
Email: administration@yellowquillcollege.org **Website:** www.yellowquillcollege.mb.ca

EDUCATION

Yellowquill College was founded by the Dakota Ojibway Tribal Council in 1984 as a physical manifestation of the belief of “Indian Control of Indian Education”. Those visionary leaders saw that a better future was possible through a First Nation-owned and operated post-secondary institute. On October 1, 1984, the College opened in the newly renovated residential school on Crescent Road West in Portage la Prairie on 45 acres of Long Plain First Nation Land. The opening of a First Nation college provided an alternative for aboriginal adults wanting to pursue their educational goals.

The College currently operates under the auspices of the Dakota Ojibway Tribal Council. The seven chiefs of the member bands serve as the Board of Directors for Yellowquill College. The College is incorporated both federally and provincially and is a non-profit organization.

The College, which opened with 16 students, has had over 1,000 graduates in a variety of programs. The College and University Entrance Preparation Programs (UCEP), and now the Mature Student High School Diploma program, have prepared hundreds of students for studies at the post-secondary level, whether at Yellowquill or other post-secondary institutions. Training, including the Pre-electrical, Clerical, Small Business Management, Secretarial, Office Technology, Child Care, Native Economic Development, Financial Accounting, Business Administration, and Administrative Assistant programs, has prepared students directly for the workforce. Community literacy and upgrading programs have provided needed basic skills to students in several First Nation communities. Professional development and work-related training has enriched the skills of many First Nation and Aboriginal employees.

Current off-sites for the Mature Student High School Diploma program include Bloodvein First Nation, Long Plain First Nation, and Sioux Valley Dakota Nation. These community campuses are in partnership with the respective communities.

Programs Offer at YellowQuill College:

- Business Certificate
- Certified Aboriginal Financial Manager Diploma
- Community Health Worker Program Certificate and Diploma (Modular)
- First Nation Child and Family Services Worker Diploma
- First Nation Community Management Diploma (Modular)
- First Nation Management and Administration Diploma
- Mature Grade 12 Diploma
- Professional Development Workshops

EDUCATION

GORDON BELL, Grades: 7-S4
3 Borrowman Place, Winnipeg, MB R3G 1M6
Tel: 204-774-5401 Fax: 204-783-9469
Email: gbweb@wsd1.org
Website: www.wsd1.org/gordonbell

HUGH JOHN MCDONALD Grades: 7-S1
567 Bannatyne Avenue, Winnipeg, MB R3A 0G8
Tel: 204-786-5631 Fax: 204-783-6473
Email: hjm@wsd1.org
Website: www.wsd1.org/HughJohn

JOHN M. KING Grades: N-6
525 Agnes Street, Winnipeg, MB R3G 1N7
Tel: 204-775-4404 Fax: 204-772-6931
Website: www.wsd1.org/johnmking

KING EDWARD Grades: N-6
825 Selkirk Avenue, Winnipeg, MB R2X 2Y6
Tel: 204-586-8381 Fax: 204-586-3984
Email: kingedward@wsd1.org
Website: www.wsd1.org/KingEdward

MACHRAY Grades: N-6
320 Mountain Avenue, Winnipeg, MB R2W 1K1
Tel: 204-586-8085 Fax: 204-589-8222
Website: www.wsd1.org/Machray/

MULVEY Grades: N-6
750 Wolseley Avenue, Winnipeg, MB R3G 1C6
Tel: 204-786-3469 Fax: 204-774-2894
Website: www.wsd1.org/mulvey/New_Folder/index.html

NIJI MAHKWA Grades: N-8
450 Flora Avenue, Winnipeg, MB R2W 2R8
Tel: 204-589-6742 Fax: 204-589-8646
Email: nijimahkwa@wsd1.org
Website: www.wsd1.org/nijimahkwa

NORQUAY Grades: N-6
132 Lusted Avenue, Winnipeg, MB R2W 2P2
Phone: 204-943-9541 Fax: 204-943-4715
Website: www.wsd1.org/norquay

PINKHAM Grades: N-6
765 Pacific Avenue, Winnipeg, MB R3E 1G1
Phone: 204-786-5749 Fax: 204-783-0597
Email: Lionel Pang
Website: www.wsd1.org/pinkham

R. B. RUSSELL Grades: S1-S4
364 Dufferin Avenue, Winnipeg, MB R2W 2Y3
Tel: 204-589-5301 Fax: 204-586-1817
Email: jwillman@wsd1.org
Website: www.rbrussell.org

SISTER MACNAMARA Grades: N-6
460 Sargent Avenue, Winnipeg, MB R3B 1V5
Tel: 204-942-6965 Fax: 204-989-2224
Email: debbielm@wsd1.org
Website: www.wsd1.org/sisternac

STRATHCONA Grades: N-6
233 McKenzie Street, Winnipeg, MB R2W 4Z2
Tel: 204-586-8493 Fax: 204-586-1161
Website: www.wsd1.org/strathcona/default.asp

VICTORIA-ALBERT Grades: N-6
110 Ellen Street, Winnipeg, MB R3A 1A1
Tel: 204-943-3459 Fax: 204-957-7207
Email: dwiebe@wsd1.org
Website: www.wsd1.org/VicAlbert/

WELLINGTON Grades: N-6
690 Beverley Street, Winnipeg, MB R3E 2A5
Tel: 204-774-8085 Fax: 204-772-2799
Website: www.wsd1.org/wellington/

WILLIAM WHYTE Grades: N-8
200 Powers Street, Winnipeg, MB R2W 4P3
Tel: 204-589-4313 Fax: 204-586-0144
Website: www.wsd1.org/williamwhyte/

EDUCATION

Band-operated Schools

LOCATION - SCHOOL INDEX:

<p>O'Hanley - LITTLE BLACK RIVER SCHOOL Oxford House - OXFORD HOUSE SCHOOL</p> <ul style="list-style-type: none"> '72 MEMORIAL HIGH SCHOOL <p>Paungassi - PAUINGASSI SCHOOL Peguis First Nation - PEGUIS N - 5 SCHOOL</p> <ul style="list-style-type: none"> PEGUIS CENTRAL SCHOOL <p>Pelican Rapids - NEIL DENNIS KEMATCH MEMORIAL - SCHOOL</p> <p>Pine Falls - ANICINABE COMMUNITY SCHOOL</p> <ul style="list-style-type: none"> SAGKEENG CONSOLIDATED SCHOOL SAGKEENG ANICINABE HIGH SCHOOL <p>Pipestone - WAMBDI IYOTAKE SCHOOL Poplar River - POPLAR RIVER SCHOOL Portage la Prairie - DAKOTA TIPI SCHOOL Pukatawagan - PUKATAWAGAN SCHOOL</p>	<p>Red Sucker Lake - RED SUCKER LAKE SCHOOL Scanterbury - SERGEANT TOMMY PRINCE SCHOOL Shamattawa - ABRAHAM BEARDY SCHOOL Shortdale - CHIEF CLIFFORD LYNXLEG ANISHINABE SCHOOL</p> <p>Split Lake - CHIEF SAM COOK NAHMUWEE St. Theresa Point - ST. THERESA POINT SCHOOL Swan Lake - INDIAN SPRINGS SCHOOL Tadoule Lake - PETER YASSIE MEMORIAL SCHOOL The Pas - JOE A. ROSS SCHOOL Vogar LAKE MANITOBA SCHOOL Wasagamack - GEORGE KNOTT SCHOOL Waywayseecappo - WAYWAYSEECAPPO COMMUNITY SCHOOL York Landing - GEORGE SAUNDERS MEMORIAL SCHOOL</p>	
<p>ABRAHAM BEARDY SCHOOL General Delivery, Shamattawa, MB R0B 1K0 Tel: 204-565-2022 Fax: 204-565-2122</p> <p>AMOS OKEMOW MEMORIAL SCHOOL General Delivery, God's River, MB R0B 0N0 Tel: 204-366-2070 Fax: 204-366-2105</p> <p>ANICINABE COMMUNITY SCHOOL Box 219, Pine Falls, MB R0E 1M0 Tel: 204-367-2285 Fax: 204-367-9205</p> <p>BIRDTAIL SIOUX EDUCATION General Delivery, Beulah, MB R0M 0B0 Tel: 204-568-4757 Fax: 204-568-4762</p> <p>CHEMAWAWIN SCHOOL Box 10 Easterville R0C 0V0 Tel: 204-329-2115 Fax: 204-329-2214</p> <p>CHIEF CLIFFORD LYNXLEG ANISHINABE SCHOOL Valley River Reserve Shortdale, MB R0L 1W0 Tel: 204-546-2641 Fax: 204-546-3120</p> <p>CHIEF SAM COOK NAHMUWEE General Delivery, Split Lake, MB R0B 1P0 Tel: 204-342-2134 Fax: 204-342-2139</p>	<p>FOX LAKE NATIVE SPIRITUAL SCHOOL Box 279, Gillam, MB R0B 0L0 Tel: 204-486-2307 Fax: 204-486-2606</p> <p>GARDEN HILL ELEMENTARY General Delivery Island Lake, MB R0B 0T0 Tel: 204-456-2391 Fax: 204-456-2350</p> <p>GARDEN HILL FIRST NATION HIGH SCHOOL General Delivery Island Lake, MB R0B 0T0 Tel: 204-456-2886 Fax: 204-456-2894</p> <p>GEORGE KNOTT CHOOOL General Delivery Waasagamack, MB R0B 1Z0 Tel: 204-457-2082 Fax: 204-457-2273</p> <p>GEORGE SAUNDERS MEMORIAL SCHOOL General Delivery, York Landing, MB R0B 2B0 Tel: 204-341-2118 Fax: 204-341-2235</p> <p>GINEW SCHOOL Box 10, Ginew, MB R0A 2R0 Tel: 204-427-2490 Fax: 204-427-2398</p> <p>GOD'S LAKE NARROWS FIRST NATIONS SCHOOL God's Lake Narrows R0B 0M0 Tel: 204-335-2003 Fax: 204-335-2440</p>	<p>LAKE ST. MARTIN SCHOOL Box 2020, Gypsumville, MB R0C 1J0 Tel: 204-659-5774 Fax: 204-659-5739</p> <p>CHARLES SINCLAIR SCHOOL Box 109, Koostatak, MB R0C 1S0 Tel: 204-645-2206 Fax: 204-645-2614</p> <p>NEIL DENNIS KEMATCH MEMORIAL SCHOOL General Delivery, Pelican Rapids, MB R0L 1L0 Tel: 204-587-2045 Fax: 204-587-2341</p> <p>NISICAWAYASIHK NEYO OHTINWAK COLLEGIATE General Delivery, Nelson House, MB R0B 1A0 Tel: 204-484-2095 Fax: 204-484-2257</p> <p>OTETISKIWIN KISKINWAMAHTOWEKAMIK SCHOOL General Delivery, Nelson House, MB R0B 1A0 Tel: 204-484-2242 Fax: 204-484-2002</p> <p>OTTER NELSON RIVER CROSS LAKE EDUCATION AUTHORITY Cross Lake, MB R0B 0J0 Tel: 204-676-2050 Fax: 204-676-2464</p> <p>PEGUIS CENTRAL SCHOOL Box 670, Peguis First Nation R0C 3J0 Tel: 204-645-2164 Fax: 204-645-2270</p>

EDUCATION

DAKOTA PLAINS SCHOOL
General Delivery,
Edwin, MB R0H 0G0
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPI SCHOOL
2000a Dakota Drive,
Dakota Tipi, MB R1N 3X6
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL
Box 140, Gypsumville R0C 1J0
Tel: 204-659-5268 Fax: 204-659-5790

DONALD AHMO SCHOOL
General Delivery,
Crane River, MB R0L 0M0
Tel: 204-732-2548 Fax: 204-732-2753

EBB AND FLOW SCHOOL
General Delivery,
Ebb and Flow, MB R0L 0R0
Tel: 204-448-2012 Fax: 204-448-2393

LITTLE GRAND RAPIDS SCHOOL
General Delivery
Little Grand Rapids, MB R0B 0V0
Tel: 204-397-2197 Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL
General Delivery,
Cross Lake, MB R0B 0J0
Tel: 204-676-3030 Fax: 204-676-2798

MISKOOSEEPI SCHOOL
Bloodvein, MB R0C 0J0
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL
Box 1610,
Pine Falls R0E 1M0
Tel: 204-367-2588 Fax: 204-367-9231

SAGKEENG ANICINABE HIGH
Box 1610,
Pine Falls, MB R0E 1M0
Tel: 204-367-2243 Fax: 204-367-4566

ABRAHAM BEARDY SCHOOL
General Delivery,
Shamattawa, MB R0B 1K0
Tel: 204-565-2022 Fax: 204-565-2122

AMOS OKEMOW MEMORIAL SCHOOL
General Delivery,
God's River, MB R0B 0N0
Tel: 204-366-2070 Fax: 204-366-2105
ANICINABE COMMUNITY SCHOOL
Box 219,
Pine Falls, MB R0E 1M0
Tel: 204-367-2285 Fax: 204-367-9205

INDIAN SPRINGS SCHOOL
Box 145,
Swan Lake, MB R0G 2S0
Tel: 204-836-2332 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL
Marius Post Office,
Marius, MB R0H 0T0
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL
Opaskwayak Education Authority
Box 10160,
Opaskwayak, MB R0B 2J0
Tel: 204-623-4286 Fax: 204-623-444

KEESEKOOOWENIN SCHOOL
Box 129, Elphinstone R0J 0N0
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL
Box 5050,
Gypsumville R0C 1J0
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL
General Delivery,
Scanterbury R0E 1W0
Tel: 204-766-2636 Fax: 204-766-2809

FOX LAKE NATIVE
SPIRITUAL SCHOOL
Box 279, Gillam, MB R0B 0L0
Tel: 204-486-2307 Fax: 204-486-2606

CHARLES SINCLAIR SCHOOL
Box 109,
Koostatak, MB R0C 1S0
Tel: 204-645-2206 Fax: 204-645-2614

GARDEN HILL FIRST NATION HIGH
SCHOOL
General Delivery
Island Lake, MB R0B 0T0
Tel: 204-456-2886
Fax: 204-456-2894

GARDEN HILL ELEMENTARY
General Delivery
Island Lake, MB R0B 0T0
Tel: 204-456-2391 Fax: 204-456-2350

GEORGE KNOTT CHOO L
General Delivery
Waasagamack, MB R0B 1Z0
Tel: 204-457-2082 Fax: 204-457-2273

GINEW SCHOOL
Box 10, Ginew, MB R0A 2R0
Tel: 204-427-2490 Fax: 204-427-2398

PETER YASSIE MEMORIAL
SCHOOL
General Delivery,
Tadoule Lake, MB R0B 2C0
Tel: 204-684-2279 Fax: 204-684-2130

PETIT CASIMIR MEMORIAL SCHOOL
General Delivery,
Lac Brochet, MB R0B 2E0
Tel: 204-337-2278 Fax: 204-337-2078

PINAYMOOTANG SCHOOL
Fairford Reserve,
Fairford, MB R0C 0X0
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR
MEMORIALSCHOOL
Box 359, Hodgson, MB R0C 1N0
Tel: 204-394-2314 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL
General Delivery,
O'Hanley, MB R0E 1K0
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL
Long Plain Reserve,
Portage I Prairie, MB R1N 3B7
Tel: 204-252 2326 Fax: 204-252 2786

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204- 768-2728 Fax: 204-768-2194

SIOUX VALLEY SCHOOL
Sioux Valley Reserve,
Box 99, Griswold R0M 0S0
Tel: 204-855-2536 Fax: 204-855-3204
LAKE ST. MARTIN SCHOOL
Box 2020,
Gypsumville, MB R0C 1J0
Tel: 204-659-5774 Fax: 204-659-5739

NEIL DENNIS KEMATCH
MEMORIAL SCHOOL
General Delivery,
Pelican Rapids, MB R0L 1L0
Tel: 204-587-2045 Fax: 204-587-2341

BIRDTAIL SIOUX EDUCATION
General Delivery,
Beulah, MB R0M 0B0
Tel: 204-568-4757 Fax: 204-568-4762

CHEMAWAWIN SCHOOL
Box 10
Easterville R0C 0V0
Tel: 204-329-2115 Fax: 204-329-2214
PEGUIS CENTRAL SCHOOL
Box 670,
Peguis First Nation R0C 3J0
Tel: 204-645-2164 Fax: 204-645-2270

EDUCATION

SAGKEENG ANICINABE HIGH
Box 1610,
Pine Falls, MB R0E 1M0
Tel: 204-367-2243 Fax: 204-367-4566

SIOUX VALLEY SCHOOL
Sioux Valley Reserve,
Box 99, Griswold R0M 0S0
Tel: 204-855-2536 Fax: 204-855-3204

CHIEF CLIFFORD LYNXLEG
ANISHINABE SCHOOL
Valley River Reserve
Shortdale, MB R0L 1W0
Tel: 204-546-2641 Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE
General Delivery,
Split Lake, MB R0B 1P0
Tel: 204-342-2134 Fax: 204-342-2139

DAKOTA PLAINS SCHOOL
General Delivery,
Edwin, MB R0H 0G0
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPI SCHOOL
2000a Dakota Drive,
Dakota Tipi, MB R1N 3X6
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL
Box 140, Gypsumville R0C 1J0
Tel: 204-659-5268 Fax: 204-659-5790

DONALD AHMO SCHOOL
General Delivery,
Crane River, MB R0L 0M0
Tel: 204-732-2548 Fax: 204-732-2753

EBB AND FLOW SCHOOL
General Delivery,
Ebb and Flow, MB R0L 0R0
Tel: 204-448-2012 Fax: 204-448-2393

LITTLE GRAND RAPIDS SCHOOL
General Delivery
Little Grand Rapids, MB R0B 0V0
Tel: 204-397-2197 Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL
General Delivery,
Cross Lake, MB R0B 0J0
Tel: 204-676-3030 Fax: 204-676-2798

PETER YASSIE MEMORIAL
SCHOOL
General Delivery,
Tadoule Lake, MB R0B 2C0
Tel: 204-684-2279 Fax: 204-684-2130

GEORGE SAUNDERS
MEMORIAL SCHOOL
General Delivery,
York Landing, MB R0B 2B0
Tel: 204-341-2118 Fax: 204-341-2235

PETIT CASIMIR MEMORIAL SCHOOL
General Delivery,
Lac Brochet, MB R0B 2E0
Tel: 204-337-2278 Fax: 204-337-2078

GOD'S LAKE NARROWS FIRST
NATIONS SCHOOL
God's Lake Narrows R0B 0M0
Tel: 204-335-2003 Fax: 204-335-2440

INDIAN SPRINGS SCHOOL
Box 145,
Swan Lake, MB R0G 2S0
Tel: 204-836-2332 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL
Marius Post Office,
Marius, MB R0H 0T0
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL
Opaskwayak Education Authority
Box 10160,
Opaskwayak, MB R0B 2J0
Tel: 204-623-4286 Fax: 204-623-444

KEESEKOOWENIN SCHOOL
Box 129, Elphinstone R0J 0N0
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL
Box 5050,
Gypsumville R0C 1J0
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL
General Delivery,
Scanterbury R0E 1W0
Tel: 204-766-2636 Fax: 204-766-2809

NISICAWAYASIIHK NEYO OHTINWAK
COLLEGIATE
General Delivery,
Nelson House, MB R0B 1A0
Tel: 204-484-2095 Fax: 204-484-2257
OTETISKIWIN
KISKINWAMAHTOWEKAMIK SCHOOL
General Delivery,
Nelson House, MB R0B 1A0
Tel: 204-484-2242 Fax: 204-484-2002

OTTER NELSON RIVER
CROSS LAKE EDUCATION AUTHORITY
Cross Lake, MB R0B 0J0
Tel: 204-676-2050 Fax: 204-676-2464

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

MISKOOSEPI SCHOOL
Bloodvein, MB R0C 0J0
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL
Box 1610,
Pine Falls R0E 1M0
Tel: 204-367-2588
Fax: 204-367-9231

PINAYMOOTANG SCHOOL
Fairford Reserve,
Fairford, MB R0C 0X0
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR
MEMORIALSCHOOL
Box 359, Hodgson, MB R0C 1N0
Tel: 204-394-2314 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL
General Delivery,
O'Hanley, MB R0E 1K0
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL
Long Plain Reserve,
Portage I Prairie, MB R1N 3B7
Tel: 204-252 2326 Fax: 204-252 2786

VOCATIONAL TRAINING AND EMPLOYMENT

Indigenous Inclusion Directorate Manitoba Education and Training

510 Selkirk Avenue

Winnipeg, MB R2W 2M7

Website: <http://www.edu.gov.mb.ca/abedu/index.html>

Toll free: 1-800-282-8069 ext. 7886

Tel: 204-945-7886

Fax: 204-948-2010

The Aboriginal Education Directorate provides leadership and coordination for departmental initiatives in Aboriginal education and training. This includes:

- ensuring an integrated approach to Aboriginal education and training
- promoting the removal of systemic barriers for Aboriginal student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Aboriginal education and training

Indigenous Leadership Institute, Inc.

UNIT 206-1075 Portage Avenue

Winnipeg, MB R3G 0R8

Email: info@ildii.ca

Tel: 204-940-1700

Fax: 204- 940-1719

Website: www.ildii.ca

The Indigenous Leadership Institute, Inc. works closely with educational institutes, government and the private sector. Rich and varied educational opportunities are provided to our clients through partnerships and cooperative alliances. For example, a university may be engaged to provide courses in self-governance, a private consultant to provide training on effective negotiation skills, or a senior civil servant to speak on legislative protocol. Through customized training, communities will become stronger and govern more effectively. The calendar of courses offers approximately 20 single-day or multi-day courses annually, on topics such as:

- government-to-government relations
- financial management and accountability
- governance
- nation-building
- media training
- negotiation
- dispute resolution
-

Whenever possible, courses are fully or partially sponsored by public or private partners.

VOCATIONAL TRAINING AND EMPLOYMENT

The Anokiiwin Group, Inc.

1602-275 Portage Avenue
Winnipeg, MB R3B 2B3

Tel: 204-925-2790
Fax: 204-943-0023

As a provincially registered private vocational school, Anokiiwin Training Institute has developed fully accredited educational and training programs to meet specific training needs. In partnership with other post-secondary institutions and private sector trainers, Anokiiwin Training Institute has developed diploma and certificate courses, workshops and seminars. Through strategic alliances with industry associations and individual employers, Anokiiwin Training Institute has developed and delivered a wide variety of industry certified training programs.

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Website: www.cahrd.org

Tel: 204-989 7110
Fax: 204-989 7113

CAHRD: Is a non-profit, registered charitable organization that has been providing quality education, training and employment services to the Aboriginal (Status, Non-status, Métis and Inuit) people of Winnipeg for over 26 years. Through an Aboriginal board of directors and staff, CAHRD administers this mandate through four divisions.

EMPLOYMENT: Central Employment Services, Staffing Solutions (for recent graduates), Aboriginal People with Disabilities

EDUCATION: High School Diploma, Upgrading, Kookum's Place Child Care, Literacy, Community Campus Aboriginal Community Campus, Aboriginal People's College, Centre, Commissioning, First Nations and Inuit Youth Employment Strategy (see listing under Scholarships, Bursaries and Awards Guide for Aboriginal Students)

Civil Service Commission

935 -155 Carlton Street, Main Floor
Winnipeg, MB R3C 3H8

Tel: 204-945-2332
Fax: 204-945-1486
TDD: 204-945-1437

Provides a wide range of services to assist Affirmative Action target group members (women, Aboriginal people, people with disabilities, and visible minorities), as well as current and potential civil service employees. Users of the services will receive assistance in developing employment strategies, resume writing, interview skills, and understanding the recruitment and selection process of the Manitoba government. Staff conducts outreach recruitment activities and make use of a centralized applicant inventory data system to register and refer applicants to entry level clerical and secretarial positions.

In addition, the branch is equipped with one TDD for the hearing impaired and a Tel number with job bulletins recorded weekly for the visually impaired.

Manitoba Education and Training

Post Secondary Education and Workforce Development
Employment and Training Services Branch
215 - 800 Portage Avenue
Winnipeg, MB R3G 0N4

Tel: 204-945-1018
Fax: 204-945-0221
Website: www.edu.gov.mb.ca

VOCATIONAL TRAINING AND EMPLOYMENT

Employment and Training Services has offices located throughout the Province of Manitoba. Services are provided directly or through community based organizations and are designed to assist Manitobans prepare for and/or obtain employment. Types of services provided are: vocational counselling, academic and career counselling, pre-employment training, job-finding clubs, job referral and placement, skills training, literacy training, labour market information, job bank, subsidized employer-based training, wage incentives, training allowances for eligible clients.

Peguis First Nation Training & Employment

2001- 1075 Portage Avenue
Winnipeg, MB R3G 0R8
Toll free: 866-942-1260

Tel: 204-942 1260
Fax: 204-949 0616

The Peguis School Board Post Secondary Department provides financial assistance to Peguis First Nation band members to obtain a post secondary education. The objective is to assist band members to achieve their education goals, while contributing to the development of their communities. Offices in Peguis and Winnipeg are staffed with education counsellors to provide information and assistance to individuals who are interested in pursuing post secondary education. Peguis School Board Post Secondary Department also operates in partnership with Peguis First Nation Training and Employment, and the Peguis Adult Education Learning Centre for individuals who are interested in obtaining their Mature Grade 12 high school diploma.

Sagkeeng Employment and Training Services

200G-70 Arthur Street
Winnipeg, MB R3B 1G7

Tel: 204-943-6073
Fax: 204-943-6081 (Reserve Office)
Toll free: 1-866-426-8551

P.O. Box 8,
Fort Alexander, MB R0E 0P0
Website: www.sagkeeng.ca

Tel: 204-367-8740
Fax: 204-367-9061

The mandate of Sagkeeng Employment and Training Services is to provide assistance to Sagkeeng band members and make information and resources available regarding education and employment. Everyone is welcome to use the many resources and services, such as computers and other resource equipment, employment and training counselling, employment workshops and job search assistance.

Training Resources for Youth (TRY)

(New Directions for Children, Youth and Families)

1st Floor - 717 Portage Avenue
Winnipeg, MB R3G 0M8

Email: TRY@newdirections.mb.ca

Tel: 204-786-7051 - Ext. 5256
Fax: 204-783-0851
TTY: 204-774-8541

Program Objective:

Training Resources for Youth or TRY is a program to help youth prepare for entry into the workforce or return to school. A pre-employment program for young people between 16 and 19 years of age is offered through TRY. Their goal is to prepare young people for entry into the workforce, return to school or further training. Services include:

- in-class training
- life-skills training

VOCATIONAL TRAINING AND EMPLOYMENT

- work experience
- counselling, support and advocacy

Participants in the TRY program have dropped out of school and are looking for a new direction in their life, either by returning to school or developing the skills to find a job. The TRY program combines life skills training in the classroom and work experience at a job site.

Life skills Training:

Participants attend a five-week life skills training session. This includes: personal development: communication skills, self awareness, abuse prevention, problem-solving/decision-making skills, cultural awareness/exploration and healthy sexuality. Pre-employment skills: employment interests/career decision-making, job search skills, resume and application form writing, and employer expectations. Work experience participants are placed in a series of entry level jobs to expose them to a range of workplace experiences. Employers help the participants learn basic employment practices such as getting to work on time, taking direction from others, communicating clearly, and taking initiative. There are two types of job placement for which participants receive experience and pay: **Part-time work experience:** Three weeks long **Individualized full-time work experience:** Three weeks of full-time work.

Urban Circle Training Centre, Inc.

519 Selkirk Avenue
Winnipeg, MB R2W 2M6

Tel: 204-589-4433
Fax: 204-582-6439

At Urban Circle, our goal is to provide culturally appropriate education and training to First Nations, Métis, and Inuit women and men in Winnipeg. Since 1991, we have offered certified programming that connects to both our cultural teachings and labour-market demands. At our Centre, students are provided with a sense of belonging and community, and we are committed to enriching the quality of their educational experience by providing them with opportunities for personal growth and success.

Build Inc.

Unit 200 – 765 Main Street
Winnipeg, MB R2W 3N5
Email: reception@build.ca

Tel: 204-943-5981
Fax: 204-943-6003

Our paid training program is designed for people who most employers (and social service agencies) would deem “unemployable”. Few trainees hired by BUILD have completed high school, and few have worked in the formal labour market. Many trainees have had contact with the criminal justice system, some are struggling with addictions, and many have unstable home environments. Most often, trainees do not have a driver’s license, and most have no prior experience using tools or even a measuring tape. These are basic requirements for entry into the construction trades.

Our journeymen and trainers provide hard skills training and mentorship to trainees – offering a supportive environment for trainees to learn and grow. Trainees also have access to a team of support workers, including a training coordinator, a safety and hard skills instructor, and an employment and education facilitator.

VOCATIONAL TRAINING AND EMPLOYMENT

The training coordinator works one-on-one with trainees to access on-site workshops and classes as wide-ranging as parenting and money management to math upgrading and high school completion. The coordinator also organizes cultural activities, such as sweat lodge ceremonies, and can put trainees in contact with community elders.

Our employment and education facilitator works with trainees to develop long-term goals, such as entering trades-based education programs, or securing employment in the construction sector. The facilitator also works with trainees to update their resumes, account for newly acquired skill-sets, and matches trainees with potential employers.

The safety and hard skills instructor provides all required safety training and facilitates all initial hard skills training in our dedicated training workshop. Here trainees receive practical hands-on instruction specific to the work they will do in our Social Enterprise Department.

Trainees who finish the six-month work program either go on to complete their high school and enter apprenticeship programs (largely, in carpentry), or they move directly into the work force. BUILD has been able to hire a select number of former trainees as part of our permanent staff.

Training program break down

BUILD's training program consists of in-class training and practicum placements. The in-class training component is delivered in the first eight to 10 weeks and includes both life skills and vocational training. The practicum placements occur in the last four months of training.

In-class training

Trades-based tutoring:

Math is fundamentally important in the Trades. BUILD has partnered with Workplace Education Manitoba to offer tutoring to those trainees needing to further their knowledge and skills in trades-based math.

Life skills training

Life skills training is included in the in-class component of the program and provides participants with the skills required to transition to the labour market, which could include the following programs:

- money management training
- parenting program for eligible participants
- cultural programming
- driver training
- math tutoring (provided by Workplace Education Manitoba)

Vocational training

Vocational training will provide participants with skills required for the practicum component. Training could include the following programs:

VOCATIONAL TRAINING AND EMPLOYMENT

- provision of personal tools and safety equipment
- first aid/CPR
- WHMIS
- safety training (i.e. fall protection, personal protective equipment, hearing conservation, ladder safety, hands on safe power and hand tool use, other training as needed)
- tool use
- introduction to trades basics
- introduction to carpentry and plumbing trades
- other trades skills as determined by BUILD's current scope of work

Practicum training

Participants obtain work experience through practicum for the remaining four months of training. Participants gain work experience in one or more of BUILD's social enterprise divisions, which could include:

- Insulation division
- Maintenance division

Training occurs on-site through work orders obtained through Manitoba Housing and Community Development, other housing providers, or private sector contracts.

Adult Education Centres Inc.

1240 Main Street

Tel: 204-953-0818

Winnipeg, MB R2W 3S9

Website: www.adult-education.ca

Offer a variety of literacy and high school credit courses including options in math, English, science, and electives. Manitoba Education and Training recognizes both the 30-credit and mature adult high school diplomas that are offered.

A Stepping Stone

Tel: 204-586-7379

A program of the Point Douglas Community Resource Network's Adult Learning & Literacy program (ALL), it offers a variety of literacy programs and high school courses leading towards mature student diploma.

CrossRoads Learning Centre

Tel: 204-953-2030

Unit H – 2211 McPhillips Street

Fax: 204-694-0779

Winnipeg, MB R2V 3M5

Email: crossroadslearning@mymts.net

Website: www.crossroadslearning.ca

Provides high school credit courses (Grade 11-12) for adults to help them prepare for further training at the post-secondary level, or secure meaningful employment.

VOCATIONAL TRAINING AND EMPLOYMENT

Horizons Learning Centre

Unit G - 431 Thames Avenue
330 Portage Avenue
222 Furby Street

Website: www.horizonslearning.com

Tel: 204-772-1234 (Elmwood)

Tel: 204-943-1229 (City Place Skywalk)

Tel: 204-775-8486 (Crossways on Broadway)

Horizons Learning Centre is an adult learning centre which offers courses for obtaining a mature student diploma or to upgrade in order to gain employment or admittance to post-secondary schooling.

JobWorks Adult Learning Centre

1175 Pembina Highway
Winnipeg, MB R3T 2A5

Website: www.jobworksschool.com

Tel: 204-453-8351

Fax: 204-453-0277

The JobWorks Adult Learning Centre offers high school academic and vocational courses leading towards a mature high school diploma or GED upgrades.

Located in Winnipeg, Manitoba, **Jobworks** is an adult learning centre providing provides students with a variety of academic and vocational programs. Their main campus is located at 1175 Pembina Highway between Jubilee Avenue and McGillivray Boulevard.

Students are taught in a classroom environment by Manitoba-certified teachers using curriculum approved by the Manitoba government. The teachers at **Jobworks** are dedicated, caring professionals who take pride in working with students to help them achieve their goals. The environment at **Jobworks** is comfortable, welcoming, relaxed and technologically well- equipped. **Jobworks** is a non-profit organization, incorporated in December 2000. As an organization we have offered a variety of academic and vocational programs to both youth and adults. **Jobworks** is governed by a 10-member board of directors and is funded by the government of Manitoba. No tuition fees are charged for the courses.

The three main programs offered at **Jobworks** are *Adult High School*, *Alternative High School* and *Educational Assistant Internship*.

HOUSING

HOUSING

Rural and Native Housing Program

Manitoba Family Services and Housing

2nd Floor – 352 Donald Street

Winnipeg, MB R3B 2H8

Email: housing@gov.mb.ca

Website: <http://www.gov.mb.ca/housing/housingoffice.html>

Tel: 204-945-4663

Fax: 204-948-2013

Toll free: 1-800-661-4663

Manitoba Housing provides a wide range of subsidized housing throughout the province of Manitoba. We partner with other governments, community organizations and private groups to create safe and affordable housing.

Individuals and organizations **may be eligible** for one of the following programs:

- rental housing
- co-operative housing
- home ownership
- repair programs
- housing development
- secondary suites program
- rental housing construction tax credit program

At times we issue **calls for proposals** for various development projects.

We also provide **services** and **resources** to our Manitoba Housing tenants.

Once you've had a chance to look through our site please **contact us** with any questions you may have.

Urban Native Non-profit Housing

Manitoba Housing and Community Development

Portfolio Administration Branch

Main Floor - 280 Broadway

Winnipeg, MB R3C 0R8

Website: <http://www.gov.mb.ca/fs/housing/urbannativehousing.html>

Tel: 204-945-4661

This program supports the operation of non-profit native corporations or cooperatives that have developed housing for Aboriginal households in need. Applicants for housing assisted under this program will be selected on the basis of being financially unable to obtain affordable, suitable and adequate housing in the private market.

Dakota Ojibway First Nations Housing Authority

100-11 Arden Avenue

Tel: 204-988-5380

Anicinabe Housing Corporation

217 Main Street

Dauphin, MB R7N 1K5

Tel: 204-638-8927

HOUSING

Brandon Friendship Centre Housing

836 Lorne Avenue
Brandon, MB R7A 0T8

Tel: 204-727-1407

Kanata Housing Corporation

Suite 202 - 2055 McPhillips Avenue
Winnipeg, MB R2V 3C6

Tel: 204-338-6261

Keewatin Housing Association

23 Nichol Road
Thompson, MB R8N 0Y4

Tel: 204-677-0241

Kinew Housing Corporation

394 McGregor Street
Winnipeg, MB R2W 4X5

Tel: 204-956-5093

Payuk Intertribal Co-Op Ltd.

200-1080 Portage Avenue
Winnipeg, MB R3G 3M3

Tel: 204-942-0991

Portage Friendship Centre Housing

20-3rd Street North East
Portage la Prairie, MB R1N 3C5

Tel: 204-239-6333

Swan River Friendship Centre Housing

1413 Main Street East
Swan River, MB R0L 1Z0

Tel: 204-734-9301

Winnipeg Rental Network

c/o 509 Selkirk Avenue
Winnipeg, MB R2W 2M6
Email: Contact@winnipegrentnet.ca

Tel: 204-417-2110

The Winnipeg Rental Network (WRN) is a non-profit initiative providing a web-based database that makes it easier for people to find affordable rental housing. The site is also a one-stop-shop for agencies that provide supports to people in the low-to-medium income range. WRN is not a housing provider; it is a network of public, private and community-based organizations that work to improve accessibility to affordable rental accommodation.

The Network uses Median Market Rents, as determined by Canada Mortgage and Housing Corporation (CMHC), to establish an upper limit on what is deemed “**affordable**”.

HOUSING

The WRN database is a free service for landlords and tenants. Landlords and property managers can log on and self-manage rental listings. The WRN administrator can also create listings for landlords (see contact info below).

Individual renters seeking accommodations can search geographic areas to find vacancy and contact information.

If you have a tenant/landlord dispute, or if you have questions about your rental, you can also call the **Residential Tenancies Branch** for help at 204-945-2476. The Residential Tenancies Branch is responsible for enforcing Landlord & Renter regulations found in The Residential Tenancies Act.

The Winnipeg Rental Network also maintains online material regarding tenant and landlord rights, information about housing programs and links to organizations that provide housing support. The primary goal of this information service is to strengthen tenancy for renters and to minimize challenges facing landlords.

COMMUNICATIONS

Indigenous Business Directory

Manitoba Infrastructure
Procurement Services Branch
2nd Floor - 270 Osborne Street North
Winnipeg, MB R3C 1V7
Email: procserv@gov.mb.ca
Tel: 204-945-6361
Fax: 204-945-1455

Manitoba's Aboriginal population is growing quickly, including an expanding business and entrepreneurial sector, yet Aboriginal firms have been under-represented in responding to government procurement opportunities. Procurement practices can be seen as one way to assist in the development of Aboriginal business and supports Manitoba's commitment to community economic development as a key component of Manitoba's economic strategy, intended to develop a provincial economy that is more inclusive, equitable, and sustainable.

The objective of the Aboriginal Procurement Initiative is to increase the participation of Aboriginal peoples and suppliers in providing goods and services to the Manitoba government. To that end, Manitoba Procurement Services Branch has introduced an Aboriginal Procurement Initiative (API) to increase the participation of Aboriginal businesses in providing goods and services to government.

Manitoba Metis Business Directory

340 – 150 Henry Avenue
Winnipeg, MB R3B 0J7
Email: info@medf.ca
Tel: 204-589-0772
Fax: 204-589-0791
Toll free: 1-800-387-6004

The Metis community is strong province-wide. Being in the directory, you can be recognized as a leader in your sector and become more accessible to people searching for an expert in your field – with this directory, the Metis can support one another. The Metis Business Directory can help increase the competitiveness of your business, broaden your awareness of opportunities for business growth and connect you more strongly to the Metis Community.

- Increase Business
- Network with other leaders in your sector
- Take full advantage of all opportunities available to you
- Collaborate with other Métis entrepreneurs
- Procurement Opportunities
- Raise you business profile

Aboriginal Peoples Television Network (APTN)

2nd floor - 339 Portage Avenue
Winnipeg, MB R3B 2C3
Email: info@aptn.ca
Tel: 204-947-9331
Fax: 204-943-8985
Toll free: 1-888-278-8862

APTN is the first national Aboriginal television network in the world with programming by, for and about Aboriginal Peoples, to share with all Canadians as well as viewers around the world. APTN is a mandatory service available in over 11 million Canadian households with

COMMUNICATIONS

basic cable, direct-to-home (DTH) or wireless service.

APTN's programming is over 80% Canadian content with other programming generated from New Zealand, Australia, Central and South America and the United States. APTN has 56% of its programming in English, 28% in various Aboriginal languages and 16% in French. Over half of APTN programming (56%) is exclusive and cannot be seen on any other network.

Aboriginal Youth Network (AYN)

PO Box 34007 - Kingsway
Edmonton, AB T5G 3G4
Email: info@comminit.com

Tel: 780-459-1058
Fax: 866-419-7266

The AYN was brought about because of the social and health issues that Aboriginal youth face due to the breakdown of Aboriginal Culture in Canada. This website will attempt to unite and bring cultural identity to youth across the country. The goal is to provide a place where youth can access information that they may find useful in their everyday lives. The main focus is on news, events, and getting youth to communicate with each other. The reason the AYN was implemented was to get youth over the disadvantages they faced as Aboriginal people. This is done through tying social issues together with culture. The AYN's focus is on current events, expression of ideas, involvement in the community, remedying disadvantages that Aboriginal peoples face, and providing communication tools to Aboriginal youth.

Grassroots News

24 -1635 Burrows Avenue
Winnipeg, MB R2X 3B5
Email: publisher@grassrootsnews.mb.ca

Tel: 204-589-7495
Fax: 204-589-7540
Website: <http://www.grassrootsnews.mb.ca>

Grassroots News reaches 63 First Nations, most Métis communities, as well as major cities and towns in Manitoba. Within the City of Winnipeg we have over 200 strategically placed distribution points. We also do door-to-door distribution in many neighborhoods where Aboriginal people live. Papers are also distributed through Aboriginal Tribal Councils, libraries, government offices, colleges and Aboriginal and Métis community centres. As our name implies, we are read by the "Grassroots" people making up the Aboriginal and Métis population of Manitoba, as well as the decision-makers within that Aboriginal demographic. Our National edition reaches Aboriginal people and decision-makers throughout Canada.

CHURCH SPONSORED GROUPS

CHURCH SPONSORED GROUPS

Agape Table

All Saints Anglican Church
175 Colony Street
Winnipeg, MB R3C 1W2

Tel: 204-783-6369
Secondary Line: 204-786-2370

Agape Table is committed to providing a community-based program, nourishing the body, mind, and spirit of our guests in a cost effective and financially responsible manner. Agape Table provides a subsidised breakfast for \$1.00 and lunches for \$2.00. Meals are prepared with fresh ingredients; all items are purchased and prepared in restaurant style. Their breakfast program runs Monday to Friday, from 9 - 11:30 a.m. Onsite, Low-Cost Grocery operates Tuesdays, Wednesdays and Thursdays from Noon to 2PM offering choices of good nutritious food for at-cost prices, so everyone has the opportunity to eat healthy — including milk, cheese, meat, eggs, fresh fruit and vegetables.

Sandy-Saulteaux Spiritual Centre

Box 210
Beausejour, MB R0E 0C0
Email: sansau@mymts.net

Tel: 204-268-3913
Fax: 204-268-4463
Website: <http://sandysaulteaux.ca>

The Sandy-Saulteaux Spiritual Centre is an Aboriginal theological and ministry training program of the United Church of Canada. It prepares Aboriginal people for lay and ordered ministry by affirming a style of leadership appropriate to Aboriginal culture and Aboriginal church experience. It also develops and tests curricula and models to uphold this style of learning, including theological education by extension programs. The Sandy-Saulteaux Spiritual Centre provides cross-cultural and spiritual awareness for the larger community.

The Sandy -Saulteaux Spiritual Centre is located on 36 peaceful acres of wooded parkland beside the Brokenhead River, one mile east of Beausejour, Manitoba. The buildings include a main lodge, offices, and three residential lodges. Meals are prepared on site.

First Nations Community Church

44 Tentler Street
Winnipeg, MB R2R 0L1

Tel: 204-632-5100
Fax: 204-694-7157

Worship service at 11 a.m. Children's Church during worship service. Phone for information.

Indigenous Family Centre, Inc.

470 Selkirk Avenue
Winnipeg, MB R2W 2M5
Email: info@ifcentre.ca

Tel: 204-586-8393/204-586-8394
Fax: 204-582-3131
Website: <http://www.ifcentre.com/>

Indigenous Family Centre is an organization that focuses on spirituality and healing. The centre uses a holistic approach to support the families in the Indigenous community. The goal is the development of an Indigenous community that works and worships together and a community that cares for and supports each other. The centre encourages local people to

CHURCH SPONSORED GROUPS

identify program ideas and take ownership of the activities and events that happen at the centre. In this way, the centre helps facilitate leadership development.

Pastoral care and counselling are provided, and staff are available to listen to people and provide encouragement and support to community members as they work at healing within their lives. Everyone is welcome to join a weekly sharing circle on Thursday mornings at 11 a.m.

St. Kateri Tekakwitha Aboriginal Catholic Parish

548 Home Street
Winnipeg, MB R3G 1X7
Email: st.kateri@shaw.ca

Tel: 204-783-7215
Fax: 204-775-1126
Office Hours: 9 a.m. to 4:30 p.m.

The parish exists in response to the expressed need of the Catholic Aboriginal people of Winnipeg for a church of their own - a church not only in the sense of a place to attend mass and celebrate the sacraments, but a church as the central place in the development of an Aboriginal Christian community.

This ministry provides liaison and assistance to individuals and families attempting to obtain services from the various social agencies in the city, and also provides support and help to individuals and families in crisis. Church Mass: Sunday at 9 a.m. and 10:30 a.m.

Mennonite Central Committee (MCC) Manitoba

Indigenous Neighbours Program
159 Henderson HWY
Winnipeg, MB R2L 1L4

Tel: 204-925-1910
Email: kerrysanerharvey@mccmb.ca
Website: <http://mccmb.ca>

The purpose of MCC Manitoba's Indigenous Neighbours Program is to support Indigenous peoples in Manitoba, particularly treaty areas 1 to 3, in achieving political, economic, social and cultural self-determination, as well as is to foster authentic relationships towards reconciliation between non-Indigenous and Indigenous peoples. Thus, the work is concentrated in two areas:

Social Development: MCC uses a community development approach to facilitate strategic planning and organizational development, with a particular focus on community wellness, youth employment, education and environmental justice.

Renewing Relationships: The purpose of this program is to facilitate dialogue and mutual understanding between Indigenous and non-Indigenous people as a basis for working together to address issues of contemporary or historical injustices experienced by Indigenous peoples in Canada. The emphasis of this program is on Indigenous self-government, social policy and sacred access to land and resources.

St. Matthews - Maryland - Community Ministry

365 McGee Street
Winnipeg, MB R3G 3M5
Website: www.stmatthewsmaryland.ca

Tel: (204) 774 3957
Email: admin@stmatthewsmaryland.ca

CHURCH SPONSORED GROUPS

Drop-in: Monday, Tuesday, Thursday, Friday from 1:30-4 p.m. Come for coffee, a light lunch, and good company. Women only on the 2nd and 4th Thursday of every month. (Childcare is provided on women's days)

Emergency Food Pantry: Tuesday and Thursday from 1:30-4 p.m. Provides a small amount of food for individuals and families facing emergency situations. This can only be claimed once every 2 weeks. Ministries capable pastoral care team volunteers can work with you to find other resources.

Sharing Circle and Lunch: Tuesday mornings at 10:30 a.m. We meet for a smudge, prayers, and a sharing circle led by an Elder. All are welcome. This is followed by lunch.

St. Matthews-Maryland – Community Ministry offers lots of other programs at any given time. Please see their website or call for the most current information.

United Church of Canada - All Native Circle Conference

367 Selkirk Avenue

Winnipeg, MB R2W 2M3

Email: admin@ancc.united-church.ca

Tel: 204-582-5518

Fax: 204-582-6649

Website: allnativecircleconference.com

The All Native Circle Conference is an umbrella organization providing support and connection for about 40 Aboriginal ministries of the United Church of Canada. The congregations are located from Alberta to Quebec, with about half being in northern Manitoba. The Selkirk Avenue location is mainly office and meeting space for the organization and headquarters for the staff team. From time to time, other groups meet in the space.

Northend-Stella Community Ministry

470 Selkirk Avenue

Winnipeg, MB R2W 2M5

Website: <http://northendstella.ca/>

Tel: (204) 586 8137

Email: minister@northendstella.ca

Programs offered include:

- Women's Circle on Wednesday evenings at 6 p.m.
- Worship Circle most Sunday afternoons at 2 p.m.
- Drop in counseling and conversation on Wednesdays from 1-4 p.m.
- Moving towards Reconciliation: Our community minister works with partner churches and community organizations to build bridges of understanding through the Blanket Exercise and sharing circles.

Winnipeg Inner City Missions

Website: <https://wicm.ca>

Anishinabe Fellowship

287 Laura Street

Tel: 204-946-0887

CHURCH SPONSORED GROUPS

- Place of Hope Community Store
Monday – Thursday - 9 a.m. - 3 p.m.
Used clothing and household items - 25¢ per article
- LAPP (Learning And Play Program)
Infants to children five years of age and their caregivers
Wednesday 1-3 p.m.
Call Susan at 204-942-8682 ext 224 for information

Place of Hope

415 Logan Avenue

Winnipeg, MB R3A 0A4

Staff Offices:

Rev Margaret Mullin (Executive Director)

Tel: 204-942-8682 ext 222

Susan Currie (Parish Social Worker)

Tel: 204-942-8682 ext 224

Crystal McKeen (First Steps to Employment Project Co-ordinator) **Tel:** 204-942-8682 ext 223

- First Steps to Employment Project
For single adults 30-50 years of age old who want to work and need extra supports.
There are 19 apartments available for those who qualify for entry into the project
- Place of Hope Presbyterian Church
Reverend Margaret Mullin (Minister) **Tel:** 204-942-8682 ext. 222
Church and Sunday School - Sundays at 3:30 p.m.

Flora House

739 Flora Avenue

Tel: 204-586-5494

- After School Program for ages 6-10 years
3:30-5:30 p.m. Monday to Thursday. Children must be registered.
- Teen Program for ages 11-14 years
6:30-8:30 p.m. Monday to Thursday. Children must be registered.
- Food Bank every other Tuesday – September to June
People must register ahead with Winnipeg Harvest
- Summer Day Camps in July and August
Ages 6-14 Monday to Thursday 11 a.m.-4 p.m.

ARTS AND CRAFTS

ARTS AND CRAFTS

Arctic Trading Company

Box 910
Churchill, MB R0B 0E0
Toll free: 1-800-665 0431
Email: atcpenny@mymts.net

Tel: 204-675-8804
Fax: 204-675-2164

Thompson Trading Post

City Centre Mall
Thompson, MB R8N 0M2
Website: <http://arctictradingco.com>

Tel: 204-677-2026
Fax: 204-677-3149

Arctic Trading Company and Thompson Trading Post feature the work of a number of Aboriginal women in Churchill who specialize in mukluks, moccasins, fur mitts, sheepskin hats, etc. They deal directly with Aboriginal artists. Two workshops are held: 1) Caribou hair tufting and sculptures, and 2) framing caribou hair sculptures and tuftings, birchbark bitings, beadwork and fish scale work produced by native artists.

Canadian Plains Gallery, Inc.

106 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Website: <http://neeginancentre.com/canadian-plains-gallery/> or
<http://www.canadianplainsgallery.com/>

Tel: 204-943-4972
Fax: 204-943-5008

Gallery Hours: Monday to Friday 9 a.m. - 5 p.m.

Canadian Plains Gallery offers a wide variety of Aboriginal art. The mediums consist of paintings, carvings, sculptures, original jewellery, stone painting, caribou hair tufting, porcupine quill work, totems, spirit poles, beadwork, pottery, etching on granite, wood burning, birch bark biting, flutes, photography, prints and art cards. Artists are available for workshops, murals, commissions and logos. The gallery is also an agency for models, traditional dancers, singers, music, photography services and entertainment coordinating.

Concourse Aboriginal Gallery and Framing

224 Notre Dame Avenue
Winnipeg, MB R3B 1N6

Tel: 204-943-2795
Fax: 204-943-2795

The Concourse Aboriginal Gallery offers a wide selection of traditional and contemporary Aboriginal art, along with an extensive variety of prints and other works of art, including stone carvings. They also appraise art and repair carvings.

ARTS AND CRAFTS

Nunavut Gallery

603 Corydon Avenue
Winnipeg, MB R3L 0P3

Email: Richard@nunavutgallery.com

Tel: 204-478-7233

Fax: 204-943-2734

Website: <http://www.nunavutgallery.com>

Nunavut Gallery carries sculpture, drawings and prints from all areas of the Arctic. They also do appraisals.

Teekca's Aboriginal Boutique

The Forks Market
223-1 Forks Market Road
Winnipeg, MB R3C 4L9

Email: teekcasboutique@mts.net

Tel: 204-946-0539

Fax: 204-942-1722

Website: <http://www.teekcasboutique.ca>

Teekca's Aboriginal Boutique is a unique Aboriginal shop catered to provide gifts crafted by the first peoples of North America. The artisans incorporate the history, geography and culture into their beautiful wares and artwork by drawing upon the natural resources from the land. Inside you will discover a bounty of Aboriginal treasures for that special person or a keepsake reminiscent of past generations for yourself. The virtual and actual store hosts a variety of Aboriginal art work and hand crafted items from all Aboriginal ancestry of Canada and across North America. And if we don't have what you're looking for we can work with you to create them.

Winnipeg Trading Post

1128 Main Street
Winnipeg, MB R2W 3S3

Email: winnipegtradingpost@hotmail.com

Website: <http://www.winnipegtradingpost.com>

Tel: 204-947-0513

Fax: 204-942-4648

Toll free: 1-866-293-4949

Winnipeg Trading Post carries Native handcrafted supplies, Navajo and Mojave blankets, mukluks and crafts, beads, leather and furs.

PROFESSIONAL SERVICES

PROFESSIONAL SERVICES

First Peoples Economic Growth Fund:

102-1075 Portage Avenue
Winnipeg, MB R3G 0R8

Email: info@firstpeoplesfund.ca

Tel: 204-942-6026

Fax: 204-942-6441

Toll free: 1-888-942-6026

Website: www.firstpeoplesfund.ca

Aboriginal Chamber of Commerce

1075 Portage Avenue, Ste 208
Winnipeg, MB R2W 5H9

Email: info@aboriginalchamber.ca

Tel: 204-237-9359

Fax: 204-947-0145

Website: www.aboriginalchamber.ca

Aboriginal Chamber of Commerce is a national business association that, while focused on Aboriginal business and commerce, is open to all business leaders.

Louis Riel Capital Corporation (LRCC)

Floor 3 - 150 Henry Avenue
Winnipeg, MB R3B 0J7

Email: info@lrcc.mb.ca

Tel: 204-589-0772

Fax: 204-589-0791

Tribal Wi-Chi-Way-Win Capital Corporation (TWCC)

419 Norte Dame Avenue
Winnipeg, MB R3B 1R3

Website: <http://www.twcc.mb.ca>

Tel: 204-943-0888

Fax: 204-946-5318

Toll free: 1-800-568-8488

TWCC was established in 1993 to provide financial resources to qualified member Aboriginal entrepreneurs and businesses in Manitoba. Structured under the guidelines of the Aboriginal Capital Corporation Program of the Canadian Aboriginal Economic Development Strategy, TWCC was created through the efforts and application of five Manitoba Tribal Councils and a number of Independent First Nations. From the original three employees, TWCC has grown to its current size of over 165 employees across multiple lines of business. Its diversification strategy has led to consistent and strategic growth within the organization.

TWCC embraces a culture founded on strong governance, commitment to deliver value to its shareholders and to make positive contributions within the community. Today, TWCC is one of the largest of the 60+ Aboriginal Capital Corporations across Canada. Since inception in 1993, TWCC loans have helped approximately 800 Aboriginal businesses in Manitoba, which in turn has generated over 2,300 jobs.

Aboriginal Funeral Chapel

PROFESSIONAL SERVICES

724 Selkirk Avenue
Winnipeg, MB R2W 2N3
Email: peterafc@mts.net

Tel: 204-586-7700
Fax: 204-582-4829

At the Aboriginal Funeral Chapel, Aboriginal staff serve First Nations people. The chapel is dedicated to honouring and upholding First Nations traditions.

Aboriginal Printing Services also operating as Shinnecock Native Printers

Room B02 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-589-4844
Email: native@mts.net

Aboriginal Printing Services specializes in digital, full-colour, offset and letterpress printing. The company has been in business since 1977. (Shinnecock - a Native American tribe of the Algonquian Nation)

Canadian Council for Aboriginal Business (CCAB)

2 Berkeley Street
Toronto, ON M5A 4J5
Email: info@ccab.com

Tel: 416-961-8663
Fax: 416-961-3995
Website: <http://www.ccab.com>

CCAB is dedicated to promoting the full participation of Aboriginal people in the Canadian economy. CCAB's mission is to connect Aboriginal and non-Aboriginal people and companies with the opportunities they require to achieve personal and business success. CCAB's most far-reaching initiative is the Progressive Aboriginal Relations (PAR) program, which helps corporations assess their performance in their relations and involvement with Aboriginal communities and provides tools to help them improve.

Dakota Ojibway Community Futures Development Corporation

4820 Portage Avenue
Headingley, MB R4H 1C8
Email: info@docfdc.mb.ca

Tel: 204-988-5373
Fax: 204-988-5365
Website: <http://www.docfdc.mb.ca>

The corporation provides small business loans to members from any of the eight communities of the Dakota Ojibway Tribal Council, including:

- Birdtail Sioux First Nation
- Canupawakpa Dakota Nation
- Dakota Plains First Nation
- Long Plain First Nation
- Roseau River First Nation
- Sandy Bay First Nation
- Sioux Valley Dakota Nation
- Swan Lake First Nation

First Nations Bank Micro Loan Program

PROFESSIONAL SERVICES

Western Economic Diversification Canada

P.O. Box 777
Suite 712 - 240 Graham Avenue
Winnipeg, MB R3C 2L4

Tel: 204-983-4472
Toll free: 1-888-338-9378
Fax: 204-983-1280

Winnipeg Branch:

360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 1-866-519-5898
Fax: 204-988-1388

Website: <https://www.fnbc.ca/Business/>

The First Nations Bank Micro Loan Program, from Western Economic Diversification Canada (WD) and the First Nations Bank of Canada, offers loans to help start or expand a business.

The First Nations Bank Micro Loan Program is specifically designed to benefit people meeting the following criteria:

- operating or about to operate in Western Canada
- enrolled in or a graduate of the Self-Employment Benefits Program or similar entrepreneurial program
- referred to First Nations Bank by Western Economic Diversification.

To be eligible, interested applicants must clearly show a commitment to starting or expanding a small business. This may involve demonstrating a significant time commitment to the start-up or management of the business and some financial stake in the prospective or existing business.

Ininew Project Management Ltd.

700-294 Portage Avenue
Winnipeg, MB R3C 0B9
Email: ininew@ininew.com

Tel: 204-956-0900
Fax: 204-956-4766
Website: <http://www.ininew.com>

Ininew Limited Partnership was founded in 1990, specifically to provide feasibility study, engineering design and project management services for the full range of capital projects in First Nation Communities.

Ininew is completely owned by two Manitoba First Nations - Tataskweyak Cree Nation (Split Lake) and Mosakahiken Cree Nation (Moose Lake). It meets the criteria set out by Canada for Aboriginal Business. Ininew's services are provided by skilled professionals who recognize the importance of local planning and decision making processes. This enables Ininew to respond effectively to community input and thus increase community satisfaction with the results of each project. Ininew offers services in the following major areas:

- capital planning
- project management
- feasibility studies
- civil engineering design

PROFESSIONAL SERVICES

- construction administration
- geotechnical engineering
- foundation design and inspection
- environmental audits
- contaminant migration and site remediation strategies
- housing: residential, elderly person homes
- education: schools and teacherages
- recreation: arenas, curling rinks and baseball diamonds
- commercial: malls, office complexes, apartments, and convenience stores

ME-DIAN Credit Union

303 Selkirk Avenue
Winnipeg, MB R2W 2L8
Email: info@mediancu.mb.ca

Tel: 204-943-9111
Fax: 204-942-3698
Website: www.me-diancu.mb.ca

ME-DIAN Credit Union serves the Aboriginal Community of Manitoba.

The Sunshine Group

275 Selkirk Avenue
Winnipeg, MB R2W 2L5
Email: studio@worldwidesunshine.com

Tel: 204-586-8057
Fax: 204-582-8397
Website: www.worldwidesunshine.com

The Sunshine Group is a fully integrated recording, distribution and manufacturing company that offers services to musical performers specializing in Aboriginal, country and ethnic music. Sunshine also has two state-of-the-art recording studios, called the Platinum/Gold Studios.

Tribal Councils Investment Group of Manitoba Ltd.

Head Office:

221 – 530 Century Street
Winnipeg, MB R3H 0Y4

Tel: 204-947-1916
Fax: 204-946-0635

In 1990 the seven Tribal Councils of Manitoba (TCIG), representing 55 First Nation communities and over 92,000 people, combined resources to establish themselves in the corporate business community. The Tribal Councils Investment Group of Manitoba Ltd. (TCIG) was formed, with head offices on Opaskwayak Cree Nation and operating offices in Winnipeg. TCIG is dedicated exclusively to the economic development of member First Nations communities. This is achieved by planning long-term strategic investments in the mainstream economy that provide a reasonable return, generating a solid foundation of wealth and employment, and creating a capital pool for economic development.

JUSTICE SYSTEM

JUSTICE SYSTEM

Aboriginal Court Worker Program

2nd Floor - 405 Broadway
Winnipeg, MB R3C 3L6

Tel: 204-945-3909
Fax: 204-948-2150

This service is for Aboriginal people involved in the criminal court process, who require guidance on the best course of action.

The court workers:

- act as liaison with police
- advise the accused of alternative courses of action open to them
- assist in contacting legal counsel
- assist in communication between counsel and accused
- obtain legal aid where necessary
- assist those in custody to be released on bail or otherwise
- assist the accused and police to contact relatives, social agencies, etc.
- act as liaison with Probation Services
- maintain contacts with reserves and with Indian and Métis organizations

Court Workers

Senior Court Worker

313-408 York Avenue
Winnipeg, MB R3C 0P9

Tel: 204-945-0024
Fax: 204-948-2150

Winnipeg Law Courts Complex and Circuit Courts

313-408 York Avenue
Winnipeg, MB R3C 0P9

Tel: 204-945-1938
Fax: 204-948-2150

Manitoba Youth Centre and Circuit Courts

172 Doncaster Street
Winnipeg, MB R3N 1X0

Tel: 204-475-2017
Tel: 204-475-2018

Brandon
1104 Princess Street R7A 0P9

Tel: 204-726-6486

Dauphin
27 - 2nd Avenue S.W. R7N 3E5

Tel: 204-622-2080

Portage la Prairie
25 Tupper Street N. R1N 3K1

Tel: 204-239-3562

The Pas
P.O. Box 1741 R9A 1L5

Tel: 204-627-8489

JUSTICE SYSTEM

Thompson
59 Elizabeth Road M8N 1X4

Tel: 204-677-6754

Split Lake
Nelson House
Pukatawagan
Oxford House
God's Lake Narrows
Easterville

Tel: 204-342-2045
Tel: 204-484-2392
Tel: 204-553-2089
Tel: 204-538-2164
Tel: 204-335-2427
Tel: 204-329-2161

Commission for Public Complaints against the RCMP

Western Region Office
Suite 102, 7337 - 137 Street

Tel: 604-501 4080

Toll free across Canada for inquiries and complaints: 1-800-665-6878
Surrey, BC V3W 1A4

Fax: 604-501-4095

Email: complaints@cpc-cpp.gc.ca

Website: <http://www.cpc-cpp.gc.ca>

The Commission for Public Complaints against the RCMP is an independent federal agency established in 1988 to review public complaints about the conduct of RCMP members in a fair and impartial manner. If you wish to make a complaint, you may do so by telephone, in writing, or via the Internet. Across Canada, the toll free number for inquiries and complaints is 1-800-665-6878. To make a complaint by Internet, an electronic complaint form may be completed online or may be downloaded in PDF format by accessing the above website.

The Law Enforcement Review Agency (LERA)

Manitoba Justice
LERA Commissioner
420 - 155 Carlton Street
Winnipeg, MB R3C 3H8

Tel: 204-945-8667

Fax: 204-948-1014

Toll free: 1-800-282-8069

Email: lera@gov.mb.ca

Website: <http://www.gov.mb.ca/justice/lera>

The Law Enforcement Review Agency is an independent, non-police agency established under The Law Enforcement Review Act in 1985 to investigate public complaints about police. LERA deals only with complaints about municipal and local police performance arising out of the performance of duties. It does not investigate criminal matters, which are referred to the Crown Attorney's office. LERA is staffed by a Commissioner, a registrar and professional investigators. The Act applies to any peace officer employed by a Manitoba municipal or local police department, including police chiefs. It does not apply to members of the RCMP. Complaints about members of the RCMP should be directed to the Commission for Public Complaints against the RCMP (see separate listing).

Legal Aid Manitoba

Application Centre – Winnipeg

100 - 287 Broadway
Winnipeg, MB R3C 0R9

Tel: 204-985-8500

Fax: 204-949-9216

Website: <http://www.legalaid.mb.ca>

Toll free: 1-800-261-2960

Legal Aid Manitoba exists to help people - individuals and groups - who need a lawyer but

JUSTICE SYSTEM

who cannot afford to pay for one. There are three main types of Legal Aid services:

Drop-in advice and information - Members of the public may meet with a lawyer or supervised paralegal to discuss any legal problem. No application is needed for this type of service - everyone qualifies.

Formal representation - Legal Aid Manitoba pays for or helps to pay for a lawyer. For this service, individuals must complete an application and be found eligible. In some cases, Legal Aid will provide this service through full-service duty counsel.

Duty counsel - Lawyers are present in many criminal and youth and some child welfare courts to help and advise anyone who has to appear before a judge. An application is not needed for this type of service - everyone qualifies.

Legal Aid has other special programs that include service to Aboriginal clients:

Northern Paralegal Program: Aboriginal paralegals who speak both English and Cree work out of the Legal Aid offices in Thompson and The Pas. They travel to the communities of Cross Lake, God's Lake Narrows, Norway House, Shamattawa, Oxford House, Pukatawagan, Moose Lake, Easterville and Cranberry Portage. In each of these communities the paralegals hold drop-in clinics to help residents understand and use Legal Aid services. They also assist community organizations in developing justice-related programs (such as crisis shelters or fine option programs) and dealing with larger legal problems affecting the entire community. As part of the court process, it is the role of the paralegal to assist Legal Aid lawyers and Aboriginal clients to communicate with each other by overcoming the language barrier.

Other Legal Aid Offices in Manitoba:

Brandon Area Office

236 -11th Street
Brandon, MB R7A 4J6

Toll free: 1-800-766-2148

Tel: 204-729-3492

Fax: 204-726-1732

Parklands Area Office

138-1st Avenue S.W. Unit A
Dauphin, MB R7N 1S2

Toll free: 1-877-622-4660

Tel: 204-622-4666

Fax: 204-622-4679

The Pas - Northern Area Office

P.O. Box 4062
1 - 236 Edwards Avenue
The Pas, MB R9A 1S6

Toll free: 1-855-787-0694

Tel: 204 627 4837

Fax: 204 627 4840

Thompson - Northern Area Office

2nd floor, 3 Station Road
Thompson, MB R8N 0N3

Toll free: 1-855-444-4665

Tel: 204-677-1224

Fax: 204-677-1347

Manitoba Association for Rights and Liberties (MARL)

507 - 294 Portage Avenue
Winnipeg, MB R3C 0B5

Tel: 204-947-0213

Fax: 204-946-0403

Website: <http://www.marl.mb.ca>

A community organization for the protection and extension of human rights and civil liberties, the Manitoba Association for Rights and Liberties specifically focuses on Charter Rights and Legislative Review. MARL reviews provincial legislation, presents briefs and recommendations to government. It is also involved in public education. Core funding is

JUSTICE SYSTEM

provided by the United Way.

Manitoba Human Rights Commission

7th Floor—175 Hargrave Street
Winnipeg, MB R3C 3R8
Email: hrc@gov.mb.ca

Tel: 204-945-3007
Fax: 204-945-1292
Website: www.manitobahumanrights.ca

Brandon Office

Rm. 341-340 Ninth Street
Brandon, MB R7A 6C2

Tel: 204-726-6261
Fax: 204-726-6035

The Manitoba Human Rights Commission is the agency responsible for administering The Human Rights Code. The Commission is a resource for all Manitobans with respect to discrimination and human rights issues. The Commission takes complaints of discrimination against provincially regulated businesses and organizations and investigates them to determine if a public hearing of the complaint is warranted. The Commission assists in trying to resolve complaints without the need for a hearing. The Commission also conducts human rights education programs for businesses, schools and other organizations and does presentations to promote human rights principles.

Native Clan Organization

94 McGregor Street
Winnipeg, MB R2W 4V5
Email: admin@nativeclan.org

Tel: 204-943-7357
Fax: 204-943-4085
Website: <http://www.nativeclan.org>

The Native Clan Organization is a support agency whose primary purpose is to help offenders and ex-offenders rehabilitate themselves back into society. Native Clan operates on a fee for service via a renewable contract with the Federal and Provincial Departments of Corrections. Native Clan operates **Diamond Willow Lodge**, 160 Mayfair Avenue, which provides a residence to ex- offenders. They offer substance abuse counseling, basic job skills programming, along with Elder services to accepted residents of both locations. Native Clan Organization is not a community drop-in. We deal only with federal and provincial offenders within Canada.

Onashowewin Justice Circle (Restorative Justice Program)

101-720 Broadway
Winnipeg, MB R3G 0X1
Email: reception@onashowewin.com
Website: www.onashowewin.com

Tel: 204-336-3600
Fax: 204-336-3610
Toll free: 1-855-320-0022

Onashowewin Inc. is a community based, non-profit organization dedicated to establishing restorative and holistic approaches for achieving justice that take into account the needs and strengths of the community. Onashowewin accepts referrals from the Crown Attorney's office for people who have been charged with a variety of offences. They accept both young offenders and adults at various points in the justice system. They offer victim/offender mediation, community justice forums, and conciliation, as well as programs for offenders. The program is not retributive, as is the mainstream justice system. They do not punish,

JUSTICE SYSTEM

even though they do hold offenders accountable for their actions. They do not judge people based on a single criminal incident. Their approach is to try and address underlying issues that have led to criminal behaviours. Their objective is to help restore, heal and transform relationships and the community.

In-house programs- Mino-Pamatezwini:

The Mino-Pamatezwini Healthy Decision-making program

The Mino-Pamatezwini Auto-related program

The Mino-Pamatezwini Theft under programs

Onashowewini Programs offered:

Ways of Being Workshop

The Ways of Being workshop is a full day of cultural teachings/ceremony where the participants have an opportunity to participate and learn about preparing for a ceremony. Onashowewini's cultural advisors will share the significance of their teachings and how the teachings are a part of self-identity, self-esteem, and self-worth.

The Live Free Workshop

The Live Free workshop is held in two sessions, each session being two hours in length. The workshop teaches the participants the importance of taking responsibility for their actions/behaviours, as well as exploring how to make positive lifestyle changes.

The One Life Workshop

The One Life workshop is a two-hour information workshop for individuals who have issues with alcohol and drugs. The participants may become aware of their patterns of behaviours, their triggers, and learn the affects of alcohol and drugs on their body, emotions, and their minds.

The Negative Energy Workshop

The Negative Energy workshop is held in two, two-hour sessions. The objective is to focus on the participant's negative emotions, take responsibility for them, and to explore the root cause of anger and the importance of having a balanced way of life.

The Inini Workshop

The Inini workshop is a two-hour session for men with teachings on the role of a man. Inini is the Ojibway term for man. The participants have the opportunity to hear the traditional role of a man and their responsibilities to themselves and everyone around them.

The Ekwe Workshop

The Ekwe workshop is a two-hour session for woman with teachings on the role of a woman. Ekwe is the Ojibway term for woman. The participants have the opportunity to hear the traditional role of a woman, the sacredness of a woman, and their responsibilities to themselves and everyone around them.

The Kimotin Workshop

The Kimotin workshop is a two-hour session. The participants may become aware of their patterns of behaviour and their association with theft and shoplifting. As well as the impact theft has on the community.

JUSTICE SYSTEM

The Sense of Belonging Workshop

The Sense of Belonging workshop is a two-hour session. The objective is to create awareness, as well as developing strategies to build self-esteem, self-worth, and self-identity.

Living in Balance

Living in Balance is a program designed to promote healthy relationships. It begins with defining a healthy relationship and how you can achieve and maintain one.

MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

Bear Clan Patrol Inc.

509 Selkirk Avenue
Winnipeg, MB R2W 3M6

Website: www.bearclanpatrolinc.com

Tel: 204-918-8958

Email: bearclanmb@hotmail.com

Today's resurgence of the Bear Clan Patrol is in response to our communities need to protect the women, children, elderly and vulnerable community members.

Ikwe Safe Ride – Winnipeg

Email: ikwesaferride@hotmail.com

Website: www.ikwesaferrides.wordpress.com

Ikwe (Women Helping Women) Safe Ride Mission Statement; Ikwe Safe Ride aims to provide a safe means of transportation for female members and children of our community through a volunteer run initiative. We are an alternative to taking a taxi. We embrace diversity and promote equality in our community. The safety of our volunteers and passengers is our number one priority. Donations appreciated: minimum donation \$10. We are a safe alternative to taxi rides, not a free ride service.

Ka Ni Kanichihk, Inc.

455 McDermot Avenue
Winnipeg, MB R3A 0B5

Email: admin@kanikanichihk.ca

Tel: 204-953-5820

Fax: 204-953-5824

Website: www.kanikanichihk.ca

Medicine Bear Elder and Support Services working with families of Murdered and Missing Indigenous Women. Missing Persons & Persons at risk Toolkit available on website.

Neechi Rides

300 Carlton Street
Winnipeg, MB R3B 2K6

Tel: 204-514-6507

Neechi Rides was found by Pernell Flett. He provides safe travel for First Nation people anywhere that they need to go.



Indigenous Relations

Manitoba Indigenous and Municipal Relations

200 – 500 Portage Avenue
Winnipeg, MB R3C 3X1

Tel: 204-945-2510
Fax: 204-945-3689

Indigenous Inclusion Directorate

Manitoba Education and Training

510 Selkirk Avenue
Winnipeg, MB R2W 2M7

Tel: 204-945-7886
Fax: 204-948-2010

Available in alternate formats upon request.